

Protecting and Promoting the **Health of NFL Players:**

Legal and Ethical Analysis and Recommendations

Chapter 7

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The NFL and NFLPA

The NFL and NFLPA are clearly lead stakeholders in protecting and promoting player health. The parties nonetheless have a long and complicated history on the issue and with each other. The most straightforward way to implement many of the changes we recommend to protect and promote player health will be to include them in the next CBA between the parties. That said, whenever change is possible outside of the CBA negotiating process, it should not wait - the sooner, the better. Moreover, although the CBA will often be the most appropriate mechanism for implementing our recommendations, we do not want to be understood as suggesting that player health should be treated like just another issue for collective bargaining, subject to usual labor-management dynamics. This is to say that as an ethical matter, players should not be expected to make concessions in other domains in order to achieve gains in the health domain. To the contrary, we believe firmly the opposite: player health should be a joint priority, and not be up for negotiation.



We begin with a brief historical overview of the activities of the NFL and NFLPA on player health since 1960. As we stressed in the Introduction to this Report, this historical information is being provided as background and context for understanding the current state of play and paths forward. Our goal is not to judge the historical record, but rather to focus on forward-looking recommendations for positive change.

(A) Background on the NFL

The NFL is an unincorporated association of 32 member clubs.¹ The NFL was historically a non-profit association,² but chose to give up that status in 2015.³ Each member club is a separate and distinct legal entity,⁴ with its own legal obligations as discussed in Chapter 8: NFL Clubs. However, the NFL also serves as a centralized body for obligations and undertakings shared among the member clubs.⁵ This chapter focuses on the NFL as an entity, rather than on the individual clubs.

To lead the NFL, the NFL's Constitution and Bylaws dictate that club owners "select and employ a person of unquestioned integrity to serve as Commissioner[.]"⁶ The Commissioner is "the principal executive officer of the League and shall have general supervision of its business and affairs."⁷ The Commissioner has broad authority to conduct the business of the NFL, including but not limited to: incurring necessary expenses;⁸ entering into contracts on behalf of the NFL,⁹ including broadcasting agreements;¹⁰ disciplining players, coaches, club employees, clubs, club owners or others working in the NFL for "conduct detrimental to the welfare of the League or professional football"¹¹; and, resolving disputes between or among those same groups of individuals working in the NFL.¹²

Before we review the background of the NFLPA, we begin with brief discussions of the role of NFL club owners and the history of League-wide rule changes affecting player health in the NFL. club are permitted).¹³ Thus, each NFL club is controlled by, and sometimes becomes synonymous with, its owner.^a

The power of club owners cannot be understated. The owners are responsible for not only hiring the most important club employees, *e.g.*, general managers and head coaches, but also hiring the NFL Commissioner and dictating the Commissioner's duties, obligations, and scope of authority.¹⁴ All of the owners meet multiple times a year, when they discuss and then vote on the most important issues concerning the NFL at that time.¹⁵ For example, during the 2015 owners' meetings, the owners discussed the possibility of a club moving to Los Angeles (which happened in 2016) and possible playoff expansion, and voted to end the NFL's "blackout" policy that required television broadcasts to be blacked out in a club's home market if attendance for that day's game was below 85-percent capacity.¹⁶

Owners also play a critical role in determining the culture of their club and the pressures placed on the players. The owner's attitude toward player health and safety will often be a factor in the way that the club, and ultimately the NFL, looks at the issue.¹⁷ Unsurprisingly, there has been significant variation in how owners address and perceive player health.

On one extreme, a particularly unflattering portrait of former Oakland and Los Angeles Raiders owner Al Davis was painted in the 1994 book by former Raiders doctor Rob Huizenga, entitled "You're Okay, It's Just a Bruise": A Doctor's Sideline Secrets About Pro Football's Most Outrageous Team. Huizenga described Davis as placing winning above all else, including player health, and routinely pressuring players and the doctors to do anything to get a player back on the field, regardless of the risks.¹⁸ From his perspective, Davis reportedly believed the book to be "ludicrous and untrue."¹⁹ Huizenga's anecdotes are several decades old, but there is reason to believe that at least some owners still impose substantial pressure on injured players.

1) NFL CLUB OWNERS

It is important to understand that when we are talking about the 32 member clubs, it is the men and women who own these clubs who largely dictate their operations, and thus the NFL's operations. For all intents and purposes, when discussing the NFL, it is the 32 club owners being discussed.

The NFL's Constitution and Bylaws require individual persons, and not corporations, to own NFL clubs (holding companies created solely for the purposes of operating the

a For example, George Halas founded the organization now known as the Chicago Bears in 1920, and today that Club is controlled by George McCaskey, Halas' grandson. Similarly, Tim Mara founded the New York Giants in 1925, and today that Club is controlled by his grandson, John Mara. The one notable exception is the Green Bay Packers. The Packers, as a vestige from the league's earliest days, are community-owned by individual shareholders, *i.e.*, fans. See Birth of a Team and a Legend, Packers.com, http://www.packers.com/history/birth-of-a-team-and-a-legend.html (last visited Aug. 7, 2015), archived at http://perma.cc/DQ2F-U2GJ. Entering the 2015 season, there were 5,011,558 shares of stock owned by 360,760 stockholders. The Packers operate through Green Bay Packers, Inc., a Wisconsin corporation governed by a seven-member executive committee, elected from a board of directors. *Executive Committee and Board of Directors*, Packers, http://www.packers.com /team/executive-committee.html (last visited Aug. 7, 2015), archived at http://perma.cc/WV7D-MQS2.

For example, during the 2014 season, Cowboys quarterback Tony Romo suffered a back injury on Monday Night Football on October 27, after having had back surgery in the prior offseason. Two days later, Cowboys' owner Jerry Jones, who has no medical training, said on a radio station that the only thing that would prevent Romo from playing in the next week's game was "pain tolerance." Romo had already received a pain-killing injection in an effort to return to the October 27 game.²⁰

Conversely, other owners have taken a different approach. For example, the San Francisco 49ers are owned by Dr. John York, a former cancer pathologist,²¹ and Chairman of the NFL's Health and Safety Advisory Committee. During the 2015 offseason, several 49ers players retired due to health concerns. York generally responded with understanding and supportive statements, and has discussed the need for a culture change concerning player health.²²

As will be shown below, the CBA serves as an important constraint on the potential variations in club owners' approaches toward player health. The CBA creates rules concerning player health, which then narrow the permissible practices by clubs.

2) PLAYING RULES CHANGES

It is frequently remarked that the NFL has significantly added or changed rules concerning and promoting player health and safety in recent years. This is certainly true, but it is important to recognize that the NFL has generally added and changed rules concerning player health and safety *throughout* its modern history (after the merger with the American Football League in 1970). Included as Appendix I of this Report is a history of NFL rule changes concerning player health and safety, and below is an illustration of the number of changes over time.

NFL rule changes are proposed by the Competition Committee, which consists of club owners, executives, and coaches.²³ In addition, the NFLPA has the right to appoint two persons to attend meetings of the Competition Committee and one of the appointees can vote on all matters related to the Playing Rules.²⁴ If the proposed rule change passes in the Competition Committee, the owners then vote on the proposed rule changes at their annual meeting.²⁵ The Competition Committee also seeks insight from outside experts, including scientists and doctors, concerning proposed rule changes.²⁶ "If the NFLPA believes that the adoption of a playing rule change would adversely affect player safety," then it can pursue a change through the Joint Committee on Player Safety and Welfare and arbitration.²⁷ The NFLPA has not brought any such challenges since 2010.²⁸

Having discussed some of the key features of the NFL, we now turn to the NFLPA.

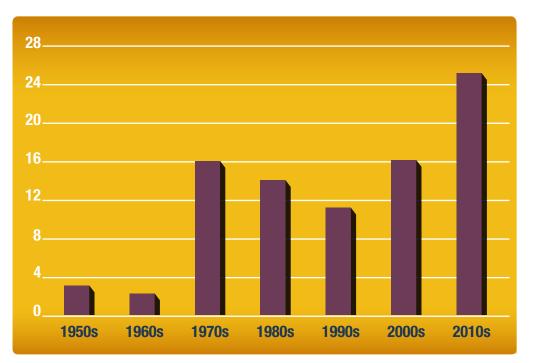


Figure 7-A: Health-Related On-The-Field Rule Changes in the NFL

(B) Background on the NFLPA

The NFLPA in its present form is a Virginia nonprofit corporation and a tax exempt labor organization.²⁹ Pursuant to the National Labor Relations Act, the NFLPA is "the exclusive representative[] of all the employees in [the bargaining] unit for the purposes of collective bargaining in respect to rates of pay, wages, hours of employment, or other conditions of employment."³⁰

As will be explained in more detail below, the NFLPA represents all current players, regardless of whether they are members of the union. Also, as will be explained in more detail below, the NFLPA does not represent former players, even though the NFLPA has taken actions concerning former players and might continue to do so in the future. In a lawsuit between former players and the NFLPA (discussed in more detail below), the Honorable Susan Richard Nelson of the United States District Court for the District of Minnesota was adept in describing the relationship and tension between the NFLPA and current players and former players:

[T]he NFLPA negotiates with the League on behalf of the active players, and the interests of the active players, if not necessarily antagonistic towards the retired players, are not consistent with that of the retired players insofar as the League offers a single compensation pie to the players, such that any slice allocated to the retired players results in a smaller slice for the active players.³¹

The NFLPA, based in Washington, D.C., has a staff of approximately 100 people, led by its Executive Director.³² The Executive Director is the "principal administrative officer of the NFLPA" and is responsible for the "day-to-day affairs of the NFLPA."³³ In many respects, the NFLPA Executive Director is the counterpoint to the NFL Commissioner. The Executive Director is elected to a three-year term by the NFLPA's Board of Representatives (discussed in more detail below),³⁴ which can be renewed without limit.

The NFLPA's purpose, according to its Constitution, is as follows:

to provide professional football players employed by Clubs of the NFL with an organization dedicated to the promotion and advancement of all players and of the sport of professional football; the improvement of economic and other working conditions of players; the betterment and maintenance of relations between players, owners, coaches and staffs; the furnishing of information and the providing of membership services; the negotiation, execution and administration of collective bargaining agreements; the resolution of player grievances, disputes and arbitrations arising under collective bargaining agreements; the representation of members in connection with common problems; the development of enterprises aimed at developing further benefits for the NFLPA and its members; assistance in providing educational advancement and training for members; encouragement of cultural, civic, legislative, charitable and other activities which further the interest of the NFLPA and its members, directly or indirectly; cooperation with and assistance to other organizations having purposes or objectives in whole or in part similar to those of the NFLPA; and the performance of all other actions consistent with this Constitution and appropriate to implement and fulfill the purposes, rights and responsibilities of the NFLPA.35

Each NFL club's players elect a Player Representative and an Alternate Player Representative to represent them in NFLPA matters.³⁶ The Executive Director, Player Representatives, and the NFLPA President collectively make up the Board of Representatives.³⁷ In addition, the Board of Representatives elects 10 Player Representatives as Vice Presidents.³⁸ The Board of Representatives is responsible for voting on matters concerning the NFLPA's business.³⁹

The NFLPA President is an NFL player elected to a twoyear term by the Board of Representatives,⁴⁰ and is the "principal executive officer of the NFLPA" responsible for "supervis[ing] and direct[ing] the business and affairs of the NFLPA."⁴¹ Collectively, the President and the Vice Presidents make up the Executive Officers of the NFLPA, to whom the Executive Director is principally responsible for reporting.⁴²

C) A History of the NFL's and NFLPA's Approaches to Player Health

We briefly describe the history of the NFL's and NFLPA's efforts on player health up to the present day as background for understanding the current state of play. In order to understand the context of player health issues, we also provide the relevant background of labor relations between the parties. As will be shown, for many years, player health does not appear to have been a priority. Our treatment is far from exhaustive, but will provide a reasonable background in which to ground our forward-looking recommendations.

1) PRE-1970

Former Los Angeles Rams general manager Pete Rozelle was named NFL Commissioner in 1960.⁴³ For much of the 1960s, the NFL was primarily concerned with its business operations. In 1961, the NFL steered the passage of a federal antitrust exemption, the Sports Broadcasting Act, concerning NFL television broadcasts that serves as the basis for approximately two-thirds of the NFL's revenue today (see Chapter 17: The Media). Also in the 1960s, the NFL faced significant competition from the recently formed American Football League (AFL). In 1966, the AFL and NFL agreed to merge operations and play beginning with the 1970 season. Also, beginning with the 1966 season, the NFL and AFL champions played against one another in the Super Bowl.

To counter the NFL, in 1956, players formed a loosely associated NFLPA to pursue their interests.⁴⁴ The NFLPA's initial efforts to increase salaries and to require clubs to pay injured players were largely unsuccessful, but did result in the first ever professional football CBA in 1968.⁴⁵ The 1968 CBA established the players' Retirement Plan,⁴⁶ group medical insurance,⁴⁷ workers' compensation benefits,⁴⁸ a form of Injury Protection,^b and the right to have a neutral physician assess and resolve the extent of a player's injury.⁴⁹

2) **1970s**

The year 1970 was an important turning point for the NFLPA. In that year, the NFLPA merged with the American Football League Players Association and gained formal union recognition from the National Labor Relations Board (NLRB).⁵⁰ The NFLPA and NFL also negotiated a new CBA that year, which for the first time required NFL clubs to provide disability benefits,⁵¹ life insurance,⁵² and dental benefits.⁵³ In 1971, the NFLPA hired labor attorney Ed Garvey, who had assisted in the CBA negotiations, to become the NFLPA's first Executive Director.⁵⁴

The 1970 CBA expired at the end of the 1974 season. The players continued playing without a CBA, except for a 41-day strike during the 1974 preseason and a 3-day strike during the 1975 season.⁵⁵ Both strikes failed due to a lack of solidarity among the players.⁵⁶

Finally, the parties agreed to a new CBA in 1977. The 1977 CBA made modest increases in previously agreed-upon benefit and insurance programs, such as retirement, medical, disability, life, and dental. Players had previously gained the right to grieve terminations resulting from injuries as well as Injury Protection (the right to 50 percent of his salary if a player was injured in the prior season and still unable to play). In addition, the 1977 CBA created the Joint Committee on Player Safety and Welfare, established "for the purpose of discussing the player safety and welfare aspects of playing equipment, playing surfaces, stadium facilities, playing rules, player-coach relationships, drug abuse prevention programs and other relevant subjects."57 The Joint Committee consisted of three club representatives and three NFLPA representatives.⁵⁸ However, the CBA was very clear that the Joint Committee would "not have the power to commit or bind either the NFLPA or the [NFL] on any issue."59 The Joint Committee continues to exist today in substantially the same form.

> Although progress was made on basic medical issues during the 1970s, the principal items of negotiation between the NFL and NFLPA at the time were compensation issues and free agency.

In the NFL context, any progress on player health issues must be viewed through, and come as a result of, the process of collective bargaining. Although progress was made on basic medical issues during the 1970s, the principal items of negotiation between the NFL and NFLPA at the time were compensation issues and free agency. Importantly, the 1977 CBA did not provide NFL players with the right to unrestricted free agency,^c even though players in Major League Baseball (MLB), the National Basketball Association (NBA), and the National Hockey League (NHL) by then enjoyed that right due to a variety of legal proceedings.⁶⁰

b The 1968 CBA provided that "[p]layers who are removed from the active roster by reason of injury between the beginning of training camp period and the first regular season game and who have not signed new contracts, shall be guaranteed 100% of their salaries as stated on the front side of their contracts for the contract year immediately preceding the year in which they are injured." 1968 CBA, Art. XI, § 5. Under the 2011 CBA, a player who is unable to play due to an injury suffered in the prior season, is entitled to 50 percent of his salary up to a maximum of \$1.1 million in the 2015 season. If the player is still unable to play in the second season following the injury, the player is entitled to 30 percent of his salary up to a maximum of \$525,000 for the 2015 season. See 2011 CBA, Art. 45.

c An Unrestricted Free Agent is a player "with four or more Accrued Seasons, who has completed performance of his Player Contract, and who is no longer subject to any exclusive negotiating rights, Right of First Refusal, or Draft Choice Compensation in favor of his Prior Club." 2011 CBA, Art. 1.

3) 1980s

The players engaged in a 57-day strike during the 1982 preseason, following the expiration of the 1977 CBA.⁶¹ The players began the season without a new CBA, but reached a new one in December 1982.⁶² Entering negotiations for the 1982 CBA, the NFLPA sought important changes concerning players' healthcare rights:

[T]he union wants players to have the right to be treated and examined by a physician of their choice, not the team doctor. Decisions on whether a player is healthy enough to play or when he needs an operation should not be made by a physician whose primary allegiance is to the team's management 'Team physicans (sic) . . . should be chosen jointly by the players and management and should be subject to firing by either.'⁶³

The NFLPA made some progress on these issues in the 1982 CBA. The 1982 CBA required: all clubs to have a board certified orthopedic surgeon as one of its club doctors;⁶⁴ the club to pay for the cost of medical services rendered by club doctors;⁶⁵ club doctors to advise players about their condition when they have also advised the club;⁶⁶ all full-time trainers to be certified by the National Athletic Trainers Association;⁶⁷ and, for clubs to pay for education and treatment related to chemical dependence.⁶⁸ The 1982 CBA also granted players' certain rights, including: the right to a second medical opinion paid for by the club;⁶⁹ the right to choose their own surgeon at the club's expense;⁷⁰ and, the right to review their medical records twice per season.^{71,d}

The 1982 CBA did not include any right of the players to choose or have input regarding club physicians, nor has any CBA since. Additionally, the NFLPA was again unable to gain free agency as part of the 1982 CBA negotiations.⁷²

One of the biggest health issues in the NFL in the early 1980s was illegal drug use.⁷³ This was an era of escalating and worrisome drug use throughout the country,⁷⁴ and the NFL was not immune to the problem.⁷⁵ As the 1982 CBA negotiations were taking place, former star defensive end Carl Eller estimated that 20 to 25 percent of players were abusing drugs and/or alcohol.⁷⁶ Many players rejected those estimates and refused to permit drug testing.⁷⁷ The 1982 CBA ultimately included the first ever drug testing policy,⁷⁸

permitting club physicians, "upon reasonable cause," to direct a player to a treatment facility for drug testing, but also forbidding clubs from randomly conducting drug tests on players.⁷⁹ The policy also provided for education and treatment for players.⁸⁰ Despite the new policy, drug use continued through the 1980s, as did the NFL's efforts to discipline players who had failed tests.⁸¹

After the 1982 CBA negotiations, Garvey chose to cede his Executive Director position to then-NFLPA President Gene Upshaw in 1983.⁸² Upshaw had been an offensive lineman for the Oakland Raiders from 1967 to 1981.^e

The expiration of the 1982 CBA in 1987 marked a dramatic and litigious turning point in NFL labor relations.⁸³ The players went on strike for 23 days during the 1987 season, during which time the NFL used replacement players.⁸⁴ Between 1987 and 1993, the NFLPA, NFL players and the NFL engaged in multiple courtroom battles over the NFL system, particularly the share of revenues and players' rights to free agency.⁸⁵ The NFLPA dissolved itself as the players' official bargaining representative in 1989 to improve the players' antitrust claims.^f NFL play nevertheless continued during these years without a CBA.

With no hope of a CBA during these years, there was limited opportunity to address player health issues. The one issue that reverberated for years without much resolution was drug testing. The NFLPA successfully blocked the NFL's attempts to unilaterally impose random drug testing in 1986,⁸⁶ before ultimately agreeing to a policy in 1990.⁸⁷

Finally, Rozelle retired as NFL Commissioner in November 1989, amid stalled CBA negotiations and extensive litigation concerning player compensation, and died in 1996 at the age of 70.⁸⁸

d During the 1982 CBA negotiations, the NFL's chief attorney, Jack Donlan, admitted that players were entitled to a doctor-patient relationship with club physicians, but refused to commit that understanding to writing and fought to prevent players from receiving their own medical records. *See* Bart Barnes and Paul Attner, *No Progress in Talks; Secret Meeting Confirmed,* Wash. Post, Oct. 1, 1982, *available at* 1982 WLNR 603101.

e During his career, Upshaw made the Pro Bowl six times and helped the Raiders win two Super Bowls. Upshaw was elected to the Pro Football Hall of Fame in 1987. See Hall of Famers – Gene Upshaw, Pro Football Hall of Fame, http://www.profootballhof .com/hof/member.aspx?PLAYER_ID=220 (last visited Aug. 7, 2015), archived at http://perma.cc/EWF2-V3TV.

f To simplify a complex issue for purposes of this Report, generally speaking, when NFL clubs, as separate and distinct legal entities and competitors, agree on restrictions concerning the labor market for NFL players, e.g., via free agency rules, the Salary Cap, and the NFL Draft, they may be violating Section 1 of the Sherman Antitrust Act's prohibition against unreasonable restraints of trade. See Radovich v. Nat'l Football League, 352 U.S. 445 (1957); Mackey v. Nat'l Football League, 543 F.2d 606 (8th Cir. 1976); Smith v. Pro Football, Inc., 593 F.2d 1173 (D.C. Cir. 1978); Jackson v. Nat'l Football League, 802 F. Supp. 226 (D. Minn. 1992). However, the clubs' restrictions are exempt from antitrust laws under what is known as the non-statutory labor exemption when the clubs negotiate the restrictions with a labor organization as part of the collective bargaining process. See Brown v. Pro Football, Inc., 518 U.S. 231 (1996). But, if the players dissolve the union's authority, i.e., remove the union's authority to negotiate on behalf of the players pursuant to the NLRA, the clubs are no longer in a bargaining relationship with a labor organization and their restrictions are no longer immune from antitrust laws. See id.; Powell v. Nat'l Football League, 764 F. Supp. 1351 (D. Minn. 1991). Dissolution is a powerful weapon because the Sherman Antitrust Act provides plaintiffs with treble damages. 15 U.S.C. § 15.

4) **1990s**

To replace Rozelle, the NFL hired Paul Tagliabue, its chief outside counsel from the Washington, D.C. law firm of Covington & Burling LLP.⁸⁹ Compared to the NFL of 1960—with only 13 clubs, prior to the merger with the AFL, and at the beginning of the television-broadcasting era—the 1989 NFL was a different League entirely. It now included 28 clubs, worth approximately \$80 million each,⁹⁰ and had television revenues of approximately \$1 billion per year.⁹¹

In 1993, after several legal victories for the players, the NFL and the players settled the outstanding lawsuits as part of constructing a new, comprehensive CBA.⁹² The NFLPA also recertified itself as the players' bargaining representative.

The 1993 CBA was groundbreaking and set the framework for every NFL-NFLPA CBA since. The players gained the right to unrestricted free agency for the first time in exchange for a hard Salary Cap. Players could become unrestricted free agents after five years of experience and clubs' payrolls were limited to a range of 62 percent to 64 percent of Defined Gross Revenue,^g depending on the year.⁹³ In terms of player health provisions, the 1993 CBA increased benefit amounts (*e.g.*, medical and life insurance, Injury Protection, and disability) but otherwise made no major changes.

A significant study concerning NFL player health was published in 1994. In the late 1980s, concern began to develop that NFL players might have shorter life spans than the general population.94 In response, the NFLPA commissioned a study by the National Institute for Occupational Safety and Health ("NIOSH").95 In a 1994 report, NIOSH reported somewhat reassuring results related to the health status of players. Using information from NFL pension fund databases, commercial publications, and death certificates, NIOSH examined all players who played in the NFL for at least five seasons between 1959 and 1988, 3,439 players in total.96 NIOSH compared the death rates of the NFL players to men of similar age and race in the general population and found that 46 percent fewer NFL players had died as compared to the general population.97 Based on the general population, NIOSH had expected that 189 NFL players would have died, but, in fact, only 103

g From 1993 to 2006, Defined Gross Revenue (DGR), was defined as "the aggregate revenues received or to be received on an accrual basis, for or with respect to a League Year during the term of [the CBA], by the NFL and all NFL Clubs (and their designees), from all sources, whether known or unknown, derived from, relating to or arising out of the performance of players in NFL football games," with a few specific exceptions. 1993 CBA, Art. XXIV, § 1(a)(i). In the 2006 CBA, the term was changed to Total Revenue (TR), and changed again to All Revenue ("AR") in the 2011 CBA.

had.⁹⁸ NIOSH acknowledged that the study contained a "relatively young group of men, only a few of which ha[d] reached the age of 50" and "[r]esearchers therefore [would] not be able to determine their average age of death for several years."⁹⁹ NIOSH updated the study's results in 2012, as will be discussed below.

The 1993 CBA was extended in 1996 and 1998, but player health provisions remained largely the same with the exception of a new Player Annuity Program in 1998,¹⁰⁰ discussed in further detail in Appendix C.

The 1993 CBA was groundbreaking and set the framework for every NFL-NFLPA CBA since.

This extended era of labor peace resulted in some public criticism of the NFLPA. Critics routinely pointed out that NFL players lacked the guaranteed contracts customary to other major professional sports leagues, and surmised that Upshaw was too close with Tagliabue.¹⁰¹ Upshaw's responded to his critics by highlighting the financial gains the NFLPA had made:

"What [Commissioner Paul Tagliabue] and I try to do as stewards of the game is to try to ensure that we have stability and growth," Upshaw said. "My job is to make sure we get our fair share. I've told the players and I've told the owners the same thing. The only chance we have of not having labor peace is if either side gets greedy. For the first time the owners realize the enemy is not the union."

"We've had ugly, nasty clashes" with owners, said Upshaw, who has led the union since 1983 and earns about \$2 million a year. "We've had lockouts. We've had strikes. We've done everything everyone else does. We still do. It's just not as public as it might have been at one time. . . . To me, the test is, how much do we get of the revenues we generate? In 1987 we were getting 30 percent of the revenues and the owners were getting 70. Now we're getting two-thirds and they are getting a third. For us to do what we've been able to do has just been unbelievable."¹⁰² While some continued to focus on the financial issues in the game, by the mid-1990s, concussions in the NFL had started to become an issue of concern to players and were gaining attention in the media.¹⁰³ The most comprehensive source for understanding the evolution of this issue in the NFL is the 2013 book *League of Denial: The NFL*, *Concussions and the Battle for Truth*, by ESPN writers Mark Fainaru-Wada and Steve Fainaru.¹⁰⁴ The NFL has never publicly disagreed with any of the factual assertions in *League of Denial*, and instead touted its past and present initiatives designed to address head injuries in sports.¹⁰⁵

The media began to pay more attention to concussions around 1994.¹⁰⁶ Tagliabue called the concussion issue a "pack journalism issue" and insisted that concussions occurred only once every three or four games.^h Nevertheless, by the end of year, the NFL established the Mild Traumatic Brain Injury Committee (MTBI Committee) to study concussions.¹⁰⁷

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The creation, constitution, and work product of the MTBI Committee would become extremely controversial. Tagliabue personally selected New York Jets Club doctor Elliot Pellman as Chairman of the Committee.¹⁰⁸ Although a neurologist would have seemed like the logical choice, Pellman is a rheumatologist,¹⁰⁹ specializing in the treatment of arthritis, and was later found to have exaggerated his resume.¹¹⁰ Years later, Tagliabue insisted that he chose Pellman based on his experience in sports medicine and his recent involvement with Jets wide receiver Al Toon's concussion-related retirement.¹¹¹ Additionally, beginning in 1997, Pellman was one of Tagliabue's personal doctors, a relationship that would continue until 2006.¹¹²

Beyond just Pellman, the MTBI Committee seemed to many to lack appropriate expertise and independence. It consisted of several club doctors, two club athletic trainers, a consulting engineer, a club equipment manager, neurologist Ira Casson (who had studied boxers), and Hank Feuer, an Indianapolis neurosurgeon who worked with the Indianapolis Colts.¹¹³ The MTBI Committee did not include any NFLPA or player representation.¹ The MTBI Committee's initial composition would later be described as "comical" and "bizarre" by Kevin Guskiewicz,¹¹⁴ a former athletic trainer and sports medicine academic who pioneered some of the early research into sports and concussions, and who, in 2010, joined the NFL's MTBI Committee, when it was renamed the Head, Neck and Spine Committee.¹¹⁵

5) 2000s

The CBA was extended again in 2002 and 2006. Again, player health provisions remained largely the same with the addition of a Tuition Assistance Plan in 2002,¹¹⁶ the redefinition of "disability" to be in line with the American Medical Association's Guides to the Evaluation of Permanent Impairment,¹ a reduction in off-season workout programs from 16 weeks to 14 weeks;¹¹⁷ and, the right of the NFLPA to commence an investigation before the Joint Committee on Player Safety and Welfare.^k However, as is discussed in more detail below, there are important questions about the effectiveness of the Joint Committee.

In October 2003, the MTBI Committee published its first piece of work, after having gathered data with the assistance of club doctors.¹¹⁸ Nevertheless, the NFL made some

h Mark Fainaru-Wada & Steve Fainaru, League of Denial: The NFL, Concussions and the Battle for Truth 74 (2013). According to the NFL's Injury Surveillance System, players suffered a mean of 158.9 concussions during regular season games per season between 2009 and 2015, a rate of about .62 concussions per game. See Chapter 1: Players, Table 1-F.

i Reports have indicated that the NFLPA played some role in the MTBI Committee, but that role is unclear. See Mike Florio, League of Denial fails to tell the whole story on concussions, ProFootballTalk (Oct. 9, 2013 9:48 PM), http://profootballtalk.nbcsports.com/2013/10/09/league-of-denial-fails-to-tell-the-whole-story-on-concussions/, archived at http://perma.cc/8LHU-PNNL; Mike Florio, NFLPA finally sued for concussions, ProFootballTalk (July 18, 2014 3:01 PM), http://profootballtalk.nbcsports.com/2014/07/18/nflpa-finally-sued-for-concussions/, archived at http://perma.cc/T35H-YDHP. Indeed, when former players sued the NFLPA concerning concussions in 2014, discussed infra, they alleged the NFLPA was involved in some way with the MTBI Committee, but provided no details of the involvement. See Class Action Complaint, Ballard v. Nat'l Football League Players Ass'n, ¶¶ 33, 56–58, 69, 82, 128, 159–60 (E.D.Mo. 2014) (No. 14-cv-01267). Attorneys for the plaintiffs in the Ballard case did not respond to an email requesting further information concerning the possible link between the NFLPA and the MTBI Committee.

²⁰⁰² CBA, Art. XLVII, § 6. The American Medical Association's Guides to the Evaluation of Permanent Impair instructed that a permanent disability occurs where the condition: "(1) results in a 50% or greater loss of speech or sight; or (2) results in a 55% or greater loss of hearing; or (3) is the primary or contributory cause of the surgical removal or major functional impairment of a vital organ or part of the central nervous system; or (4) for orthopedic impairments . . . is (a) a 55% or greater loss of the use of the entire lower extremity: or (b) a 30% or greater loss of use of the entire upper extremity; or (c) an impairment to the spine that results in a 29% or greater whole body impairment." Id. The NFL changed the definition again in the 2011 CBA. See 2012 Bert Bell/Pete Rozelle NFL Player Retirement Plan, § 5.2 (a player "will be deemed to be totally and permanently disabled if the Retirement Board or the Disability Initial Claims Committee finds (1) that he has become totally disabled to the extent that he is substantially prevented from or substantially unable to engage in any occupation or employment for remuneration or profit, but expressly excluding any disability suffered while in the military service of any country, and (2) that such condition is permanent.")

k 2002 CBA, Art. XIII, § 1. In 2012, the NFLPA commenced the first and only Joint Committee investigation. The nature and results of that investigation are confidential per an agreement between the NFL and NFLPA. This information was provided by the NFLPA.

progress concerning concussions prior to that point. In the early 1990s, Mark Lovell—a Pittsburgh Steelers Club doctor and an original member of the MTBI Committee—had developed a neuropsychological testing program designed to diagnose players with concussion symptoms.¹¹⁹ With the NFL's strong recommendation, by the end of 2001, all but three clubs (Minnesota Vikings, Carolina Panthers, and Dallas Cowboys) were using some form of Lovell's test.¹²⁰

The MTBI Commitee's first two papers were well received by sports medicine doctors.¹²¹ They focused on the biomechanics of NFL helmet collisions, specifically where concussive blows were actually delivered.¹²² The papers were published in *Neurosurgery*,¹²³ the official journal of the Congress of Neurological Consultants.¹²⁴ The editor-inchief of *Neurosurgery* was Michael Apuzzo, a professor of neurology at the University of Southern California and an NFL consultant.¹²⁵

In total, between 2003 and 2009, the MTBI Committee published 16 articles in *Neurosurgery*.¹²⁶ By and large, the MTBI Committee's research claimed that concussion rates in the NFL were extremely low, that the number of concussions suffered by a player bears no relation to future injuries, and, that there is no link between football and brain damage.¹²⁷ The MTBI Committee's research often cited the fact that players returned to play very quickly (92 percent within seven days) after suffering a concussion as proof that concussions were not a major concern.¹²⁸ Importantly, the MTBI Committee assumed that the club doctors would not have cleared players to return to play unless they were healthy enough to do so, and thus that all of the players who returned to play after having suffered a concussion were healthy.¹²⁹

The last 14 papers from the MTBI Committee were repeatedly and strongly criticized by the scientific community. The principal peer reviewers were Guskiewicz, Julian Bailes, a neurosurgeon who worked with the Pittsburgh Steelers, and Robert Cantu, a Boston University neurosurgeon. Cantu was also the editor of Neurosurgery's sports section and responsible for the review of the MTBI Committee's publications.¹³⁰ Despite Guskiewicz', Bailes', and Cantu's criticisms and insistence that the MTBI Committee's work not be published, Apuzzo reportedly ignored standard peer-reviewed publication guidelines and published the work anyway, permitting the reviewers an opportunity to append their criticisms.¹³¹ The criticisms generally focused on the MTBI Committee's failure to recognize that concussions were often unreported or undiagnosed and that players routinely returned to play before they were healthy.¹³² Those critical of the work believed the MTBI Committee was essentially creating data designed to protect and serve the interests of the NFL.¹³³

In 2005, the MTBI Committee's work came under increased scrutiny when *Neurosurgery* published an article authored by Bennet Omalu, a forensic pathologist in Pittsburgh.¹³⁴ Omalu happened to have been responsible for performing the autopsy on deceased Pittsburgh Steelers Hall of Fame center Mike Webster after Webster's death in 2002.¹³⁵ Omalu examined Webster's brain and, with the assistance of colleagues, diagnosed the brain with what Omalu labeled chronic traumatic encephalopathy ("CTE"),¹ a form of brain damage.¹³⁶ Omalu's paper claimed Webster's brain damage had been caused by "repetitive concussive brain injury" from playing football.¹³⁷

Pellman, Casson and Dr. David C. Viano, another member of the MTBI Committee, unsuccessfully requested that Omalu's paper be retracted.¹³⁸ The doctors insisted that there was no evidence that football caused brain damage.¹³⁹

The year after Omalu's article, the NFL and NFLPA agreed to a new CBA. The 2006 CBA made some changes concerning player health, including a Health Reimbursement Account, ¹⁴⁰ and the "88 Benefit" to compensate retired players suffering from dementia.¹⁴¹ These and other benefit programs are discussed in further detail in Appendix C. After completing negotiations of the 2006 CBA, Tagliabue announced in March 2006 that he would retire before the 2006 season.¹⁴² The owners selected Roger Goodell, the current NFL Commissioner, to replace him.¹⁴³

Attention to the issue of concussions continued to grow in Goodell's first year on the job, as additional deceased players were diagnosed with CTE.¹⁴⁴ The NFL, through Pellman and Casson, continued to deny there was any connection between brain damage and related conditions (such as depression, dementia, or Alzheimer's disease) and football.¹⁴⁵ Despite the denials, the board responsible for overseeing the NFL's Retirement Plan had, on several occasions, granted disability benefits to NFL players for brain damage.¹⁴⁶

To assist Goodell in understanding the issues, in June 2007, the NFL held a summit of all club doctors, athletic trainers, the MTBI Committee, and those who had disagreed with the MTBI Committee's work for a variety of presentations on concussion issues.¹⁴⁷ The MTBI Committee members and their dissenters presented their work amid sharp disagreement.¹⁴⁸ Guskiewicz has said the summit was "the turning point" in the NFL's longstanding denial of the relationship between brain injuries and football,¹⁴⁹ and that

I For a longer discussion on the issues surrounding CTE, see the Introduction.

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it led Goodell and NFL General Counsel Jeff Pash to recognize the seriousness of the problem at hand.¹⁵⁰ Indeed, at the conclusion of the summit, Pash encouraged Guskiewicz to continue to challenge the MTBI Committee's work.¹⁵¹

The NFLPA was also facing scrutiny concerning player health issues, amid increasing stories of retired NFL players suffering from debilitating injuries and conditions.¹⁵² Despite his own playing career, Upshaw-still NFLPA Executive Director at the time-had developed a contentious relationship with other retired players. For example, in response to criticism from retired players that the CBAs did not provide sufficient benefits to retired players, Upshaw responded: "The bottom line is I don't work for them. They don't hire me and they can't fire me. They can complain about me all day long. They can have their opinion. But the active players have the vote."153 Additionally, according to former Seattle Seahawks club doctor Pierce Scranton and former President of the NFL Physician Society (NFLPS), the NFLPS invited Upshaw to its meetings to discuss player health but Upshaw declined to meet with or engage the NFLPS.154

Despite the NFL's 2007 concussion summit, the MTBI Committee continued its work and Goodell's attention shifted toward CBA negotiations. In May 2008, NFL clubs unanimously voted to opt out of the 2006 CBA, accelerating the CBA's expiration date from March 2013 to March 2011. The clubs' decision to opt out centered on their desire to receive a share of revenues beyond the approximately 50 percent to which they were entitled pursuant to the 2006 CBA.¹⁵⁵

Any chance of jump starting CBA negotiations was halted when Upshaw died unexpectedly on August 21, 2008 after a brief battle with pancreatic cancer,¹⁵⁶ only three months after the clubs' decision to opt out of the 2006 CBA.¹³⁷ On March 16, 2009, the NFLPA elected Washington, D.C.-based litigation attorney DeMaurice Smith as its new Executive Director.¹⁵⁸

As Smith began his new position, it became increasingly clear that player health issues would be a major component of the new CBA. Indeed, on October 28, 2009, the House Judiciary Committee held a hearing on football player head injuries at which both Smith and Goodell testified.¹⁵⁹ At that hearing, Goodell declared that in his three years as Commissioner, he had spent more time devoted to player health issues, particularly concerning retired players, than any other issue.¹⁶⁰ Goodell testified that the NFL had routinely increased benefit amounts, expanded benefit programs as part of collective bargaining, and had recently streamlined the benefits process for former players.¹⁶¹ Goodell, in a prepared statement, emphasized the NFL's commitment to additional research and education concerning brain injuries.¹⁶² Moreover, he stressed that the NFL's newest guidelines concerning players suspected of having suffered a concussion returning to play:

All return-to-play decisions are made by doctors and doctors only. The decision to return to the game is not made by coaches. Not by players. Not by teammates. If a player suffers a concussion and loses consciousness, he cannot return to the same game under any circumstances. That was not the rule as recently as 2006. Moreover, our doctors have developed guidelines that we believe are consistent with best medical practice. A player may not return to a game or practice unless he is fully asymptomatic both at rest and after exertion.¹⁶³

Smith's prepared testimony at the same hearing emphasized his intention to focus on player health issues while also acknowledging the NFLPA's perceived past failures in this regard:

As Executive Director, my number one priority is to protect those who play and have played this game. There is no interest greater than their health and safety. Let me say this again: Safety of the Players is Paramount.

* * *

I have one simple declaration on behalf of those who play and those who played this game:

WE ARE COMMITTED TO GETTING THE RIGHT ANSWERS, TO WORK WITH EVERYONE WHO HAS THE GOAL OF PROTECTING OUR PLAYERS AND TO SERVE AS A MODEL FOR FOOTBALL AT EVERY LEVEL.

Given that commitment, I acknowledge that the Players Union in the past has not done its best in this area. We will do better.

* * *

Finally we, the players, will not bargain for medical care; we will not bargain for health and safety; and we will not bargain for basic provisions of the law as patients. We will continue to work with the League but medical care is not and will never be a Collective Bargaining issue.¹⁶⁴ The hearing occurred approximately six months after the NFL hosted Dr. Ann McKee, a Boston University neuropathologist, who had begun to take the lead in studying the brains of deceased NFL players and diagnosing chronic traumatic encephalopathy (CTE).^{165,m} Some of the attendees indicated that the meeting was combative, including multiple interruptions.^{166,n}

Also at the NFL's meeting was Peter Davies, a Long Islandbased expert in Alzheimer's disease and neurological conditions.¹⁶⁷ At the NFL's request Davies reviewed Omalu's conclusion that brain tissue from several former NFL players demonstrated brain damage.¹⁶⁸ Davies substantially confirmed Omalu's findings.¹⁶⁹

At the October 2009 House Judiciary Committee hearing, when pressed as to whether there was a link between football and brain injuries, Goodell deferred to the ongoing debate among the scientists.¹⁷⁰ Nevertheless, the October 2009 hearing marked the end of the MTBI Committee as it had previously existed. Pellman, Casson and Viano left the Committee,¹⁷¹ and it was re-named the Head, Neck and Spine Committee. The NFL brought in Richard Ellenbogen and Hunt Batjer, respected neurosurgeons with no previous ties to the NFL, as co-chairmen.¹⁷² According to Mitch Berger, a prominent San Francisco neurosurgeon who joined the Committee at that time, the Committee "essentially started from zero."¹⁷³ Guskiewicz joined the Committee in 2010, convinced that Goodell was committed to addressing the concussion issue properly.¹⁷⁴

In reviewing a draft of this Report, the NFL requested that we add additional context for "the disbanding of the MTBI Committee and establishment of the Head, Neck and Spine Committee."¹⁷⁵ Citing a *New York Times* article, the NFL noted that Dr. Ellenbogen and Dr. Batjer "concurred that data collected by the NFL's former brain-injury leadership was 'infected' [and] that their committee should be assembled anew. The doctors said the old committee's ongoing studies on helmets and retired players' cognitive decline—whose structure and data were strongly criticized by outside experts—would not be used in any way moving forward."¹⁷⁶ Eventually, several of the authors of the predecessor MTBI Committee's research later repudiated the Committee's findings and tried to distance themselves from the work.¹⁷⁷

The October 2009 hearing marked the end of the MTBI Committee as it had previously existed.

The October 2009 hearing did not result in any legislation but served as a precursor for the 2011 CBA negotiations.

6) 2010-PRESENT

The 2011 CBA negotiations ultimately resembled a condensed version of what took place between 1987 and 1993, when the NFL operated without a CBA and the parties engaged in extensive litigation.^o On March 11, 2011, after CBA negotiations centering around the split of revenues broke down, the NFLPA dissolved its status as the bargaining representative of NFL players and filed a class action antitrust lawsuit (*Brady v. NFL*).¹⁷⁸ After extensive litigation and public politicking, the NFLPA and NFL reached a new CBA in July 2011 (which included the NFLPA again reconstituting itself as the players' bargaining representative).¹⁷⁹

The 2011 CBA substantially amended and supplemented player health and safety provisions. The most important changes include:

More information about Dr. McKee's work on CTE is provided in the Introduction.
 Colonel Michael Jaffee, a neurologist with the Defense and Veterans Brain Injury Center who attended the meeting said "Casson interrupted the most He was the most challenging and at times mocking." Similarly, McKee said "I felt that they were in a very serious state of denial I felt like they weren't really listening. That's honestly what I thought. That's how it felt, like they had their heads in the sand. They didn't want to see it, so they didn't see it." See Mark Fainaru-Wada & Steve Fainaru, League of Denial: The NFL, Concussions and the Battle for Truth 268–70 (2013).

o The 1982 CBA expired after the 1986 season. When the parties were unable to reach a new CBA, the players engaged in a failed 57-day strike followed by several lawsuits claiming that various NFL policies concerning compensation and free agency violated antitrust laws. In 1989, at the suggestion of the United States Court of Appeals for the Eighth Circuit. see Powell v. Nat'l Football League, 930 F.2d 1293 (8th Cir. 1989), the players voted to dissolve the NFLPA as the official bargaining representative of NFL players to eliminate the NFL's immunity from antitrust scrutiny while there was still an ongoing collective bargaining relationship. The players thereafter won two antitrust lawsuits seeking injunctive relief, see McNeil v. Nat'l Football League, 790 F. Supp. 871, 876 (D. Minn, 1992); Jackson v. Nat'l Football League, 802 F. Supp. 226, 228 (D. Minn. 1992), before filing a larger antitrust lawsuit seeking over \$1 billion in damages, see White v. Nat'l Football League, 822 F. Supp. 1389, 1395 (D. Minn. 1993). The case was settled in 1993 with the creation of the modern day CBA and the recertification of the NFLPA. See Chris Deubert, Glenn M. Wong & John Howe, All Four Quarters: A Retrospective and Analysis of the 2011 Collective Bargaining Process and Agreement in the National Football League, 19 UCLA Ent. L. Rev. 1, 9-12 (2012) (discussing NFL-NFLPA labor relations between 1987 and 1993).

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- The availability of "Extended Injury Protection," permitting players to earn 50 percent of their salary up to \$500,000 for the second season removed from the season in which the player suffered an injury that prevented the player from continuing to play;¹⁸⁰
- An overhauled disability plan providing for increased benefits depending on the cause and nature of the disability;¹⁸¹
- A reduction of offseason workouts from 14 weeks to 9 weeks in three phases of varying intensity, including new prohibitions on the use of pads during practice (contact was already prohibited);¹⁸²
- A limit of 14 padded practices and three hours of on-field activities per day during the season with all practices filmed for possible compliance review;¹⁸³
- A requirement that clubs have an orthopedic surgeon and an internist, family medicine, or emergency medicine physician;¹⁸⁴
- A requirement that all club physicians have a Certification of Added Qualification in Sports Medicine;¹⁸⁵
- A requirement that clubs have neurological, cardiovascular, nutritional, and neuropsychological consultants;¹⁸⁶
- A requirement that the game-day neutral physician be experienced in rapid sequence intubation and be board certified in emergency medicine, anesthesia, pulmonary medicine, or thoracic surgery;¹⁸⁷
- The NFL's agreement that "each Club physician's primary duty in providing player medical care shall be not to the Club but instead to the player-patient";¹⁸⁸
- The NFLPA Medical Director's inclusion as a voting member on all NFL health and safety committees with the same access to data as the NFL Medical Advisor;¹⁸⁹
- The creation of an Accountability and Care Committee to advise on player medical issues, as well as conducting a confidential survey every two years to solicit players' input regarding the adequacy of their medical care (discussed further below);^o
- The establishment of the Legacy Benefit program for retired players with a contribution from the NFL of \$620 million over the life of the CBA, to be disbursed as part of increased benefits under the Retirement Plan;¹⁹⁰ and,

 The creation of the Neuro-Cognitive Disability Benefit, permitting qualifying players to receive no less than \$3,000 per month for a maximum of 180 months.^{191,q}

In addition, the 2011 CBA allocates \$22 million per year to healthcare and related benefits, funds, and programs for retired players, increasing at 5 percent annually, at the NFLPA's discretion.¹⁹² The NFLPA used the money to create "The Trust," a program intended to be a "set of resources, programs and services designed to provide former players with the support, skills and tools to help ensure success off the field and in life after football."¹⁹³ The Trust and other programs supported by the NFLPA are discussed in further detail in the section on Current Practices of the NFLPA, below.

The 2011 CBA also allocates \$11 million annually for the duration of the CBA (10 years) for medical research.¹⁹⁴ In 2012, the NFL announced it would be donating \$30 million of these funds for brain injury research at the National Institutes of Health (NIH).¹⁹⁵ As discussed previously in this Report, by agreement dated February 2014, the NFLPA chose to fund The Football Players Health Study at Harvard University.

The 2011 CBA nevertheless failed to appease some former players. Former player Carl Eller filed a class action lawsuit against the NFLPA, Smith, and several players involved in the CBA negotiations alleging that they had no authority to bargain with the NFL about the terms of pension, retirement, and disability benefits.¹⁹⁶ Eller had previously filed a similar lawsuit against the NFL while the Brady case was proceeding,¹⁹⁷ which was settled shortly after Brady.¹⁹⁸ In his case against the NFLPA, Eller sought to have any issues relating to NFL retirees in the 2011 CBA "excised from that agreement and . . . renegotiated between Plaintiffs and the League."199 Eller's case against the NFLPA was dismissed in May 2012.²⁰⁰ The United States District Court for the District of Minnesota held that: (1) the plaintiffs could not state a claim for tortious interference; (2) that the NFLPA does not owe a fiduciary duty to former players; and, (3) the plaintiffs' claims to renegotiate the CBA were not judiciable controversies.201

Outside of the CBA, the NFL and NFLPA also agreed to a revised Concussion Protocol and infectious disease prevention standards. There may also be other changes to player health policy that the NFL and NFLPA have made but about which information is not publicly available. Concerning infectious disease prevention standards, the NFL and

p 2011 CBA, Art. 39, § 3. Despite the provisions of the CBA, the first survey was not conducted until 2015. Mike Florio, *Survey asks players how seriously they take concussions*, ProFootballTalk (Dec. 5, 2015, 6:40 AM), http://profootballtalk.nbcsports .com/2015/12/05/survey-asks-players-how-seriously-they-take-concussions/, *archived at* http://perma.cc/GE9A-RMRC.

q For a detailed summary of the benefits available to players, including the Neuro-Cognitive Disability Benefit, see Appendix C.

NFLPA have partnered with the Duke Infection Control Outreach Network (DICON) Program.²⁰² The DICON Program has visited all of the clubs' training facilities and created a best practices manual for their use.²⁰³

At the same time a new CBA was being negotiated with a focus on player health issues, NIOSH was updating the results from its 1994 report that showed NFL players died at lower rates than men of similar demographics in the general population, as discussed above. By 2012, out of the 3,439 players in the study, NIOSH expected that 625 would be deceased. However, only 334 were deceased (53 percent of the expected number). NIOSH also reported that players generally died of cancer and heart disease at lower rates than the general population. Yet, NIOSH also determined that defensive linemen and players with a Body Mass Index of 30 or more were more likely to die of heart disease than the general population.²⁰⁴

As part of the 2012 update, NIOSH also examined the number of deaths caused at least in part by the neurodegenerative conditions of dementia, Alzheimer's disease, Parkinson's disease, or amyotrophic lateral sclerosis (ALS).²⁰⁵ 17 of the 334 deceased former players had a neurodegenerative condition included as either the underlying or contributing cause of death listed on their death certificates, a rate three times higher than that of the general population according to the study's authors.²⁰⁶ The study acknowledged that due to the low incidence of neurodegenerative conditions and deaths, it was required to adopt broad confidential intervals.²⁰⁷ As an additional limitation, the study acknowledged it did not have information on environmental, genetic, or other risk factors for neurologic disorders.²⁰⁸

In July 2014, the NFLPA for the first time was sued by former NFL players for allegedly intentionally and negligently concealing the risks of traumatic brain injury from playing football.²⁰⁹ Also named as defendants in the lawsuit were three former NFLPA Presidents: Trace Armstrong (1996–2003); Troy Vincent (2004–2008); and Kevin Mawae (2008–2012). The players' case was dismissed in 2015 as is discussed in more detail below.

The NFL has similarly continued to face scrutiny concerning NFL player health, including multiple lawsuits discussed in more detail below.

At the 2015 Super Bowl, the NFL announced that it had hired cardiologist Dr. Elizabeth Nabel as its first ever Chief Health and Medical Advisor. In the new role, according to the NFL, Nabel provides "strategic input to the NFL's medical, health and scientific efforts; participate[s] as an ex-officio member on each of the NFL's medical advisory committees; and identif[ies] areas for the NFL to enhance player safety, care and treatment."²¹⁰ At the time of her appointment, Nabel was president of Brigham and Women's Hospital in Boston and a professor of medicine at Harvard Medical School. Nabel continues in both positions in addition to her work with the NFL. Additionally, The Leadership Team of The Football Players Health Study at Harvard University has met with Nabel, but she is not nor has she ever been affiliated with The Football Players Health Study. According to the NFL, Nabel's appointment did not replace Pellman, who, at the time, remained an "advisor" to the NFL and provided "administrative functions" in a role that was "subordinate to Dr. Nabel."²¹¹ Pellman retired from the NFL in July 2016.²¹²

Having provided a chronological history of player health issues in the NFL, for both the NFL and NFLPA, we now explain their current legal obligations, relevant ethical codes, current practices, and possible enforcement mechanisms.

> The programs and benefits available to NFL players are extraordinary, and both the NFL and NFLPA should be commended for this fact.

D) Current Legal Obligations of the NFL^r

The NFL is frequently sued, and often the plaintiffs are NFL players themselves. Emerging from all these lawsuits are many different theories about the NFL's legal responsibilities to players. Ultimately, the clearest source for understanding the relationship between players and the NFL are collectively bargained documents, including the 2011 NFL-NFLPA CBA, the Policy and Program on Substances of Abuse (Substance Abuse Policy), and the Policy on Performance-Enhancing Substances (PES Policy).

r The legal obligations described herein are not an exhaustive list but are those we believe are most relevant to player health.

1) COLLECTIVELY BARGAINED AGREEMENTS

The 2011 CBA contains multiple provisions governing the NFL's health obligations to its players.

The NFL is responsible for funding and administering (sometimes in conjunction with the NFLPA) various player health-related programs and benefits, including:

- Retirement Plan (created in 1968);
- Group Insurance (1968);
- Disability Plan (1970);
- Severance Pay Plan (1982);
- Second Career Savings Plan (1993);
- Player Annuity Plan (1998);
- Tuition Assistance Plan (2002);
- The 88 Plan (2006);
- Health Reimbursement Account (2006);
- Former Player Life Improvement Plan (2007);
- Legacy Benefit (2011);
- Long Term Care Insurance Plan (2011); and,
- Neuro-Cognitive Disability Benefit (2011).

These programs and benefits are discussed in detail in Appendix C. The programs and benefits available to NFL players are extraordinary, and both the NFL and NFLPA should be commended for this fact. Nevertheless, access to the programs and benefits appears to be an issue,^s and questions remain whether players are sufficiently made aware or avail themselves of these programs and benefits, as discussed in Chapter 1: Players. The NFL stated that in 2015 that it spent \$1,084,118,072 on these health-related programs and benefits.²¹³ These benefits are funded by NFL and NFL club revenues and are different from health-related programs offered and funded by the NFL or the NFLPA respectively, detailed in Appendices D and E. The more than \$1 billion amount mentioned above does not include the costs of these programs.²¹⁴

In addition to the above-mentioned benefits and programs, the NFL participates in two committees with the NFLPA concerning player health (additional committees not involving the NFLPA are discussed in Section D: Current Practices).

First, as noted above, the Joint Committee on Player Safety and Welfare ("Joint Committee"), established in 1974, consists of three club representatives and three NFLPA representatives and discusses "player safety and welfare aspects of playing equipment, playing surfaces, stadium facilities, playing rules, player-coach relationships, and any other relevant subjects."²¹⁵ The Joint Committee is merely advisory and has no binding decision-making authority.^t

Second, the NFL participates in the Accountability and Care Committee (ACC), created in 2011. The ACC consists of the NFL Commissioner (or his designee), the NFLPA Executive Director (or his designee), and six additional members "experienced in fields relevant to healthcare for professional athletes," three appointed by the Commissioner and three by the NFLPA Executive Director.²¹⁶ The ACC is obligated to: (i) encourage and support programs for outstanding professional training by club medical staffs; (ii) develop a standardized preseason and postseason physical examination and education protocol to inform players of the risks associated with playing football; (iii) conduct research into prevention and treatment of illness and injury commonly experienced by professional athletes; (iv) conduct a confidential player survey at least once every two years to solicit the players' input and opinion regarding the adequacy of medical care; (v) assist in the development and maintenance of injury surveillance and medical record systems; and, (vi) undertake such other duties as the Commissioner and Executive Director may assign.²¹⁷ Additionally, players can make complaints about

s Former Player 3 explained former players' frustrations with the various benefit programs: "I think that a lot of guys get frustrated with the system I don't think guys necessarily trust when they're done playing that the PA's going to take care of them. They don't trust that the league is going to take care of them. . . . They get bombarded with paperwork. They get frustrated. They deserve better. They become bitter. Maybe they just give up on the process." As a solution, Former Player 3 explained "I would like to see a third party sort of take over the process, just somebody who really has no vested interest in anything other than serving the players and helping them. And really understands all the different things that former player gets to take control."

t See 2011 CBA, Art. 50, § 1(a). In Stringer v. Nat'l Football League, the Court also expressed concerns about the effectiveness of the Joint Committee: "While the NFL is required to give "serious and thorough consideration" to recommendations of the Joint Committee, the CBA imposes no independent duty on the NFL to consider health risks arising from adverse playing conditions, or to make recommendations for rules, regulations or guidelines for the clubs to follow." 474 F.Supp.2d 894, 896 (S.D. Ohio 2007).

their medical care to the ACC, but the ACC then refers those complaints to the NFL and Club involved.^u

Since its creation, the ACC procured a third-party vendor, Synernet, to verify all club medical staff credentials and licensing, including with states and the Drug Enforcement Administration,²¹⁸ and also facilitated the first survey of players concerning a range of health and safety-related topics.²¹⁹ The results of that survey are not public and it is unclear whether they will ever be made public. We address this issue further in our recommendations below.

It is also important to understand the source and relative amount of funding for the various player benefits and programs mentioned above. NFL players, as a group, are entitled to different percentages of different revenue sources: (1) 55 percent of League Media, which consists of all NFL broadcasting revenues;²²⁰ (2) 45 percent of NFL Ventures/Postseason revenue, which includes all revenues arising from the operation of postseason NFL games and all revenues arising from NFL-affiliated entities, including NFL Ventures,²²¹ NFL Network,²²² NFL Properties,²²³ NFL Enterprises,²²⁴ NFL Productions,²²⁵ and NFL Digital;²²⁶ and, (3) 40 percent of Local Revenues, which includes those revenues not included in League Media or NFL Ventures/ Postseason, and specifically includes revenues from the sale of preseason television broadcasts.²²⁷ These revenues are collectively known as All Revenue or AR.²²⁸ AR in 2015 was approximately \$12.4 billion.²²⁹

The players' share of AR is referred to as the Player Cost Amount.²³⁰ The Player Cost Amount is one of two essential components for calculating the Salary Cap—the "absolute maximum amount of Salary that each Club may pay or be obligated to pay or provide to players . . . at any time during a particular League Year."²³¹ The other essential component of the Salary Cap calculation is Player Benefit Costs. Player Benefit Costs are the total amounts the NFL and its clubs spend on all the above-described programs and benefits, in addition to the costs of providing medical care to NFL players.²³² The Salary Cap is determined by subtracting Player Benefit Costs from the Player Cost Amount and dividing by the number of clubs in the NFL.²³³ In other words, the Salary Cap equals Player Cost Amount minus Player Benefit Costs divided by 32. *Thus, the more that is paid to NFL players, including retired players, in the form of benefits and medi-cal care, i.e., Player Benefit Costs, the less they are able to receive in the form of salary.* Indeed, in 2015, when the Salary Cap was \$143,280,000 per club, each club was charged \$37,550,000 in Player Benefit Costs. Thus, out of a possible \$180,830,000 that could have been spent on player salaries by each Club, 26.2 percent was allocated to player benefits.

It is important to clarify these figures. As Figure 7-B shows below, about 50 percent of a club's revenue is allocated to the players. The club keeps the other 50 percent. Of the 50 percent allocated for the players (the Player Cost Amount), in 2015, 26.2 percent of that was used on player benefits. Thus, in 2015, we can estimate that each club had approximately \$361,660,000 in revenue, \$180,830,000 of which would be available for players. Thus, \$37,550,000 was spent on player benefits. The \$37,550,000 is 26.2 percent of the Player Cost Amount and 10.4 percent of the club's revenue.

> In 2015, when the Salary Cap was \$143,280,000 per club, each club was charged \$37,550,000 in Player Benefit Costs. Thus, out of a possible \$180,830,000 that could have been spent on player salaries by each club, 26.2 percent was allocated to player benefits.

I The three NFL-appointed members of the ACC are: Dr. Matthew Matava, Club doctor for the St. Louis Rams and former President of the NFLPS; Rick Burkholder, athletic trainer for the Kansas City Chiefs and President of the Professional Football Athletic Trainers (PFATS); and, Dr. Elliott Hershman, Chairman of NFL Injury and Safety Panel, Department of Orthopaedic Surgery, Lenox Hill Hospital and Team Orthopedist, New York Jets. The three NFLPA-appointed members of the ACC are: Dr. Anthony Alessi, neurologist and Associate Clinical Professor of Neurology, University of Connecticut; Dr. Ross McKinney, Director, Trent Center for Bioethics, Humanities & History of Medicine, Duke University & School of Medicine; and, Dr. Johnny Benjamin, orthopedist and Director, Pro Spine Center.

216. \ Protecting and Promoting the Health of NFL Players

In addition to the CBA, the Substance Abuse Policy contains important provisions concerning player health. The Substance Abuse Policy prohibits players from using common street drugs, such as cocaine, marijuana, amphetamines, opiates, opioids, phencyclidine (PCP), and 3,4-methylenedioxymethamphetamine (MDMA, or "ecstasy").²³⁴ Players are subject to pre-employment tests and one test during the pre-season.²³⁵ Players are not subject to regular season testing unless they have agreed to be or have previously failed a drug test.²³⁶ Importantly, players who fail tests are not immediately disciplined but instead enter an intervention program where they are assessed and treated by medical personnel.²³⁷ Players are only disciplined if they fail to comply with their treatment plans, for example, by failing additional drug tests.²³⁸

In contrast, players who test positive for performance enhancing drugs under the Performance-Enhancing Substance (PES) Policy are immediately disciplined and no treatment is mandated.²³⁹ Discipline includes: a 2-game suspension for a first positive test result for diuretics or masking agents; a 4-game suspension for a first positive test for stimulants during the season or anabolic steroids; a 6-game suspension for positive test result plus a diuretic, masking agent, or attempt to substitute or dilute; a 10-game suspension for a second violation; and a 2-year ban for a third violation.²⁴⁰

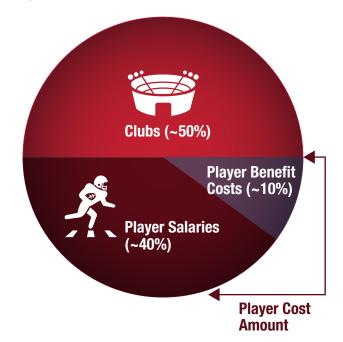
Ten players per club are randomly tested for performance enhancing drugs each week of the preseason, regular season, and postseason.²⁴¹ In addition, the 2014 PES Policy initiated blood testing for human growth hormone (HGH), with a limit of six tests per player per calendar year.²⁴²

In our forthcoming report *Comparing the Health-Related Policies and Practices of the NFL to Other Professional Sports Leagues*, we provide an in-depth analysis of both the Substance Abuse and PES Policies. However, our research has not revealed any reliable data on the usage of recreational or performance-enhancing drugs by NFL players. Additionally, in Chapter 2: Club Doctors, Section I: The Special Case of Medications, we discuss prescription and painkilling medications as they concern NFL players at length.

2) STATUTORY OBLIGATIONS

The 2010 Patient Protection and Affordable Care Act (ACA) obligates employers who employ an average of at least 50 full-time employees on business days to provide

Figure 7-B: Division of All Revenue^w



some basic level of health insurance to its employees or pay a financial penalty,²⁴³ more commonly known as the employer mandate. After several delays, the employer mandate went into effect in 2015. The CBA provides health insurance to NFL players, so this is not a concern at present, but for the sake of completeness, we note that the question remains whether in the absence of the CBA, the NFL would have any obligation to provide health insurance to NFL players. While the NFL might not be considered an employer of players for purposes of the ACA,²⁴⁴ the clubs certainly would be. Again, however, the issue is purely hypothetical.

The NFL also has obligations under other statutes, such as the Occupational Safety and Health Act,²⁴⁵ the Americans with Disabilities Act (ADA)²⁴⁶ and the Genetic Information Nondiscrimination Act (GINA). An analysis of the NFL's intersection with these statutes are the subject of future work of the Law and Ethics Initiative of The Football Players Health Study at Harvard University.²⁴⁷

3) COMMON LAW OBLIGATIONS

The existence and extent of common law^w obligations of the NFL toward promoting and protecting the health of NFL players are debatable. *In re National Football League Players' Concussion Injury Litigation*, 12-md-2323 (E.D.Pa.) ("Concussion Litigation") concerned exactly those duties. On July 19, 2011, 75 former NFL players, led

v In reviewing a draft of this Report, the NFL stated that "the roughly 50%-50% split in revenue as depicted in the chart is generally accurate, with the understanding that the revenue split does not reflect the owners' substantial costs incurred subsequent to the split of revenue." Letter from Larry Ferazani, NFL, to authors (July 18, 2016).

w Common law refers to "[t]he body of law derived from judicial decisions, rather than from statutes or constitutions." Black's Law Dictionary (9th ed. 2009).

by former NFL linebacker Vernon Maxwell, filed a lawsuit against the NFL in California Superior Court, Los Angeles County, alleging that the NFL had negligently and fraudulently concealed the risk of brain injury associated with playing football.²⁴⁸ The *Maxwell* case was the first of many concussion-related lawsuits against the NFL.

In total, former and current NFL players have filed more than 240 lawsuits against the NFL in federal and state courts all across the country.²⁴⁹ On January 31, 2012, the cases existing as of that time were transferred and consolidated into the "Concussion Litigation."²⁵⁰ On July 17, 2012, the plaintiffs filed an Amended Master Administrative Long-Form Complaint summarizing the various claims at issue.²⁵¹ After that date, many more lawsuits were filed, transferred, and consolidated into the Concussion Litigation.²⁵² In sum, more than 5,500 players filed Short-Form Complaints in the Concussion Litigation.²⁵³

The Concussion Litigation plaintiffs alleged the NFL owed a variety of common law and assumed duties to NFL players. These duties can generally be grouped into three categories: (1) the NFL's alleged duty to inform or disclose the risks associated with brain injuries in football;²⁵⁴ (2) the NFL's alleged duty to protect NFL players;²⁵⁵ and, (3) the NFL's alleged duty to competently study the risks of brain injuries in football.²⁵⁶

Whether the NFL actually owed any of these duties as a matter of law may never be resolved, *i.e.*, a court may never have to rule on whether the NFL had to actually do any of the things the Concussion Litigation plaintiffs claimed they had to do. In April 2015, the United States District Court for the Eastern District of Pennsylvania approved a settlement between the parties that provided all former NFL players the opportunity to undergo baseline neurological and neuropsychological examination and the opportunity for monetary awards (subject to various adjustments) for the following conditions:

- Amyotrophic lateral sclerosis (ALS): \$5 million;
- Death with CTE prior to the date of the settlement (diagnosed after death): \$4 million;
- Parkinson's disease: \$3.5 million;
- Alzheimer's disease: \$3.5 million;
- Level 2 Neurocognitive Impairment (*i.e.*, moderate Dementia): \$3 million; and,
- Level 1.5 Neurocognitive Impairment (*i.e.*, early Dementia): \$1.5 million.²⁵⁷

The players are not required to prove that their conditions are related to having played in the NFL to obtain an award. Additionally, the NFL did not admit any wrongdoing or liability as part of the settlement. In approving the settlement, the Court cited numerous expert opinions in noting that "[a] consensus is emerging that repetitive mild brain injury is associated with [the conditions covered by the settlement]."^{258,x} The NFL's financial obligations under the settlement are not capped, except that the settlement expires after 65 years.

In April 2016, the United States Court of Appeals for the Third Circuit affirmed the District Court's approval of the settlement.²⁵⁹ In August 2016, some of the plaintiffs petitioned the Supreme Court of the United States to review the case.²⁶⁰ At that time, approximately 169 former players and 20 former player family members had chosen to opt out of the settlement, providing them the opportunity to press their claims and the NFL's alleged duties in new lawsuits.

E) Current Ethical Codes Relevant to the NFL

There are no known codes of ethics currently applicable to the NFL and player health.

F) Current Practices of the NFL

As discussed in the background to this chapter, the NFL's practices and policies concerning player health have improved dramatically over the decades. Moreover, those improvements have accelerated in recent years following leadership changes at both the NFL and NFLPA and with the execution of the 2011 CBA. Table 7-A below lists NFL committees that perform player health-related work, as of the 2016 season.²⁶¹ It is important to note that these committees are created and facilitated by, and principally serve in an advisory capacity to, the NFL. As a result, it is difficult to fully evaluate their work.

x The Court, however, denied the argument that CTE after the date of the settlement should be covered, noting that the study of CTE is in its early stages and much is still unknown, including its symptoms. *In re Nat'l Football League Players' Concussion Injury Litigation*, 307 F.R.D. 351, 397–401 (E.D. Pa. 2015) ("Beyond identifying the existence of abnormal tau protein in a person's brain, researchers know very little about CTE."). The Court also denied arguments that mood and behavioral disorders should be covered by the settlement. *See id.* at 401 (*quoting the Declaration of Dr. Christopher Giza: "While medical literature and clinical practice has associated psychological symptoms such as anxiety, depression, liability, irritability and aggression in patients with a history of concussions, this association has not led to <i>conclusive causation.*") (Emphasis in the Court's opinion).

Table 7-A: NFL Health and Safety Committees^z

Committee	Areas of Focus	Membership
General Medical Committee	 Behavioral health Cardiovascular Environmental Infectious disease Pain management Miscellaneous 	 Dr. Andrew Tucker Dr. Deverick Anderson Rick Burkholder Dr. Doug Casa Dr. Rob Heyer Dwight Hollier Dr. Patrick Strollo Dr. Robert Vogel Dr. Elizabeth Nabel Dr. Thom Mayer
Musculoskeletal Committee	 Foot and ankle Lower extremity trauma Upper extremity trauma Studies 	 Dr. Robert Anderson Dr. Ed Wojtys Dr. Asheesh Bedi Dr. Robert Brophy Rick Burkholder Dr. Mike Coughlin Dr. Rob Heyer Dr. Thomas Hunt Dr. William Levine Joe Skiba Dr. Kurt Spindler Dr. Elizabeth Nabel Dr. Thom Mayer
Head, Neck and Spine Committee	 Concussion Moderate and severe brain injury Neck and spine 	 Dr. Hunt Batjer Dr. Rich Ellenbogen Dr. Mitch Berger Dr. Javier Cardenas Dr. Russell Lonser Dr. Margot Putukanian Dr. Robert Cantu Dr. Joseph Maroon Dr. Elizabeth Nabel Dr. Thom Mayer

z Also of note, according to former Seattle Seahawks club doctor Pierce Scranton, at some point in the 1990s, the NFL did establish a Safety Committee that included the NFLPS President as a member and began to study issues affecting player health and safety, including playing surfaces and concussions. Pierce E. Scranton, Jr., Playing Hurt: Treating and Evaluating the Warriors of the NFL 145–46 (2001).

Thom Mayer, the NFLPA's Medical Director, is a voting member on all NFL health and safety committees.²⁶² In addition, the NFLPA has "the right to appoint two persons to attend those portions of the annual meeting of the NFL Competition Committee dealing with playing rules to represent the players' viewpoint on rules. One of the appointees shall have a vote on all matters considered at the meeting which relate to playing rules."²⁶³ A history of health-related rule changes in the NFL is included as Appendix I.

We were unable to extensively document all of the information the NFL, through these committees or otherwise, provides to NFL players concerning health and safety issues. Nevertheless, it is clear that the NFL does provide at least some information. Prior to the 2015 season, for the first time ever, each club's medical staff held a one-hour preseason meeting with the club's players to discuss health and safety issues.²⁶⁴ In addition, NFL clubs post a large poster in their locker room detailing facts about concussions, including symptoms and recommended steps in the event a player suspects he has a concussion.²⁶³ The poster was developed in conjunction with the NFLPA, NFL Physicians Society, Professional Football Athletic Trainers Society, and the Centers for Disease Control and Prevention.

In addition to the above committees and the collectively bargained benefits and programs mentioned earlier, the NFL has a Player Engagement Department²⁶⁶ that provides a number of programs designed to help players as well as others involved in the world of football, including:

- NFL Prep 100;
- Prep Leadership Program;
- NFL Prep Sports Career Expo;
- NFL-NCAA Summit;
- NFL-NCAA Life Skills Roundtable;
- 1st & Goal Program;
- Broadcast Boot Camp;
- · Business Management and Entrepreneurial Program;
- Business of Music Boot Camp;
- Financial Education;
- · Franchising Boot Camp;
- Hospitality & Culinary Management Workshop;
- NFL-NCAA Champion Forum;

- NFL-NCAA Coaches Academy;
- NFL-NCAA Future Football Coaches Academy;
- Rookie Transition Program;
- Pro Hollywood Boot Camp;
- Sports Journalism & Communications Boot Camp;
- Consumer Products Boot Camp;
- Bill Walsh NFL Minority Coaching Fellowship;
- Transition Assistance Program; and,
- Legends Community.

Each of these programs offesred by the NFL's Player Engagement Department is discussed in detail in Appendix D. In addition, the NFL's Player Engagement Department works with players to place them in off-season or postcareer internships in a wide variety of industries.^z

Moreover, in 2007, the NFL and NFLPA jointly created the NFL Player Care Foundation, which funds research into issues affecting NFL players, provides grants to former players in need, and otherwise assists former players in obtaining support for a healthy life.²⁶⁷ Entering the 2015 season, the NFL Player Care Foundation had arranged for 3,599 former players to undergo a series of private and comprehensive medical examinations.²⁶⁸

Despite these extensive programs, committees, and other attention from the NFL, in discussing the NFL's approach to player health, players, contract advisors and financial advisors generally (but not universally) had a negative reaction:^{aa}

- Current Player 1: "[I]t would seem that they're more concerned about making money than protecting their players."
- Current Player 2: "I think that the changes are more for public image I don't really think that player safety and health is as big a concern for them and has as much importance to them as they portray. I think at the end of the day, it's still big business and they're still trying to put a product out there that's going to be profitable."

z The industries include: advertising/media; consulting; consumer products; corporate finance; financial services; gaming/digital media; hospitality management; mortgage banking; the National Football League; non-profit/advocacy; public relations; real estate; scouting; sports marketing; television production and development; and, youth football.

aa We reiterate that our interviews were intended to be informational but not representative of all players', contract advisors', or financial advisors' views, and should be read with that limitation in mind.

- Current Player 3: "[The NFL is] trying to do a good job to make the game safer at the end of the day."
- Current Player 4: "I think they're trying to avoid the hundred million dollar settlements like they recently had more than they are generally concerned with player safety. I think it's more about public image more than it is really caring about players' health and safety."^{ab}
- Current Player 5: "As far as the Concussion Protocol, I think that they're doing a great job I don't think there has been an interest in player safety from the league besides the Concussion Protocol."
- Current Player 6: "I think the NFL is more concerned about the appearance of taking care of players more than actually taking care of players."
- Current Player 8: The NFL takes player health "as serious as the [Concussion] lawsuit indicates I think the NFL is concerned with player health as far as they can afford it."
- Current Player 9: "I would say the NFL's approach is, to me, reactionary [T]he bottom line for the NFL is to increase revenues. So when it comes to player safety, sometimes that's an afterthought[.]"
- Current Player 10: "I think [the NFL] has been great [T]he changes that I've seen in the last 10 years, I think they've really made it a priority. And I think that has changed."
- Former Player 1: "[F]or sure they want to have this great product just for the fans, all the revenue that they can, also just like any business . . . I mean they want to have the best product and what does that mean? Keeping their top superstar athletes in the best health."
- Former Player 2: "I think they've done an okay job. I wouldn't say great."
- Former Player 3: "I don't think anybody is out there saying 'hey, screw the players.' I think they have honestly invested significant resources into it."
- Contract Advisor 1: "I think it's mixed You can say I don't want to blow up the NFL with how much we're going to have to pay in litigation and on the other side of it . . . Roger Goodell is not going to want to watch every player he's come to know have issues ten years after they're playing."

- Contract Advisor 3: "[The NFL's approach] has definitely gotten a lot better as the NFL teams made it a bigger issue, but to say that they do it just because they want to be good guys, I wouldn't put it in that category."
- Contract Advisor 4: "[T]he NFL is strictly a business. People always say that there's a business side. There is no business side. It is a business."
- **Contract Advisor 5:** "They don't care They're going to keep it under the rug as long as they can until something really comes into play."
- Contract Advisor 6: "Litigation avoidance."

Multiple contract advisors specifically identified the NFL's interest in expanding the regular season from 16 to 18 games^{ac} as evidence that the NFL's financial interests are more important than player health.^{ad}

A 2014-2015 survey of former players by Newsday garnered responses from 763 individuals, 85 percent of whom did not feel that the NFL adequately prepared them for the transition to post-football life.²⁶⁹ However, 48 percent of respondents believed the NFL is doing enough to make the game safer, as compared to only 31 percent who do not.²⁷⁰ The survey did not ask the former players whether they felt the NFLPA had adequately prepared them for the transition to post-football life. There are also several other limitations to the survey: (1) the survey was sent via email and text message by the NFLPA to more than 7,000 former NFL players, thus eliminating former players that were less technologically savvy and also possibly skewing the sample towards those former players closer to the NFLPA; (2) the response rate for the survey was low (approximately 11 percent); and, (3) the study does not discuss the demographics of those that responded, making it difficult to ascertain whether those who responded are a representative sample of all former players. Nevertheless, we provide the reader with the best existing data.

For more specific guidance, the NFL's current practices concerning health are best understood by examining the practices of the NFL-affiliated stakeholders discussed in this Report: Chapter 2: Club Doctors; Chapter 3: Athletic Trainers; Chapter 8: NFL Clubs; Chapter 9: Coaches; Chapter 10: Other NFL Club Employees; and, Chapter 11: Equipment Managers.

ab Current Player 4 also praised the NFL for its rules protecting "defenseless players" but also thought more needed to be done to protect defensive linemen from cut blocking and blocks on interceptions.

ac The NFL cannot increase the length of the regular season without the NFLPA's approval. 2011 CBA, Art. 31.

ad In reviewing a draft of this Report, the NFL clarified that any proposal to increase the regular season from 16 to 18 games would also reduce the preseason from 4 to 2 games. NFL Comments and Corrections (June 24, 2016).

(G) Enforcement of the NFL's Legal and Ethical Obligations^{ae}

As discussed above, the NFL's principal legal obligations concerning player health, as opposed to those of the clubs, are to fund and administer various benefit programs. In the event any player is dissatisfied with his benefits, *i.e.*, believes he is entitled to more than he is receiving, he can commence an arbitration before the neutral Benefits Arbitrator.

Aside from the NFL's benefit-related obligations, if a player believes the NFL has violated some other obligation he could commence a Non-Injury Grievance.^{af} The 2011 CBA directs certain disputes to designated arbitration mechanisms²⁷¹ and directs the remainder of any disputes involving the CBA, a player contract, NFL rules, or generally the terms and conditions of employment to the Non-Injury Grievance arbitration process.²⁷² Importantly, Non-Injury Grievances provide players with the benefit of a neutral arbitration and the possibility of a "money award."273 Many of the NFL's above-described legal obligations could be the subject of a Non-Injury Grievance. However, Non-Injury Grievances must be filed within 50 days "from the date of the occurrence or non-occurrence upon which the grievance is based."274 Additionally, it is possible that under the 2011 CBA, the NFL could argue that complaints concerning medical care are designated elsewhere in the CBA and thus should not be heard by the Non-Injury Grievance arbitrator.275

Lawsuits against the NFL are another possible enforcement method, but face significant barriers. This is because the Labor Management Relations Act (LMRA)²⁷⁶ bars or "preempts" state common law^{ag} claims, such as negligence, where the claim is "substantially dependent upon analysis of the terms" of a CBA, *i.e.*, where the claim is "inextricably intertwined with consideration of the terms of the" CBA."²⁷⁷ In these cases, player complaints must be resolved through the enforcement provisions provided by the CBA itself (*i.e.*, a Non-Injury Grievance), rather than through litigation. Next, we provide a summary of some important lawsuits involving the NFL that also exemplify the preemption defense.

In Williams v. NFL, the United States Court of Appeals for the Eighth Circuit held that common law claims by Minnesota Vikings players Kevin Williams and Pat Williams against the NFL concerning a failed test under the NFL's Policy and Program on Anabolic Steroids and Related Substances ("Steroid Policy")^{ah} were preempted by the LMRA. However, non-common law claims brought pursuant to Minnesota state statutes were not.278,ai The most important outcome of the "StarCaps" case, as it has become known, is the clear message that the CBA, Steroid Policy, and any other collectively bargained agreement, such as the NFL's Policy and Program for Substances of Abuse, must comply with each individual state's laws. The NFL argued that "subjecting the [Steroid] Policy to divergent state regulations would render the uniform enforcement of its drug testing policy, on which it relies as a national organization for the integrity of its business, nearly impossible."279 The Eighth Circuit rejected this argument, explaining that deference to collective bargaining does not "grant the parties to a CBA the ability to contract for what is illegal under state law."280 Indeed, throughout the StarCaps case, "the NFL concede[d] that its steroid testing procedures do not comply with the letter of Minnesota state law."281

Another prominent case concerning the NFL and the defense of preemption is *Stringer v. Nat'l Football League.*²⁸² In 2001, Minnesota Vikings Pro Bowl offensive tackle Korey Stringer died of complications from heat stroke after collapsing during training camp.²⁸³ Stringer's family filed two lawsuits: one against the Vikings, Vikings coaches, trainers, and affiliated doctors;²⁸⁴ and a second against the NFL and Riddell, the equipment manufacturer. In the second suit, Stringer's family alleged that the NFL was negligent in its regulation and control of training camps, equipment, and working conditions, and that Riddell sold defectively designed equipment.²⁸⁵ In a February 2007 decision, the United States District Court for the Southern District of Ohio held that Stringer's common

ae Appendix K is a summary of players' options to enforce legal and ethical obligations against the stakeholders discussed in this Report. In addition, for rights articulated under either the CBA or other NFL policy, the NFLPA can seek to enforce them on players' behalves.

af The term "Non-Injury Grievance" is something of a misnomer. The CBA differentiates between an "Injury Grievance" and a "Non-Injury Grievance." An Injury Grievance is exclusively "a claim or complaint that, at the time a player's NFL Player Contract or Practice Squad Player Contract was terminated by a club, the player was physically unable to perform the services required of him by that contract because of an injury incurred in the performance of his services under that contract." 2011 CBA, Art. 44, § 1. Generally, all other disputes (except System Arbitrations, *see* 2011 CBA, Art. 15) concerning the CBA or a player's terms and conditions of employment are Non-Injury Grievances. 2011 CBA, Art. 43, § 1. Thus, there can be disputes concerning a player's injury or medical care that are considered Non-Injury Grievances because they do not fit within the limited confines of an Injury Grievance.

ag Common law refers to "[t]he body of law derived from judicial decisions, rather than from statutes or constitutions." Black's Law Dictionary (9th ed. 2009). The concept of "preemption" is "[t]he principle (derived from the Supremacy Clause [of the Constitution] that a federal law can supersede or supplant any inconsistent state law or regulation." *Id.*

ah In 2014, the Steroid Policy was renamed the "Policy on Performance-Enhancing Substances."

ai Christopher R. Deubert, an author of this Report, formerly practiced at the law firm of Peter R. Ginsberg Law, LLC, which represented the Williamses in the StarCaps case. However, the case decisions discussed here occurred prior to Deubert joining the firm. Also of note, the StarCaps case involves multiple decisions in both state and federal courts, with varying degrees of success for the parties.

law wrongful death claim was "inextricably intertwined and substantially dependent upon an analysis of certain CBA provisions" and thus preempted.²⁸⁶ However, the Court held that Stringer's negligence claims against the NFL concerning equipment safety were not preempted, since the CBA imposes no obligations concerning equipment.²⁸⁷ Stringer's family and the NFL settled the lawsuit in January 2009.²⁸⁸

Prior to settlement of the Concussion Litigation, courts in a handful of cases had decided whether players' concussion-related claims were preempted. In December 2011, in three related cases, the United States District Court for the Central District of California determined that at least some of the plaintiffs' claims were preempted and thus denied the plaintiffs' motion to remand the action back to state court (the Court, at that stage of the legal proceedings, did not have to consider whether all the claims were preempted).²⁸⁹ Similarly, in a lawsuit brought by the estate of former Chicago Bear and suicide victim David Duerson, the United States District Court for the Northern District of Illinois held that Duerson's estate's concussion-related claims were "substantially dependent on the interpretation of CBA provisions" and thus preempted.²⁹⁰ All of these cases were later transferred and consolidated into the Concussion Litigation. The NFL's principal defense in the Concussion Litigation-as it has been in almost any case brought by players alleging common law violations-was preemption.

In contrast, in Green v. Arizona Cardinals Football Club LLC, the United States District Court for the Eastern District of Missouri held that a former player's concussionrelated claims against the Arizona Cardinals (but not the NFL) merely required reference to, and not interpretation of, the CBA and thus were not preempted.²⁹¹ As a result, the plaintiffs in the Green case potentially had the unique opportunity to pursue discovery against an NFL club on his claims.²⁹² However, in December 2015, after some of the plaintiffs left the case and the remaining plaintiffs filed an amended complaint, the Cardinals removed the case from Missouri state court to federal court and successfully had it consolidated with the Concussion Litigation.²⁹³ Thus, the unique opportunity presented by the initial decision of the Eastern District of Missouri court seems to have dissolved.

In addition to the concussion-related litigation, in May 2014, several former players, led by former Chicago Bear Richard Dent, filed a class action lawsuit alleging that the

NFL and its clubs negligently and fraudulently prescribed and administered painkilling medications during their careers.²⁹⁴ The lawsuit generally focused on three types of medications: opioids, which "act to block and dull pain"; non-steroidal anti-inflammatory medications, such as Toradol, which have "analgesic and anti-inflammatory effects to mitigate pain"; and, local anesthetics, such as lidocaine.²⁹⁵ In December 2014, the United States District Court for the Northern District of California ruled that the players' claims were preempted by the LMRA.²⁹⁶ Effectively, the court found that to determine the validity of the players' claims would require interpretation of the CBA, and thus the players should have pursued grievances as opposed to lawsuits.²⁹⁷ In Chapter 2: Club Doctors, Section I: The Special Case of Medications, we discuss issues concerning painkilling and prescription medication in the NFL.aj

The above cases demonstrate the difficulty players are likely to have in pursuing health-related lawsuits against the NFL. Generally speaking, if a player's common law claim requires the Court to analyze the terms of the CBA, the player will be unable to pursue that claim in a lawsuit.^{ak} The concept of preemption effectively forces parties to settle their disputes via collectively bargained arbitration procedures rather than in lawsuits.^{al}

While arbitration can provide meaningful recourse for the players, the short statute of limitations makes it difficult to pursue claims.

al Arbitration generally minimizes costs for all parties and leads to faster and more accurate resolutions of legal disputes. See Keith N. Hylton, Agreements to Waive or to Arbitrate Legal Claims: An Economic Analysis, 8 Sup. Ct. Econ. Rev. 209 (2000); Steven Shavell, Alternative Dispute Resolution: An Economic Analysis, 24 J. Legal Stud. 1 (1995). We recognize that arbitration also raises potential concerns for claimants, including the upfront costs of the arbitration and bias in favor of repeat parties, typically the defendant. See David Shieh, Unintended Side Effects: Arbitration and the Deterrence of Medical Error, 89 N.Y.U. L. Rev. 1806 (2014). However, these concerns are not present in arbitrations involving NFL players where the NFL and NFLPA (and not the player) generally bear the costs of the arbitration equally, the NFL and NFLPA are involved in nearly all of the arbitration proceedings, and both generally retain the ability to remove arbitrators with whom they are dissatisfied.

aj In that section, we discuss a case related to the *Dent* lawsuit, led by former player Chuck Evans. The *Evans* plaintiffs alleged substantially the same allegations as in the *Dent* case, but alleged *intentional* wrongdoing by the clubs, as opposed to merely negligent conduct. For reasons discussed in that section, the court denied a motion to dismiss by NFL clubs and the case is ongoing as of the time of this publication. *See* Evans v. Arizona Cardinals Football Club, 16-cv-1030, 2016 WL 3566945, *1 (N.D.Ca. July 1, 2016).

ak Nevertheless, it is important to note that, in May 2016, in a lawsuit substantially similar to the NFL's Concussion Litigation, the United States District Court for the District of Minnesota denied the National Hockey League's motion to dismiss concussion-related claims on preemption grounds. In many respects, the Court held that the issue would have to be decided on summary judgment after additional discovery in the case. See In re Nat'l Hockey League Players' Concussion Injury Litigation, 14-md-2551, 2016 WL 2901736 (D. Minn. May 18, 2016).

(H) Current Legal Obligations of the NFLPA^{am}

It is important to situate the NFLPA's legal obligations within its role as a labor union, which requires clarifying the difference between the NFLPA's membership and the bargaining unit it is bound to represent. First, in terms of membership, the NFLPA Constitution declares that "[t]here shall be three types of membership in the NFLPA: active, retired and associate membership."^{an} However, "[o]nly active members in good standing shall be eligible to vote in elections of Player Representatives and Alternates, contract ratification or any other matter which affects active players."²⁹⁸ In 2013, there were 5,430 total members: 2,006 active (nearly all active players in the NFL); 3,230 former (out of an estimated 20,000); and 194 associate.²⁹⁹

Membership in the NFLPA must be differentiated from the bargaining unit, *i.e.*, the persons the NFLPA represents in collective bargaining negotiations and other NFLemployment matters. The bargaining unit consists of:

an When asked, the NFLPA was uncertain as to what an "associate" member was and such membership is not described in the NFLPA Constitution.

"(1) All professional football players employed by a member club of the National Football League; (2) All professional football players who have been previously employed by a member club of the National Football League who are seeking employment with an NFL Club; (3) All rookie players once they are selected in the current year's NFL College Draft; and (4) All undrafted rookie players once they commence negotiation with an NFL Club concerning employment as a player."300 In contrast, the union only consists of those players within the bargaining unit that choose to be members of the union, which almost all do. It is important to note that the bargaining unit does not include players until the NFL Draft takes place, *i.e.*, players at the NFL Combine are not within the bargaining unit and thus are not protected or represented by the NFLPA.

Importantly, players who previously played in the NFL but are no longer seeking employment with an NFL club, *i.e.*, retired or former players, are not part of the bargaining unit. Former players remain NFLPA members, in their limited capacity, only so long as they pay NFLPA dues.³⁰¹

Active NFL players, *i.e.*, those within the bargaining unit, similarly remain an NFLPA member only so long as they pay their dues.³⁰² As part of the CBA, NFL clubs agree to provide "check-off" authorization forms to the players,



Figure 7-C: NFLPA Membership and Bargaining Unit

am The legal obligations described herein are not an exhaustive list but are those we believe are most relevant to player health.

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permitting the clubs to directly withhold a portion of the players' paychecks to be sent to the NFLPA for dues.³⁰³ In the event a player chooses not to join the NFLPA, he still must pay "an annual service fee in the same amount as any initiation fee and annual dues required of members of the NFLPA."³⁰⁴ This is essentially a protection against nonmember players receiving the benefits the NFLPA negotiates on behalf of the entire bargaining unit, which cannot be segregated from benefits available only to members. If the player refuses to pay the initiation fee, the NFLPA has the right to request that the player be suspended without pay until the fee is paid.³⁰⁵ Nevertheless, even if an active player is not an NFLPA member, he is still within the bargaining unit and thus entitled to the rights, benefits, and obligations provided for in the CBA.³⁰⁶

All of this is to say that, even though retired players can be "members" of the NFLPA, they are not in the same legal relationship with the NFLPA as those players in the bargaining unit ("Active Members" for purposes of this chapter). The differences in these legal relationships are discussed below.

The NFLPA has legal obligations towards those players in the bargaining unit (generally, current players and those actively seeking employment in the NFL). Specifically, the NFLPA owes a duty of fair representation to those in the bargaining unit.³⁰⁷ A union breaches its duty of fair representation when its "conduct toward a member of the collective bargaining unit is arbitrary, discriminatory, or in bad faith."³⁰⁸ Although a union has wide discretion in representation of its the bargaining unit, it must exercise that discretion in good faith.³⁰⁹ If players believe the NFLPA had failed to make a good faith effort to protect their health or otherwise abide by its obligations under its Constitution, they could seek legal recourse against the NFLPA.³¹⁰ Situations in which players have sued the NFLPA are discussed later in this chapter.

Unions in any industry do not owe a duty of fair representation to former members, *i.e.*, anyone outside of the bargaining unit.³¹¹ Thus, the NFLPA does not owe a duty of fair representation to former NFL players.

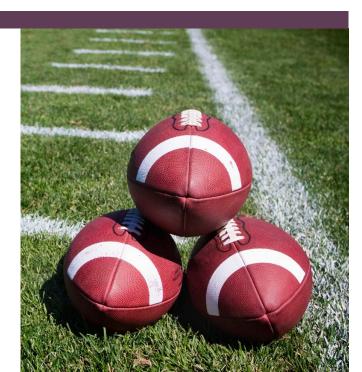
The NFLPA might also have fiduciary obligations towards those in the bargaining unit. A fiduciary duty obligates the fiduciary "to act with the highest degree of honesty and loyalty toward another person and in the best interests of the other person."³¹² Determining whether a fiduciary relationship exists between two parties requires a fact-based inquiry into the relationship.³¹³ The duty of fair representation is considered a fiduciary duty³¹⁴ and thus there exists a strong argument that the NFLPA owes a fiduciary duty to players in the bargaining unit, which would include looking out for their best interests.

On multiple occasions, courts have found that the NFLPA did not owe a fiduciary duty to retired players,³¹⁵ but the courts have not addressed that question as it concerns current players.

(1) Current Ethical Codes Relevant to the NFLPA

The NFLPA does not have a governing code of ethics. This is not unusual for a labor organization. Nevertheless, the NFLPA Constitution does contain some statements of ethical responsibility, as discussed in the background to this chapter.

Generally speaking, if a player's common law claim requires the court to analyze the terms of the CBA, the player will be unable to pursue that claim in a lawsuit.



(J) Current Practices of the NFLPA

Despite the NFLPA's structural challenges, discussed in more detail below, substantial progress on player health issues has been made during NFLPA Executive Director Smith's tenure, particularly as part of Article 39 of the 2011 CBA, as previously discussed. Appendix C summarizes the various health-related programs and benefits available to players, Appendix D summarizes the various programs available to players through the NFL's Player Engagement Department, and Appendix E summarizes programs available to players through the NFLPA.

In addition to the above-mentioned programs, the NFLPA offers several programs to help current and former players, including: (1) an externship program with a variety of companies; (2) business classes through Indiana University's Kelley School of Business; (3) a college coaching internship; (4) The Trust—a "set of resources, programs and services designed to provide former players with the support, skills and tools to help ensure success off the field and in life after football";³¹⁶ and, (5) the Gene Upshaw Player Assistance Trust Fund, which provides former players facing financial hardship or who wish to finish their undergraduate degrees with financial grants.³¹⁷

The NFLPA also employs five former players as Player Advocates to assist players.³¹⁸ The Player Advocates are assigned to specific regions and are responsible for the players of the clubs in their region. The Player Advocates are generally available to the players to help them with clubrelated matters, to steer them to the appropriate resources such as the NFLPA, and to provide general support.

The NFLPA meets with players during training camp and during the season to discuss relevant issues, including injury trends, existing science, the Concussion Protocol and health-related rights under the CBA.³¹⁹ The NFLPA also sends players quarterly emails on these issues and a pamphlet concerning concussions created in collaboration with the American Academy of Neurology.³²⁰ Finally, the NFLPA is currently in the process of creating a video concerning concussions for presentation to the players.³²¹

In addition to the NFLPA's programs, beginning in 2014, the NFLPA has sponsored The Football Players Health Study at Harvard University, of which this Report is a part. The Study is a long-term research project with the goal of improving the health of NFL players, including by understanding the health consequences of an NFL career; identifying and supporting groundbreaking medical research that can benefit players; and, analyzing the legal and ethical issues affecting player health.

Finally, in 2009, the NFLPA created the Mackey-White Committee,^{ao} consisting of current players, former players, doctors, and others for the purpose of "assist[ing] the NFLPA in its development of policies concerning workplace safety and the health of NFLPA members."³²² The Mackey-White Committee has four objectives:

- identify and analyze the health and safety hazards in the NFL and recommend control measures to eliminate or reduce the risks to players from such hazards;
- (2) interpret the science related to work place injuries and conditions arising from employment in the NFL, including, without limitation, repetitive brain trauma, and to disclose the short and long term risks associated therewith, in an effort to better inform and protect NFLPA members, past, present and future;
- (3) change the culture of professional football by (i) educating players, coaches and members of the medical community about the short and long-term effects of concussions and other injuries and (ii) advocating for progressive changes, based on science, to the ways in which injuries are managed by the NFL and its Clubs whenever necessary; and
- (4) protect youth athletes by raising awareness of the risks associated with repeat concussions, and help educate our elected officials and the general public about health issues related to the professional football occupation.³²³

According to the NFLPA, the Mackey-White Committee has played an advisory role in essentially all of the NFLPA's accomplishments concerning player health and safety, including but not limited to the credentialing of medical staff, revisions to the Concussion Protocol, and the decision to fund The Football Players Health Study at Harvard University.³²⁴

Notwithstanding the programs and efforts described above, discussions and interviews with current and former players revealed a wide variety of reactions to the NFLPA. Some place the blame for any issues players face at the feet of the NFL and believe the NFLPA has fought hard to protect players. Some—former players in particular—think the

ao The Mackey-White Committee is named for Hall of Fame tight end John Mackey who was the first President of the NFLPA (1970–73), and Hall of Fame defensive end Reggie White. Both Mackey and White were lead plaintiffs in lawsuits challenging the NFL's player movement and salary restrictions.

NFLPA has failed and continues to fail to protect players.^{ap} Players sometimes express concern that the NFLPA works much harder on behalf of star players than the rank and file.^{aq} Of course, there are also many with a viewpoint somewhere in between. Below we offer a sampling of the perspectives of current players that we interviewed concerning the NFLPA,^{ar}

- Current Player 1: "I feel like they have our best interests at heart [but] I don't know if I would say they're that effective but I think . . . they're kind of limited as to what they can do for us."
- Current Player 2: "I think that they've certainly made strides in the right direction . . . but I still think that there's a long way for us to go in order to get where we'd all like to see it go."
- Current Player 3: "I think the NFLPA has done a good job because we've been in situations where we've been able to negotiate and get some things done with practice scheduling [W]hen you talk about the NFLPA, you're going to have some guys that love the PA and other guys who hate it There's no way you can make everything perfect for each individual. You just have to make it good for the whole That's just part of dealing with that many different people because if you've got 2,000 players, you've got 2,000 different situations and there's just no way that you can instantly cover each situation."
- Current Player 4: "I'm definitely not [happy with the NFLPA] It seems very disorganized I think it does not do enough to help players avoid problematic situations with financial advisors and agents I don't think they're very good as it relates to player health."^{as}
- Current Player 5: "I believe in the union and everything like that but I think in general they're not seen as doing very much for the players."
- **Current Player 6:** "I think the PA is doing a really good job. Whether that's helping guys find out their rights, whether
- ap Former Player 1: "The NFLPA is the most inept organization in professional sports. That's my personal opinion. I've had multiple dealings with the NFLPA and I have never felt so underserved I think it is an incompetent body that's basically beholden to the ownership and the NFL and they do not have the players' best interests in mind regardless of what they say." Former Player 2: "I think it's a weak union, a very weak union. I think the NFL and the owners they dominate everything." Also, in a 2014–2015 survey of 763 former players by *Newsday, Newsday* reported "many" former players "blamed the union for not looking out for them during previous collective bargaining." *See* Jim Baumbach, *Life After Football*, Newsday (Jan. 22, 2015), http://data.newsday.com/projects/sports/football/life-football/, *archived at* http://perma.cc/77DP-LUUE.
- aq Former Player 1: "They might have some of the top players, but they don't have every NFL player in mind and it's very obvious."
- ar We reiterate that our interviews were intended to be informational but not representative of all players' views, and should be read with that limitation in mind.
- as Current Player 4 did praise the NFL for offering "a number of different programs in the offseason for players."

that's offering resources like through the PA office, I'm really happy with the PA's work."

- Current Player 8: "I think there are a lot of great ideas being thrown around. I think there's a lot of movement and momentum starting." However, Current Player 8 also stated: "I am frustrated with the lack of consensus [in medical information], but I wish the PA could provide a direct source to the information."
- **Current Player 9:** "I think the PA has done a good job protecting players I'm not going to sit here and say that the PA in the past has acted always as quickly as we needed them to."
- Current Player 10: "They've done well in that they can bring the issue up, they can talk to us in our meetings about it, but I don't think they are a very big player in it to be honest The NFLPA's whole tune is always anti-establishment, basically us against them . . . but I think the NFL, in general, has done a good job by themselves with player issues in the forefront [The NFLPA] is a lot about politics and I don't know if it's always necessarily about the players first more so than some of the people in the organization."

The NFLPA's membership composition poses considerable challenges. As discussed above, the NFLPA has approximately 2,000 active members, only slightly less than the estimated 2,340 active members of the Major League Baseball Players Association, National Basketball Players Association and National Hockey League Players Association combined.³²⁵ When coupled with the fact that the average NFL player's career is generally shorter than that of players in the other leagues,³²⁶ it is clear that the NFLPA membership is a massive and constantly changing group. Members of this group are likely to have heterogeneous or in some cases conflicting interests.

There are also potential concerns about the enforcement of player health rights. Since the execution of the 2011 CBA, there have been no grievances concerning Article 39: Players' Rights to Medical Care and Treatment decided on the merits.³²⁷ Additionally, the Joint Committee on Player Safety and Welfare has only conducted one investigation concerning the medical care of a club.³²⁸ These facts suggest that either there are no problems, which seems unlikely considering the issues discussed in this Report and the contentious relationship between the NFL and NFLPA, or that there are opportunities for additional enforcement of player health provisions. Multiple contract advisors attributed the lack of enforcement to the NFLPA's relatively small legal staff. One contract advisor that we spoke with expressed the belief that "the NFLPA is severely understaffed," while another explained that in his opinion the NFLPA does a "terrible job" of policing club medical staff and enforcing player health and safety provisions of the CBA because, in part, it is "absolutely not" adequately staffed. He recommended the NFLPA have an attorney in every city where there is an NFL club to constantly monitor the club and its medical staff. Similarly, another contract advisor said it would help "100 percent" if the NFLPA hired more attorneys focused on health issues.^{at}

In addition to enforcement, questions have been raised concerning potential conflicts of interest between the NFLPA and the players. By way of background, the NFLPA routinely negotiates (or attempts to negotiate) settlements of multiple players' grievances, for appeals for Commissioner discipline, and for appeals under the Policy and Program of Substances of Abuse ("Substance Abuse Policy") and the Policy on Performance-Enhancing Substances ("PES Policy"). For example, when the parties agreed to a revised Substance Abuse Policy and PES Policy in September 2014, they also agreed to amended discipline for six players.³²⁹ Additionally, as part of the 2011 CBA, the NFL and NFLPA agreed to reduced discipline for four players involved in the "StarCaps" case, discussed above.³³⁰ Moreover, the 2014 PES Policy specifically created an "Appeals Settlement Committee" consisting of the NFL Commissioner and NFLPA Executive Director (or their designees) that has "the authority to resolve any appeal under th[e] [Steroid] Policy, which resolution shall be final and binding." Importantly, the Appeals Settlement Committee does not mention requiring the potentially suspended player's input or preference concerning a possible settlement.

Some have suggested that these settlements raise concerns that the NFLPA might favorably settle one player's case at the expense of another player's, or that the NFLPA

advances other bargaining agendas at the expense of potential settlements for players. For example, the conflict of interest issue was raised in 1996 by former Pro Bowl wide receiver Sterling Sharpe in an unsuccessful lawsuit against the NFLPA,^{au} and again by Honorable Helen G. Berrigan of the United States District Court for the Eastern District of Louisiana in 2012. In response to the "bounty" allegations from the NFL, discussed at length in Chapter 9: Coaches, the NFLPA and three of the players alleged to have been involved filed a lawsuit against the NFL in the Eastern District of Louisiana.av The NFLPA and all three players were represented by the NFLPA's longtime outside counsel Jeffrey Kessler of Winston Strawn LLP (formerly of Dewey & LeBoeuf and Weil, Gotshal & Manges LLP). Judge Berrigan expressed concern that Kessler had a conflict of interest by representing both the NFLPA and the players and ordered Kessler to show cause why he and his firm should not be disqualified.331 It would seem that Berrigan was concerned that Kessler's firm would be advocating for the interests of the NFLPA, including a potential settlement, which might not have corresponded with the interests of the players.

Kessler and the NFLPA responded by explaining that Kessler "has represented the NFLPA along with thousands of NFL players for more than 20 years in various disputes against the NFL," including "[m]ore than a hundred arbitrations . . . filed each year, plus occasional court cases."³³² Additionally, the NFLPA argued that, "[a]s a union, [it] is the exclusive collective bargaining representative of NFL players, and as such has the authority under federal labor laws to negotiate and resolve disputes on behalf of its members, both in negotiations with management and in the arbitral process."³³³

Ultimately, Judge Berrigan did not issue any reaction to the NFLPA's response and did not disqualify Kessler and his firm.

at A 2008 report prepared by the Congressional Research Service also questioned the NFLPA's ability to address player health matters at that time: "The subject of MTBI research and guidelines, in particular, raises several questions regarding whether the players association has sufficient capacity and authority to participate effectively in matters involving safety and health issues. For example, while members of the MTBI Committee have been involved in an ongoing dialogue with other professionals in the field of neurology (as documented above), it appears that the NFLPA has not commented publicly on any of the issues, such as the possible long-term effects of concussions and the possibility that multiple mild traumatic brain injuries could result in CTE." L. Elaine Halchin, Cong. Research Serv., RL34439, NFL Players: Disabilities, Benefits, and Related Issues (2008) *available at* http://digitalcommons.ilr .cornell.edu/key_workplace/525, *archived at* http://perma.cc/FT92-ECEL.

au In 1994, Sharpe suffered a career-ending injury and filed a grievance against his Club, the Green Bay Packers, seeking payment for portions of his contract. Sharpe sued the NFLPA alleging it had breached its duty of fair representation by agreeing with the NFL that Sharpe's grievance would not be expedited and would not be treated as an Injury Grievance, creating the impression with the arbitrator that the NFLPA did not believe in the legitimacy of Sharpe's case. The United States District Court for the District of Columbia dismissed Sharpe's claim as premature, since no arbitration decision had yet been rendered. Sharpe v. Nat'l Football League Players Ass'n, 941 F. Supp. 8 (D.D.C. 1996). Sharpe later voluntarily dismissed the case. Oscar Dixon, *Sharpe, Dent Suits Dismissed By Court*, USA Today, Jun. 30, 1995, *available at* 1995 WLNR 2566365.

av Christopher R. Deubert, an author of this Report, and the firm at which he formerly practiced, Peter R. Ginsberg Law, LLC, represented former New Orleans Saints player Jonathan Vilma in the "Bounty"-related legal proceedings, but was uninvolved in the issue discussed here.

(K) Enforcement of the NFLPA's Legal and Ethical Obligations^{aw}

A player's only recourse against the NFLPA is a civil lawsuit. While other claims might exist depending on the particular circumstances, lawsuits by union members against the union are generally framed as alleged breaches of the duty of fair representation. However, such claims are generally difficult to prove and have been rarely brought against the NFLPA. In addition to the *Sharpe* case mentioned above, research has only revealed two other lawsuits in which players alleged the NFLPA violated its duty of fair representation.

In *Chuy v. Nat'l Football League Players Ass'n*,³³⁴ former player Donald Chuy alleged the NFLPA breached its duty of fair representation when it refused to process Chuy's Injury Grievance against his former club (the club refused to pay Chuy after he was injured during the 1969 season). The United States District Court for the Eastern District of Pennsylvania denied the NFLPA's motion to dismiss, holding that Chuy stated a viable claim.^{ax}

The NFLPA made no public statement regarding the merits of the Concussion Litigation, provided no legal advice or guidance to players, and made no statement regarding the proposed or eventual settlement in the Concussion Litigation.

Former player James Peterson was less successful in his breach of the duty of fair representation claim against the NFLPA. In his case,³³⁵ the United States Court of Appeals for the Ninth Circuit affirmed the vacatur^{ay} of a jury verdict in Peterson's favor. Peterson alleged that, in 1977, the NFLPA and two of its lawyers failed to timely file an Injury Grievance on Peterson's behalf despite handling the matter for Peterson. The Ninth Circuit held that the NFLPA's conduct was not arbitrary, discriminatory, or in bad faith sufficient to state a claim. The court explained that, generally, acts of negligence by union officials will not state a claim for breach of the duty of fair representation.

The most significant lawsuit concerning the NFLPA's health obligations was brought in 2014. In Smith v. Nat'l Football League Players Ass'n, 336 former NFL players sued the NFLPA alleging that it had intentionally and fraudulently failed to protect them from the risk of concussions during their careers. The lawsuit was brought by some of the same attorneys involved in the Concussion Litigation against the NFL and substantially duplicated the allegations in that lawsuit. The NFLPA responded by having the case removed from Missouri state court to the United States District Court for the Eastern District of Missouri and asserting the same defense as the NFL in the Concussion Litigation – that the players' claims were preempted by the LMRA. Additionally, the NFLPA argued that the players' claims were preempted by the NLRA, *i.e.*, that the plaintiffs' claims had to be brought as breach of the duty of fair representation claims.

The NFLPA's defense in the *Smith* case was the first time the NFLPA had expressed publicly any opinion about concussion-related claims by former players. Ultimately, the court sided with the NFLPA on all counts, *i.e.*, agreed that the players' claims were preempted by the LMRA and the NLRA, and denied the plaintiffs' motion to remand the case to state court.³³⁷ After denying the motion to remand, the court granted the NFLPA's motion to dismiss the case, again finding that the players' claims were preempted.³³⁸

This case is particularly important not only because it highlights the sometimes fractious relationship between the NFLPA and former players, but also because it reveals a potential structural tension the NFLPA's self-interest and its responsibility to players. The NFLPA made no public statement regarding the merits of the Concussion Litigation against the NFL, provided no legal advice or guidance to players deciding whether to join the class action or not, offered no guidance on legal strategies most likely to be successful against the NFL, and made no statement regarding the proposed or eventual settlement in the Concussion Litigation and its adequacy.³³⁹ Some commentators opined that the NFLPA abstained from expressing any opinion about the Concussion Litigation for fear that it would highlight the NFLPA's own actions or inactions concerning concussions:

aw Appendix K is a summary of players' options to enforce legal and ethical obligations against the stakeholders discussed in this Report.

ax The result of the lawsuit is unclear.

ay "Vacatur" refers to the judicial "act of annulling or setting aside." Black's Law Dictionary (9th ed. 2009). In this case, the United States District Court for the Southern District of California set aside a jury verdict in Peterson's favor, a decision affirmed by the Ninth Circuit.

The NFLPA has kept its head low throughout the concussion litigation, in large part because none of the plaintiffs had sued the players' union—but any, some, or all of them could have sued.³⁴⁰

At a time when some are lamenting the fact that the settlement of the concussion lawsuits will prevent the public from knowing what the NFL knew and when the NFL knew it, those same questions will never be answered regarding the NFLPA. What did the NFLPA know, when did the NFLPA know it, and why didn't the NFLPA do a better job of protecting its men? [...] The simple fact is that, under the late Gene Upshaw, the NFLPA was a major part of the problem.³⁴¹ A final case worth mentioning concerns the NFLPA's Financial Advisor program (discussed at length in Chapter 13: Financial Advisors). In *Atwater v. Nat'l Football League Players Ass'n*,³⁴² six former players sued the NFLPA for losses they suffered by investing with NFLPA-registered financial advisors. The Court granted the NFLPA summary judgment,^{az} holding that the players' claims were preempted by the LMRA.^{ba}

ba Similarly, in June 2015, former NFL player Richard Goodman sued the NFLPA alleging that it was negligent and breached its fiduciary duties in regulating Goodman's former contract advisor, causing Goodman financial damages. *See* Complaint, Goodman v. Nat'l Football League Players Ass'n, No. 15011396 (Fla. Cir. Ct. June 30, 2015). Less than two weeks after it was filed, Goodman and the NFLPA settled the lawsuit on confidential terms. E-mail with Darren Heitner, Heitner Legal, P.L.L.C., Counsel for Goodman (Aug. 25, 2015).



az Summary judgment is "[a] judgment granted on a claim or defense about which there is no genuine issue of material fact and on which the movant is entitled to prevail as a matter of law." Black's Law Dictionary (9th ed. 2009).

(L) Recommendations Concerning The NFL and NFLPA

The NFL and NFLPA are clearly in a position to protect and promote player health. There is also no doubt that both parties have made significant progress on this front in recent years, and that the NFL and NFLPA offer many benefits and programs intended to help current and former players. Nevertheless, there are still many important changes the NFL and NFLPA can make that will further advance player health and likely the game of football in the process.

Before explaining our recommendations for the NFL and NFLPA, it is important to review a key principle of labor law. The NLRA obligates employers and unions to collectively bargain "in good faith with respect to wages, hours, and other terms and conditions of employment."³⁴³ Within this obligation, there is ongoing legal debate as to which issues are mandatory subjects of bargaining and which are merely permissible subjects of bargaining, *i.e.*, which subjects the NLRA requires the parties to negotiate, and which the parties are not required to negotiate but may.³⁴⁴ Some of our recommendations concern mandatory subjects of bargaining while others likely do not. We recognize the NFL and NFLPA might reasonably disagree about which issues are mandatory subjects of bargaining and thus do not intend to suggest that each of the below recommendations must be collectively bargained. We encourage collaboration between the parties but none-theless urge progress first and foremost, including where that progress can be made unilaterally.

Additionally, it is again important to remember that the NFLPA's legal duties are to current players, not former players. This is true even though the NFLPA has negotiated increased benefits and additional programs for former players many times. Indeed, beyond the NFLPA's legal duties, we recognize that many former players rely on the NFLPA for information and assistance. Nevertheless, for reasons discussed in the Introduction, Section H: Scope of the Report, our recommendations focus on current players.

Finally, there are also recommendations directly concerning the NFL and NFLPA that are made in other chapters:

- Chapter 1: Players Recommendation 1:1-G: Players should not sign any document presented to them by the NFL, an NFL club, or employee of an NFL club without discussing the document with their contract advisor, the NFLPA, their financial advisor, and/or other counsel, as appropriate.
- Chapter 2: Club Doctors Recommendation 2:1-A: The current arrangement in which club (*i.e.*, "team") medical staff, including doctors, athletic trainers, and others, have responsibilitiefos both to players and to the club presents an inherent conflict of interest. To address this problem and help ensure that players receive medical care that is as free from conflict as possible, division of responsibilities between two distinct groups of medical professionals is needed. Player care and treatment should be provided by one set of medical professionals (called the "Players' Medical Staff"), appointed by a joint committee with representation from both the NFL and NFLPA, and evaluation of players for business purposes should be done by separate medical personnel (the "Club Evaluation Doctor").
- Chapter 2: Club Doctors Recommendation 2:1-H: The NFL's Medical Sponsorship Policy should prohibit doctors or other medical service providers (MSPs) from providing consideration of any kind for the right to provide medical services to the club, exclusively or non-exclusively.
- Chapter 9: Coaches Recommendation 9:1-B: The most important ethical principles concerning coaches' practices concerning player health should be incorporated into the CBA.
- Chapter 13: Financial Advisors Recommendation 13:1-A: Players should be encouraged by the NFL, NFLPA, and contract advisors to work exclusively with NFLPA-registered financial advisors.
- Chapter 13: Financial Advisors Recommendation 13:2-A: The NFLPA and NFL should consider holding regular courses on financial issues for players.
- Chapter 13: Financial Advisors Recommendation 13:2-B: The NFL and NFLPA should consider amending the player payment schedule so that players, by default, are paid over a 12-month period.

 Chapter 14: Family Members — Recommendation 14:1-A: Family members should be cognizant of the gaps in their knowledge concerning the realities of an NFL career, and the NFL and NFLPA should offer programs or materials to help them become better health advocates.

Goal 1: To make player health a priority.

Principles Advanced: Respect; Health Primacy; Empowered Autonomy; Transparency; Managing Conflicts of Interest; Collaboration and Engagement; and, Justice.

Recommendation 7:1-A: The NFL and NFLPA should not make player health a subject of adversarial collective bargaining.

As discussed throughout this Report, collective bargaining is the principal method by which changes are made to NFL player health policies. Pursuant to federal labor law, this will and should continue to be the case. However, we do not believe that collective bargaining over player health issues should be an *adversarial* process.

We acknowledge the realities of labor negotiations and do not mean to naively suggest that the one party accept at face value every player health proposal the other might make. Nevertheless, if as part of its research or otherwise the NFL knows a policy or practice should change, it should do so without waiting for the next round of bargaining or by forcing the NFLPA to concede on some other issue. Indeed, for the NFL to demand a quid pro quo in exchange for improving player health policies or practices would be ethically problematic. For player health to be maximized, it is important that the NFL view the issue as an independent obligation of its own, rather than an issue to be forced upon it. Similarly, the NFLPA should not delay on addressing player health issues in order to advance other collective bargaining issues. We hope the NFL and NFLPA have adopted and will in the future adopt this attitude toward collective bargaining.

Relatedly, the NFL should also more substantially engage with current players about player health issues, including incorporating their input on some of the NFL's committees.

Recommendation 7:1-B: The NFL and NFLPA should continue to undertake and support efforts to scientifically and reliably establish the health risks and benefits of playing professional football.^{bb}

The MTBI Committee's work is widely considered to have been flawed and incorrect in many ways. Since overhauling that Committee in 2009, the NFL has committed funds to several external organizations primarily to study traumatic brain injury, including but not limited to providing \$1 million to Boston University in 2010³⁴⁵ and \$30 million to the National Institutes of Health (NIH) in 2012, \$6 million of which, according to the NFL, was eventually awarded to Boston University.^{346,bc} In total, the NFL stated that "over the past six years the NFL has dedicated more than \$93 million in funds for scientific and medical research."³⁴⁷ Research concerning brain injuries is very important. In addition, as we have

bb Dr. Elizabeth Nabel, the NFL's Chief Health and Medical Adviser, has also recommended that the NFL continue to fund medical research concerning player health. See Ben Tinker, CNN exclusive: NFL's first medical adviser sits down with Dr. Sanjay Gupta, CNN (Aug. 4, 2015), http://www.cnn.com/2015/08/04/health/nfl-health-chief-interview/, archived at http://perma.cc/CR8S-898C.

bc The funds to NIH might also be used for studying health conditions other than brain injuries, but the focus of the study is clearly on brain injuries. See The National Football League Commits \$30 Million Donation to the Foundation for the National Institutes of Health to Support Medical Research, Nat'l Insts. of Health (Sept. 5, 2012), http://www.nih .gov/news/health/sep2012/od-05.htm, archived at http://perma.cc/LR65-9CYR.

emphasized in this Report, it is important to focus on the health of the whole player for the whole lifetime, which means also supporting research in other health domains. Without knowing the actual results of a football career, it is difficult to craft policies and practices that can maximize player health. On this point, the NFL has funded studies derived from data collected from medical screenings of 3,599 former players through the Player Care Foundation³⁴⁸ and the NFLPA has awarded funding to Harvard University for The Football Players Health Study at Harvard University. Research on these issues should continue.

We also emphasize the importance of studying and better articulating the benefits of playing professional football. On this point, we agree with the NFL:

Football is a sport that truly unites people. Our players feel connected to their team, their community and their fans. They are taking part in a cultural institution in this country that provides inspiration and joy to millions of people. While those are not financial benefits, those are benefits that provide our players with tremendous personal satisfaction and value, and should not be overlooked[.]³⁴⁹

Better understanding of both the risks and benefits of playing professional football will help to empower players in making choices about football and their health.

Recommendation 7:1-C: The NFL, and to the extent possible, the NFLPA, should: (a) continue to improve its robust collection of aggregate injury data; (b) continue to have qualified professionals analyze the injury data; and, (c) make the data publicly available for re-analysis.

As explained in Chapter 1: Players, the NFL Injury Surveillance System (NFLISS) allows for the accumulation of current information about the nature, duration, and cause of player injuries. Also as stated in Chapter 1, we rely on NFLISS data in this Report because it provides the best available data concerning player injuries, although we cannot independently verify the data's accuracy. We acknowledge that the NFL's past injury reporting and data analysis have been publicly criticized as incomplete, biased, or otherwise problematic, although we are not aware of any criticism of the NFLISS specifically.³⁵⁰ Without resolving the debate concerning the NFL's collection and use of injury data, we nonetheless stress the importance of accurate, comprehensive, and mandatory injury data collection—and meaningful disciplinary action for responsible parties (e.g., club medical staff) who fail to accurately record injury data.

If accurately collected, these datasets have the potential to improve player health through analysis by qualified experts, so long as they are made available to them. In particular, analysis can be performed to determine, among other things, the effects of rule changes, practice habits, scheduling, new equipment, and certain treatments, while also identifying promising or discouraging trends and injury types in need of additional focus.³⁵¹ Notably, the NFL already conducts this type of analysis through Quintiles, as explained in Chapter 1: Players.^{bd} However, the NFL does not publicly release its injury data (nor does any other major professional league as far as we are aware). The NFL does release some data at its annual Health & Safety Press Conference at the Super Bowl. However, the data released at the Press Conference are minimal compared to the data available and the analyses performed by Quintiles. Also as explained in Chapter 1: Players, the NFL and NFLPA denied our request to incorporate additional data from the 2015 Quintiles report into this Report, for reasons with which we disagree. It is regrettable that both the NFL and NFLPA are not providing players with all data and information concerning player health that is in their possession.

bd The Football Players Health Study is also collecting data about former NFL players, their injury histories, and other factors that can help better elucidate the risks faced by players.

For the data collected to have the potential meaningful applications mentioned above, it must be made available in a form as close to its entirety as possible. Such disclosure would permit academics, journalists, fans, and others to scrutinize and analyze the data in any number of ways, likely elucidating statistical events, trends and figures that have the opportunity to improve player health, as well as simply providing independent verification of any analysis done by Quintiles for added public trust. To be clear we are recommending the release of more *aggregate* data, not data that could lead to identification of the injuries of any particular player or cause problems concerning gambling (*see* Chapter 18: Fans).

Publicly releasing injury data, nevertheless, comes with complications that we must acknowledge. While more transparency in injury reporting is necessary, the nuances of such data can easily be lost on those without proper training. Sports injury prevention priorities in public health can be swayed by public opinion and heavily influenced by those with the most media coverage. Making injury data publically available may allow those with the media access to dictate the agenda regardless of the actual implications of the data. As a result, it may be harder for injury trends that may be more hazardous, but less visible in the media, to get the attention they need, even when the data clearly state their importance. Thoughtful, balanced, peer-review results may have difficulty competing against those statistics which garner the most media attention. For this and other reasons, in Chapter 17: The Media, we recommended that "[t]he media should be accurate, balanced, and comprehensive in its reporting on player health issues." The medical, scientific and legal issues concerning player health are extremely complicated, which demands that the media take care to avoid making assertions that are not supported or that do not account for the intricacies and nuance of medicine, science and the law.

In light of these concerns, one possible intermediate solution is to create a committee of experts that can review requests for data and determine whether or not the usage of the data is appropriate and will advance player health. Indeed, the Datalys Center for Sports Injury Research and Prevention performs this role concerning access to NCAA student-athlete injury data.³⁵² Moreover, such committees have also been formed in the clinical research setting.³⁵³

Recommendation 7:1-D: The NFL and NFLPA should publicly release de-identified, aggregate data from the Accountability and Care Committee's player surveys concerning the adequacy of players' medical care.

As discussed earlier, as part of the 2011 CBA, the NFL and NFLPA created a joint Accountability and Care Committee (ACC), which is to "provide advice and guidance regarding the provision of preventive, medical, surgical, and rehabilitative care for players[.]"³⁵⁴ Among the ACC's responsibilities is to "conduct a confidential player survey at least once every two years to solicit the players' input and opinion regarding the adequacy of medical care provided by their respective medical and training staffs and commission independent analysis of the results of such surveys." Despite the provisions of the CBA, the first survey was not conducted until 2015.³⁵⁵ Moreover, no results of the survey have been made public.

We believe de-identified aggregate data from the results from the 2015 survey and all subsequent surveys should be made public, or at least made available to appropriate outside researchers. As discussed at length in Chapter 2: Club Doctors and Chapter 3: Athletic Trainers, there are serious questions concerning the relationship between club medical staff and players, including the possibility that at least some players do not trust the club medical staff—a serious concern for the efficacy of the patient-doctor relationship. Independent research on these issues is important, as it can allow qualified experts to analyze the data and identify potential areas of improvement. Nevertheless, as evidenced by the challenges in our own work, engaging players and club medical staff (including NFL permission) to participate in a research study is extremely difficult. The NFL and NFLPA have these data sets and thus can make them public to facilitate additional research.

This recommendation is reiterated in a forthcoming Special Report from The Hastings Center Report, to be published in December 2016.

The NFL denied our request for this data, citing a confidentiality agreement between the NFL and NFLPA. The NFL explained

[u]nder the terms of the confidentiality agreement, the results of the survey were provided to only certain, specifically-named individuals at the League and the Players Association and to certain individuals at each club, who are bound by the terms of the agreement. The results were collected, tabulated and analyzed by the survey company which then met with the NFL and NFLPA to discuss the results. Representatives of many of the clubs, the NFL and the NFLPA have also met to discuss the results of the survey and to share best practices regarding player medical care as part of their ongoing efforts in this realm. These best practices will be further discussed when the representatives of the NFL and NFLPA (including the NFLPA's Medical Director) visit training camps to meet with club medical staffs this summer, as they do every year.

For the reasons stated above, we believe it is important that this data be analyzed beyond a small group of people at the NFL, NFLPA and NFL clubs.

Recommendation 7:1-E: Players diagnosed with a concussion should be placed on a short-term injured reserve list whereby the player does not count against the Active/ Inactive 53-man roster until he is cleared to play by the Concussion Protocol (see Appendix A).

For each game, NFL clubs must divide their 53-man rosters into 46 active players, those eligible to play in the game, and 7 inactive players, those who cannot play in the game.³⁵⁶ There is no limitation on how often a player can be declared inactive. While concussed players can be declared inactive for one or more games, we believe concussions present a unique situation that requires a unique approach.

According to the leading experts, 80 to 90 percent of concussions are resolved within 7 to 10 days.³³⁷ Thus, concussion symptoms persist for longer than 10 days for approximately 10 to 20 percent of athletes. In addition, a variety of factors can modify the concussion recovery period, such as the loss of consciousness, past concussion history, medications, and the player's style of play.³⁵⁸ Consequently, a player's recovery time from a concussion can easily range from no games to several. The uncertain recovery times create pressure on the player, club, and club doctor. Each roster spot is valuable and clubs constantly add and drop players to ensure they have the roster that gives them the greatest chance to win each game day. As a result of the uncertain recovery times, clubs might debate whether they need to replace the player for that week or longer. The club doctor and player might also then feel pressure for the player to return to play as soon as possible. By exempting a concussed player from the 53-man roster, the club has the opportunity to sign a short-term replacement player in the event the concussed player is unable to play. At the same time, the player and club doctor would have some of the return-to-play pressure removed.³⁵⁹

In fact, MLB already has such a policy. MLB has a 7-day Disabled List (as compared to its normal 15 and 60 day Disabled Lists) "solely for the placement of players who suffer a concussion."³⁶⁰

Why treat concussions differently than other injuries in this respect? This is a fair question to which there are a few plausible responses. First, in terms of the perception of the game by fans, concussions have clearly received more attention than any of the other injuries NFL players might experience and thus the future of the game depends more critically on adequately protecting players who suffer from them. Second, concussions are harder to diagnose than other injuries, such that there may be a period of uncertainty in which it would be appropriate to err on the side of caution.³⁶¹ Third, both players and medical professionals have more difficulty anticipating the long-term effects of concussions as compared

to other injuries, given current scientific uncertainties concerning brain injury.³⁶² Fourth, and perhaps most importantly, it is harder to determine the appropriate recovery times for concussions as compared to other injuries.³⁶³ These reasons all support a recommendation to exclude concussed players from a club's Active/Inactive roster, but we recognize that the key feature of players potentially feeling or facing pressure to return before full recovery may be shared across any injury a player may experience. Thus, it may also be reasonable to consider extending this recommendation beyond concussions.^{be}

In reviewing a draft of this Report, the NFL argued that "[t]he current NFL roster rules actually provide greater flexibility" than is recommended here.³⁶⁴ The NFL explained that because "[t]here is no limitation on how long a player may be carried on the 53-man roster throughout the season without being 'activated,' . . . a player who is concussed routinely is carried on his club's 53-man roster without being activated until he is cleared."³⁶⁵ However, for the reasons explained above, we believe concussions should be treated differently. All 53 spots on the roster are precious to both the club and the players. The uncertainty surrounding recovery from a concussion presents unique pressures that can be lessened with the approach recommended here.

Recommendation 7:1-F: The NFL and NFLPA should research the consequences and feasibility of guaranteeing more of players' compensation as a way to protect player health.

Guaranteed compensation in the NFL is a complicated issue, and we are not making a recommendation that NFL player contracts be fully guaranteed, as is generally the case in MLB, the NBA and, to a lesser extent, the NHL. Many people, particularly some players, feel that fully guaranteeing a player's contract is a fair trade for the health risks players undertake, a notion consistent with our ethical principle of Respect. More important for our purposes here, focused on protecting and promoting player health, is that, if a player's contract were fully guaranteed, he would likely feel less pressure to play through injuries in an effort to continually prove himself to the club,³⁶⁶ a notion consistent with our ethical principle of Health Primacy.^{bf} Relatedly, job and income insecurity likely cause stress and psychological harm for some players. However, we have concerns about the possibility of unintended consequences, as well as the feasibility, of such a recommendation to fully guarantee player compensation.

To understand these concerns, a brief explanation of guaranteed compensation in the NFL is important. Generally, NFL clubs are permitted to terminate a player's contract without any further financial obligation to the player for five reasons:

- (1) the player "has failed to establish or maintain [his] excellent physical condition to the satisfaction of the Club physician";
- (2) the player has "failed to make a full and complete disclosure of [his] physical or mental condition during a physical examination";
- (3) "[i]n the judgment of the Club, [the player's] skill or performance has been unsatisfactory as compared with that of other players competing for positions on the Club's roster";
- (4) the player has "engaged in personal conduct which, in the reasonable judgment of the Club, adversely reflects on the Club"; and,
- (5) "[i]n the Club's opinion, [the player is] reasonably anticipated to make less of a contribution to the Club's ability to compete on the playing field than another player or players whom the Club intends to sign or attempts to sign, or already on the roster of the Club, and for whom the Club needs Room."³⁶⁷

be We recognize that this new injured reserve list is subject to gaming by clubs, whereby a club might designate a player as concussed in order to add another player and effectively expand the roster. We do not view this this concern to be sufficient to outweigh the health benefits of the proposal. Moreover, all injury lists are subject to some risk of being gamed in this manner, and thus the issue is not unique to what we propose.

bf In reviewing a draft of the Chapter 14: Family Members, the wife of a former NFL player stated: "if you don't have any guarantees in your contract and you are a game or practice away from being released/fired, you are less likely to take on the role of a change agent[.]"

Players and their contract advisors seek to curtail the clubs' termination rights as to individual players by negotiating for some of the player's compensation to be guaranteed. Guaranteed compensation takes a wide variety of forms (most notably in signing bonuses),³⁶⁸ but generally players and their contract advisors seek to guarantee the player's contract even where he is terminated for "injury," "skill" or "Salary Cap." An "injury" guarantee will protect against the first reason listed above for which clubs can generally terminate a player's contract; a "skill" guarantee will protect against the third reason, and a "Salary Cap" guarantee will protect against the fifth reason. A player might have all or just some seasons of his contract guarantee for skill, injury and/or Salary Cap. In addition, there are other mechanisms in the CBA that can effectively guarantee some or all of a player's salary, including Injury Protection^{bg} and Termination Pay.^{bh}

Generally, players and their contract advisors seek to obtain as much guaranteed money as possible in contract negotiations. Guaranteed compensation provides the player with a secure income that is otherwise typically threatened by injury. However, there are times when a player might not want to sign the contract that offers him the most money, guaranteed or unguaranteed. Younger players might eschew the last year or two of a contract and the money that comes with it in favor of a shorter contract. In doing so, the player is hoping or expecting that he will be able to complete the shorter contract, re-enter the free agency market and sign another contract. Such decisions are obviously risky—the player's career might end for skill or health reasons under the shorter contract and the player will never have another chance at another contract. However, if the player is healthy, securing a second free agent contract can be lucrative.

From a club's perspective, guaranteed compensation is something to be avoided. Guaranteeing all or a portion of a player's contract commits the club to a player financially, regardless of whether the player performs poorly under the contract or suffers a career threatening injury. Nevertheless, clubs often agree to guarantee compensation to players to persuade them to join or stay with the club.

Changes to the Salary Cap rules as part of the 2011 CBA potentially increased the use of guaranteed money. Technically, whether a player's compensation is guaranteed has no effect on the Salary Cap—a club is limited to a certain amount of player compensation costs regardless of whether that amount is guaranteed or unguaranteed. Importantly, the amount of player salary that is counted against a club's Salary Cap does not necessarily reflect the amount actually being paid to players. As a result of the Salary Cap's accounting rules, in any given year a significant portion of a club's Salary Cap allocation might be consumed by charges that do not actually reflect a payment being made from the club to players. However, the 2011 CBA addressed this discrepancy by adding a requirement that clubs spend a certain amount of the Salary Cap in cash, that is, actual payments to the players, regardless of the accounting rules. Probably the easiest way for a club to ensure that it spends a sufficient amount in cash is to pay lump sum signing bonuses. Signing bonuses are the most traditional form of guaranteed compensation.

The website spotrac.com provides the most reliable publicly available data on player contracts. Using data from spotrac.com during week 2 of the 2015 regular season, approximately 44 percent of all contracted compensation was guaranteed. Importantly, this statistic represented the aggregate of player contracts, but does not necessarily reflect any single player's contract. On that front, approximately 70 percent of players had at least some guaranteed compensation in their contract and the average amount of guaranteed compensation in an NFL player contract was \$3.4 million. Additionally, 251 players had a contract that included at least \$10 million in guaranteed compensation and 740 players had a contract that included at least \$10 million.

In recent years, the percentage of an NFL player's contract that is guaranteed appears to have risen. Although the scope of the guarantees is sometimes debated,³⁶⁹ it is not uncommon for marquee players to sign contracts that guarantee 50

bg Where a player is injured in one season, fails the preseason physical the next season because of that injury, and is terminated by the club as a result, the player is entitled to 50 percent of his salary for that season up to a maximum of \$1.1 million in the 2015 season. If the player is still physically unable to play two seasons after the injury, he is entitled to 30 percent of his salary up to a maximum for \$525,000 in 2015. A player is only entitled to lnjury Protection once in his career. *See* 2011 CBA, Art. 45.

bh A player with at least four years of experience who has his contract terminated after the first game of the season is entitled to the remainder of his salary for that season once in his career. 2011 CBA, Art. 30.

percent or more of their compensation.³⁷⁰ Moreover, the 2011 CBA significantly curtailed rookie compensation, cutting the amount top draft picks earned by more than 50 percent.³⁷¹ In exchange, however, many first round draft picks' contracts are now fully guaranteed.³⁷²

The NFLPA has also expressed mixed views about the existence of guaranteed contracts. In a 2002 editorial in *The Washington Post*, then-NFLPA Executive Director Gene Upshaw acknowledged that the possibility of guaranteed contracts "is severely undermined by the risk of a career-ending injury" and touted the benefits available to players as an alternative.³⁷³ Then, in two reports issued by the NFLPA in or about 2002 and 2007 respectively, the NFLPA asserted that NFL player compensation is, in fact, largely guaranteed by explaining that more than half of all compensation paid to players is guaranteed.³⁷⁴ However, importantly, this statistic does not mean that half of all compensation contracted was guaranteed — indeed, as discussed above, approximately 44 percent of all contracted compensation is guaranteed. Players are often paid guaranteed money (*e.g.*, a signing bonus or roster bonus) in the first or second year of the contract only to have the base salaries (the unguaranteed portions) in the later years of the contract go unpaid because the player's contract was terminated.

With this background in mind, there are several reasons why fully guaranteed compensation might not be beneficial to players collectively. First, while fully guaranteed contracts might be good for the players that receive them, it could result in many players not receiving any contract at all. If clubs were forced to retain a player of diminishing skill because his contract was guaranteed, a younger or less proven player might never get the opportunity to sign with the club.³⁷⁵ Relatedly, clubs might continue to provide playing opportunities to the players with larger contracts in order to justify those contracts, preventing younger players from establishing themselves as starting or star players and earning higher salaries. It is also likely that under a system of guaranteed compensation, player salaries would decrease (at least in the short-term), particularly the salaries of the highest paid players and players who are less certain to add value to a roster, as clubs would be more cautious about taking on the financial liabilities, especially given the Salary Cap in place in the NFL. Similarly, clubs also may seek to minimize their financial liabilities by reducing roster sizes, which might cost marginal players their jobs, while again reducing opportunities for young or unproven players to join a club.

Clearly this is a complex issue, with the potential for substantial unintended consequences. Thus, we recognize the likely health value of guaranteed contracts, while simultaneously recognizing that it may not be the right solution for all players. Importantly, as discussed above, players who value a contractual guarantee over potentially higher but uncertain compensation may negotiate for that protection individually, as many currently do. Moreover, we expect that other recommendations made throughout this Report, including key recommendations related to the medical professionals who care for players, will make great strides toward protecting and promoting player health such that guaranteed compensation will be less critical for that purpose.

There are also logistical challenges to implementing fully guaranteed contracts. The finances and operations of the NFL and its clubs are greatly intertwined with the fact that NFL contracts have never been fully guaranteed. Since 1993, NFL clubs have had to comply with a strict Salary Cap that necessarily influences the types of contracts clubs are willing to offer, including the possibility of guaranteed compensation. Fully guaranteed contracts would be a fundamental and monumental alteration to the current business of the NFL that, at a minimum, would require a gradual phasing in process.^{bi}

It is possible that a rate of guaranteed contracts less than 100 percent but more than the current 44 percent is also optimal. Given the varying factors to be weighed and considered, it is not clear percentage of guaranteed compensation would maximize player health for the most NFL players.

bi For example, one rule that would likely have to be removed is the NFL's requirement that clubs deposit into a separate account the present value, less \$2 million, of guaranteed compensation to be paid in future years. 2011 CBA, Art. 26 § 9. Peer reviewer and former NFL club executive Andrew Brandt believes clubs "hide behind" the funding rule to avoid guaranteeing player compensation, and have been largely successful in doing so. Andrew Brandt, Supplemental Peer Review Response (Nov. 6, 2015).

Ultimately, we recommend further research into this question, including player and club perspectives, economic and actuarial analysis, and comprehensive consideration of the relevant trade-offs, ramifications, and potential externalities. In the meantime, we note that the trend toward greater use of contractual guarantees can help promote player health and allow individual negotiation by players based on their own goals and priorities.

Goal 2: To ensure that there are effective enforcement mechanisms when players' rights related to health are violated.

Principles Advanced: Respect; Health Primacy; and, Justice.

Recommendation 7:2-A: The CBA should be amended to provide for meaningful fines for any club or person found to have violated Sections 1 through 6 of Article 39 of the CBA.

Sections 1 through 6 of Article 39 contain a multitude of rules for clubs and club medical providers concerning player healthcare (*see* Appendix F). However, Article 39 does not contain any enforcement mechanisms. While the NFLPA or players could bring a Non-Injury Grievance or request an investigation before the Joint Committee (discussed in greater detail in Chapter 2: Club Doctors and Chapter 8: NFL Clubs), these processes are more likely to result in remedial and not financial action, particularly if no player has suffered distinct damage from the violation.³⁷⁶ Additionally, Recommendation 2:2-A in the Club Doctors Chapter proposed a system of arbitration for resolving disputes between players, it should not be viewed as the exclusive enforcement mechanism against club doctors and other employees. Clubs and club medical providers should be penalized for violating the player healthcare provisions regardless of whether their bad acts result in clear and compensable harm to a player.^{bj} Indeed, the CBA contains many provisions that permit fines without evidence of actual harm.³⁷⁷ If Article 39 is to be maximally effective, it should contain a fine system sufficient to deter violations and punish violators.³⁷⁸

There is precedent for our recommendation. Prior to the 2016 season, the NFL and NFLPA agreed to a disciplinary scheme and process for violations of the Concussion Protocol.³⁷⁹ Under the agreement, both the NFL and NFLPA have the power to submit potential violations of the Concussion Protocol to a third-party arbitrator for evaluation.³⁸⁰ The arbitrator then will issue a report to the Commissioner who can issue fines or strip the club of draft picks depending on the severity of the violation.³⁸¹ The Commissioner nevertheless retains "absolute discretion" to determine the penalties.³⁸² Article 39, like the Concussion Protocol, is deserving of meaningful discipline in the event of noncompliance.

Recommendation 7:2-B: The statute of limitations on filing Non-Injury Grievances, at least insofar as they are health-related, should be extended.^{bk}

bk The focus of this Report is on player health issues and thus we do not specifically address Non-Injury Grievances outside of the health context.

bj An instructive example occurred during the 2015 NFL season. During week 11, St. Louis Rams quarterback Case Keenum sustained a head injury and noticeably had trouble walking after a play. A Rams trainer went on to the field to check on Keenum but did not remove Keenum from the game to undergo a concussion evaluation. Keenum was later diagnosed with a concussion. The NFL investigated the incident and the Rams' apparent mishandling of the Concussion Protocol but did not impose any discipline against the Rams or their medical staff. See Mike Florio, Report: Rams won't be penalized for concussion debacle, ProFootballTalk (Nov. 29, 2015, 8:12 AM), http://profootballtalk.nbcsports.com/2015/11/29/report-rams-wont-be-penalized-for-keenum-concussion-debacle/, archived at http://perma.cc/WR62-VQT2; Darin Gantt, NFL has conference call to remind all teams of concussion protocol, ProFootballTalk (Nov. 25, 2015, 12:09 PM), http://profootballtalk.nbcsports.com/2015/11/25/nfl-has-conference-call-to-remind-all-teams-of -concussion-protocol/, archived at http://perma.cc/WR62-VQT2; Darin Gantt, NFL has conference call-to remind-all-teams-of -concussion-protocol/, archived at http://perma.cc/R3D-M4S3. Weeks later, it was announced that clubs would be disciplined (including fines or suspensions) for future violations of injury protocols. Darin Gantt, NFL to fine, suspend teams who don't follow injury protocols, ProFootballTalk (Dec. 17, 2015, 6:00 AM), http://profootballtalk.nbcsports.com /2015/12/17/nfl-to-fine-suspend-teams-who-dont-follow-injury-protocols/, archived at http://profootballTalk (Dec. 17, 2015, 6:00 AM), http://profootballtalk.nbcsports.com /2015/12/17/nfl-to-fine-suspend-teams-who-dont-follow-injury-protocols/, archived at http://profootballTalk (Dec. 17, 2015, 6:00 AM), http://profootballtalk.nbcsports.com /2015/12/17/nfl-to-fine-suspend-teams-who-dont-follow-injury-protocols/, archived at http://profootballTalk (Dec. 17, 2015, 6:00 AM), http://profootballtalk.nbcsports.com /2015/12/17/nfl-to-fine-suspend-t

The rights afforded to players under the CBA are only meaningful if there is meaningful enforcement. Nevertheless, there are at most a few health-related Non-Injury Grievances each year. This may be a result of few problems actually occurring, but it may alternatively reflect player concern about losing their job or status with the club. In particular, a player may fear that filing a Non-Injury Grievance would jeopardize the player's career, therefore causing him to forego the opportunity to pursue viable claims.^{bl} Discussions with contract advisors confirmed that filing a Non-Injury Grievance is generally not considered a viable option because of the likely effect on the player.

Currently, players have 50 days "from the date of the occurrence or non-occurrence upon which the grievance is based . . . or from the date on which the facts of the matter became known or reasonably should have been known" to file a Non-Injury Grievance.^{bm} Setting a statute of limitations always requires trading-off protecting the injured party against the other side's interests in preserving evidence. There are tough judgment calls to be made in some cases, but the statute of limitations in this case is clearly too short to be fair. This statute of limitations is far shorter than the two- or three-year statute of limitations typical to negligence or medical malpractice actions under most states laws.³⁸³ Moreover, unless the player has left the club very close to the date of the action or omission that gave rise to the grievance, the player is unlikely to pursue a timely grievance.

We propose that the statute of limitations for Non-Injury Grievances be the latest of: (1) one year from the date of the occurrence or non-occurrence upon which the grievance is based; (2) one year from the date on which the facts of the matter became known or reasonably should have been known; or, (3) 90 days from the date of the player's separation^{bn} from the club, provided the Non-Injury Grievance is filed within three years from the date of the occurrence or non-occurrence upon which the grievance is based.

The problem with the current short statutes of limitations on grievances is evident in the Concussion Litigation. The NFL's principal defense in the Concussion Litigation was that the players' claims were preempted by the LMRA---in other words, that the players' claims were required to be brought as grievances under the CBA and not in court. Had the NFL succeeded (the case was ultimately settled) and the players faced arbitration, they would have had great difficulty due to the short statute of limitations on Non-Injury Grievances, which would likely have barred their claims.³⁸⁴ If the NFL's position is that these kinds of claims are preempted and should instead be arbitrated, it must allow for a fair Non-Injury Grievance process, including a fairer statute of limitations. The proposed statute of limitations would provide players a meaningful opportunity to consider their options and pursue claims for wrongs committed in arbitration without jeopardizing their often tenuous careers.

Goal 3: To improve player access to and understanding of their health rights and benefits.

Principles Advanced: Respect; Empowered Autonomy; Transparency; Collaboration and Engagement; and, Justice.

Recommendation 7:3-A: The NFL and NFLPA should continue and improve efforts to educate players about the variety of programs and benefits available to them.

bm 2011 CBA, Art. 43 § 3. Other American professional sports leagues have similar statutes of limitations: the NBA provides 30 days, 2011 NBA CBA, Art. XXXI; MLB provides 45 days, 2012 MLB CBA, Art. XI; and, the NHL provides 60 days, 2013 NHL CBA, Art. 17. However, the CFL permits players one year to initiate grievance. 2014 CFL CBA, § 4.02.
 bn Separation would include the club terminating the player's contract, the expiration of the player's contract or the player's filing of retirement papers with the NFL.

bl Current Player 8: "You don't have the gall to stand against your franchise and say 'They mistreated me."... I, still today, going into my eighth year, am afraid to file a grievance, or do anything like that[.]" While it is illegal for an employer to retaliate against an employee for filing a grievance pursuant to a CBA, *N.L.R.B. v. City Disposal Systems Inc.*, 465 U.S. 822, 835–36 (1984), such litigation would involve substantial time and money for an uncertain outcome.

As discussed above and detailed in Appendices C and D, the NFL and NFLPA offer many benefits and programs to current and former players to help them on a wide spectrum of issues, including most importantly healthcare and career-related guidance. However, it appears that many players are not taking full advantage of these programs.^{bo}

The NFL and NFLPA both make some efforts to address this problem.

In comments provided to us, the NFL explained that "[t]he NFL Retirement Plan now sends out one mailing that summarizes all potential benefits. There is also one telephone number that will direct a player to the appropriate resource. Finally, retired players may access all of the relevant information at www.MyGoalLine.com."³⁸⁵

As for the NFLPA, at the conclusion of each season, the NFLPA provides the contract advisors an "End of Season Player Checklist." The Checklist is a multi-page document summarizing many of the players' important rights, benefits, and opportunities, such as obtaining medical records, obtaining second medical opinions, filing for workers' compensation, Injury Protection or disability benefits, understanding their insurance options, understanding off-season compliance with the Policies on Performance-Enhancing Substances and Substances of Abuse, and preparing for life after football by engaging the benefits and programs offered by the NFL and NFLPA. Contract advisors are required to provide the Checklist to all of their clients and certify in writing to the NFLPA that they have discussed the contents with their clients. In short, the Checklist is an excellent document and the NFLPA should be commended for its creation and use. Similarly, the NFLPA has on its website a Benefits Book, summarizing the various benefit plans. Nevertheless, it is unclear if these documents are ever provided directly to the player.

Each preseason every player should be given a manual that lists and explains all of the different programs and benefits for which they are eligible, either through the NFL, NFLPA, or otherwise. Players should receive the manual again whenever their contract is terminated and again at or near the conclusion of the season. Providing the manual near the conclusion of the season is important because many useful programs and seminars are conducted during the offseason. We further recommend that this manual be a joint creation of the NFL and NFLPA, and that an electronic copy be provided to every contract advisor and financial advisor so they can advise their clients accordingly.

The NFL already does create a document along these lines, entitled the Player Engagement Resource Guide, which lists and describes current and former player programs and resources.³⁸⁶

The above-mentioned efforts to inform players about these programs and benefits are steps in the right direction. However, they do not appear to have been fully successful, a problem with which many employers struggle. In interviews we conducted, current and former players were generally unclear and unsure about what information they had received. Although this is also a responsibility of the players, there is room for additional ideas and efforts in this area by the NFL and NFLPA.

We believe the NFL and NFLPA should make all benefit and retirement plans publicly available on their websites. Information about NFL player benefits is made available to players by the NFL and NFLPA through the website mygoalline.com, and to contract advisors and financial advisors through the NFLPA's website. However, players can only access mygoalline. com with a username and password, the full plan documents are not readily available to contract advisors and financial advisors, and neither the NFL nor the NFLPA websites otherwise make publicly available information about any of the various benefit and retirement programs that are available to NFL players. These plans should be readily available so that current, former, and future players, player family members, and other trusted advisors can review them to assist players. Public access will also allow academics, government officials, and others with an interest in the topic to review the plans and potentially make recommendations that would improve the plans and players' health.

bo Indeed, in a 2014 interview, Troy Vincent, a former Pro Bowl cornerback and former President of the NFLPA who is now the NFL's Executive Vice President of Football Operations, explained that the NFL's Player Care Foundation offers former players comprehensive medical examinations free of charge but that "the lines are empty." Jim Baumbach, *Life After Football*, Newsday, Jan. 25, 2015, *available at* 2015 WLNR 2381142.

Finally, bare provision of information and documents to the players is not sufficient. Although players are ultimately responsible for taking advantage of benefits available to them, we know from behavioral science that too much information can be overwhelming^{bp} and that certain approaches are more likely to result in comprehension and action. The NFL and NFLPA must work together (including potentially with experts in behavioral science) to ensure that the information being provided to the players is understandable, digestible, and actionable and that the players are actually processing the information. This will likely require substantial investments in education along with attempts to monitor whether players understand what they are being told. For example, quizzes after providing information, as are sometimes used in clinical trial informed consent, are one method of ensuring players are taking the information provided to them seriously.

Recommendation 7:3-B: The NFL and NFLPA should undertake a comprehensive actuarial and choice architecture analysis of the various benefit and retirement programs to ensure they are maximally beneficial to players.

Choice architecture refers to the ways in which choices are presented to consumers.³⁸⁷ A common and relevant choice architecture example is constructing retirement plans such that employees are automatically enrolled in them but allowed to opt out if they so choose, which has the effect of "nudging" individuals into more sensible amounts of retirement savings.³⁸⁸ According to Aon Hewitt, one of the world's leading human resources consulting firms, 61.7 percent of firms automatically enroll employees in retirement plans.³⁸⁹ In addition to auto-enrollment, there are several other relevant choice architecture constructs, including claims processes, required documentation, payment schedules, notifications and assumptions about age, marital and dependent status, income, and other information. A comprehensive analysis of how the NFL and NFLPA benefit and retirement programs are configured from a choice architecture perspective will help ensure that the maximum number of players are receiving the benefits to which they are entitled and in a manner that is most helpful to them.

Recommendation 7:3-C: The purpose of certain health-related committees should be clarified and their powers expanded.

As is discussed in the Enforcement section of various stakeholder chapters, players generally have three options within the confines of the CBA concerning healthcare-related problems they can file: (1) a Non-Injury Grievance; (2) a complaint with the ACC; or (3) a complaint with the Joint Committee. While a Non-Injury Grievance can provide a player the opportunity to be compensated for a wide variety of wrongs, the Joint Committee and ACC are both supposed to be responsible for player health matters, including the possibility of conducting investigations. However, the authority of these Committees is unclear.

The Joint Committee has the authority to initiate an investigation run by neutral doctors, but the Joint Committee is only obligated to "act[] upon" the doctors' recommendations, which is somewhat vague. It is unclear what it means for the Joint Committee to "act[] upon" the recommendations and there is nothing binding the NFL or the clubs to "act[] upon" the doctors' recommendations.

The ACC is even weaker than the Joint Committee. The ACC merely refers complaints to the NFL and the club involved and the NFL and the club are then free to "determine an appropriate response."

bp Current Player 10: "Unfortunately, advice from agents and especially the NFLPA in a long meeting with lots of information falls on deaf ears most times. Players don't care about this information until it pertains to them."

At least one of the committees should have the ability to conduct a thorough investigation and/or hold a hearing and make binding their findings and recommendations. If the responsible parties fail to comply with the recommendations, they should be meaningfully fined until there is compliance.

The purpose of the committees should also be clarified to differentiate them from a Non-Injury Grievance. The current advantage of the committees from the players' perspective is that complaints to the committees are not subject to the strict 50-day statute of limitations for Non-Injury Grievances. Additionally, the committees consist generally of persons working in the medical field as opposed to the lawyer presiding over a Non-Injury Grievance. Although the arbitrator might consider expert medical testimony in deciding a Non-Injury Grievance, the committees might offer expertise or recommendations befitting their qualifications before matters reach the point of a Non-Injury Grievance.

Any change to the committees should also take into consideration other recommendations made herein, including the creation of a Medical Committee jointly selected by the NFL and NFLPA to hire, review, and terminate club doctors, as outlined in Chapter 2: Club Doctors, Recommendation 2:1-A. Our proposed Medical Committee may have overlapping areas of expertise and responsibilities as the committees discussed in this recommendation.

By reorganizing and clarifying the roles and authority of the committees, they will be more effective for all parties involved.

Goal 4: To hold players accountable for their own acts affecting their health and the health of other players.

Principles Advanced: Respect; Health Primacy; and, Justice.

Recommendation 7:4-A: The NFL and NFLPA should continue and intensify their efforts to ensure that players take the Concussion Protocol seriously.

As discussed in Chapter 1: Players, Section C: Current Practices, at least some players have sought to avoid undergoing the Concussion Protocol after suffering a suspected concussion. It is possible that players' non-cooperation is sometimes a result of the concussion suffered and diminished capacity. However, other players who do so either do not fully understand the risks of playing with a concussion or are so committed to playing and winning that they will continue to play no matter the possible health consequences. It is our understanding that both the NFL and NFLPA are providing players with information about the risks of concussions. Nevertheless, steps should be taken by the NFL and NFLPA, among others, to resolve issues concerning players' cooperation with the Concussion Protocol.

While the Concussion Protocol is generally helpful for ensuring players do not play with suspected or actual head injuries, it only works if players cooperate.^{bq} Consequently, it is important that the NFL and NFLPA continue to educate players on the risks of concussions and the importance of the Concussion Protocol for both their short- and long-term health.

bq A positive example occurred during the 2015 season when Pittsburgh Steelers quarterback Ben Roethlisberger self-reported concussion symptoms during the fourth quarter of a close game. Mike Florio, Roethlisberger self-reported concussion symptoms, ProFootballTalk (Nov. 29, 2015, 10:15 PM), http://profootballtalk.nbcsports.com/2015/11/29/ roethlisberger-self-reported-concussion-symptoms/, archived at http://perma.cc/52EZ-D2W9.

If players do not cooperate with the Concussion Protocol even after substantial effort has been made to educate them on its importance, it may be in the interests of player health to adopt stronger deterrent mechanisms, including fines and/or suspensions.

Recommendation 7:4-B: The NFL and NFLPA should agree to a disciplinary system, including fines and/or suspensions, for players who target another player's injury or threaten or discuss doing so.

Prior to the 2015 Super Bowl, New England Patriots cornerback Brandon Browner said he would encourage his teammates to target and try to hit the injured shoulder of Seattle Seahawks safety Earl Thomas and the injured elbow of Seahawks cornerback Richard Sherman.³⁹⁰ Similarly, in the 2012 NFC Championship game, New York Giants special teams players Jacquian Williams and Devin Thomas discussed targeting San Francisco 49ers kick returner Kyle Williams due to his history of concussions.³⁹¹ Generally, the NFL does not fine and/or suspend players unless they have violated the Playing Rules in an egregious way. However, when such threats are made, the NFL should not need to wait until the Playing Rules have been broken or a player is actually injured before taking action. The discussion or encouragement of targeting players' injuries increases the likelihood of players taking actions that unnecessarily harm other players and thus should not be tolerated. On this point, the threat to player health is too real not to act proactively.

i) NFLPA-Specific Recommendations

The below recommendations are NFLPA-specific. In other words, they are either within the NFLPA's unique control or potentially adverse to the NFL's interests.

Before getting to these recommendations, there are additional recommendations concerning the NFLPA that are made in other chapters:

- Chapter 1: Players Recommendation 1:1-A: With assistance from contract advisors, the NFL, the NFLPA, and others, players should familiarize themselves with their rights and obligations related to health and other benefits, and should avail themselves of applicable benefits.
- Chapter 6: Personal Doctors Recommendation 6:1-A: The NFLPA and clubs should take steps to facilitate players' usage of
 personal doctors.

Additionally, because the NFLPA regulates contract advisors and financial advisors, all recommendations made in those chapters also concern the NFLPA. NFLPA-specific recommendations are listed here.

Goal 5: For the NFLPA to take additional affirmative steps to hold accountable those stakeholders who do not meet their legal and ethical obligations concerning player health.

Principles Advanced: Respect; Health Primacy; Transparency; Managing Conflicts of Interest; and, Justice.

Recommendation 7:5-A: The NFLPA should consider investing greater resources in investigating and enforcing player health issues, including Article 39 of the 2011 CBA.

The 2011 CBA contains many provisions and rules concerning player health and club and club doctors' obligations related thereto. Article 39 of the CBA houses many of these obligations. However, as discussed above, questions have been raised by some stakeholders we interviewed about the NFLPA's ability to investigate and enforce player health provisions through grievances. One possibility is for the NFLPA to hire additional attorneys with a focus on investigating and litigating player health, safety and welfare matters.

Goal 6: To provide current and former players with the resources necessary to maximize their health.

Principles Advanced: Health Primacy; Empowered Autonomy; and, Collaboration and Engagement.

Recommendation 7:6-A: The NFLPA should continue to assist former players to the extent such assistance is consistent with the NFLPA's obligations to current players.

As discussed above, the NFLPA's principal obligations are to current players, not former players. This legal reality creates tension between the NFLPA and former players. In recent years, the NFLPA has made efforts to smooth this tension by negotiating benefits and creating programs that help former players. It is admirable of the current players that they effectively agreed to give up a portion of their potential income to help the players that came before them. The NFLPA should continue to try and balance these, at times, incongruent interests. To do so, the NFLPA can remind current players of the sacrifices made by former players and the different circumstances under which they played. The NFLPA works to advance the interests of current players, many of whom quickly become former players. Thus, the NFLPA should try to continue and help those men as much as it can.

Endnotes

- 1 American Needle, Inc. v. Nat'l Football League, 560 U.S. 183, 187 (2010).
- 2 See 26 U.S.C. § 501(c)(6) (2012) (specifying "professional football leagues" as tax exempt).
- 3 Drew Harwell and Will Hobson, The NFL is dropping its tax-exempt status. Why that ends up helping them out ends up helping them out. Wash. Post, Apr. 28, 2015, http://www.washingtonpost.com/news/business/wp /2015/04/28/the-nfl-is-dropping-its-tax-exempt-status-why-that-ends -up-helping-them-out/, archived at http://perma.cc/XH58-QCKG.
- 4 See Brady v. Nat'l Football League, 640 F.3d 785 (8th Cir. 2011) (listing each of the 32 different entities as defendants in lawsuit).
- 5 See 2012 NFL Constitution and Bylaws, Art. II, § 2.1 (the purpose of the NFL is "[t]o promote and foster the primary business of League members, each member being an owner of a professional football club located in the United States.").
- 6 See 2012 NFL Constitution and Bylaws, Art. VIII, § 8.1.
- 7 See id. at § 8.4(b).
- 8 See id. at § 8.4(a).
- 9 See id. at § 8.10.
- 10 See id. at § 8.9.
- 11 See id. at § 8.13(A).
- 12 See id. at § 8.3.
- 13 See 2012 NFL Constitution and Bylaws, Art. III (discussing eligibility of members). The NFL's rule has withstood legal challenges. See Sullivan v. Nat'l Football League, 34 F.3d 1091 (1st Cir. 1994) (reversing judgment of \$51 million for former New England Patriots owner Billy Sullivan and remanding for a new trial). In 1998, Sullivan settled the case for \$11.5 million, leaving the NFL's policy in effect. See Frank Litsky, Billy Sullivan, 86, Founder Of Football Patriots, Dies, N.Y. Times, Feb. 24, 1998, http://www.nytimes.com/1998/02/24/sports/billy-sullivan-86-founder-of -football-patriots-dies.html, archived at http://perma.cc/8V2F-Y8NU. See also Drew D. Kause, The National Football League's Ban on Corporate Ownership: Violating Antitrust Law to Preserve Traditional Ownership – Implications Arising from William H. Sullivan's Antitrust Suit, 2 Seton Hall J. Sports L. 175 (1992).
- 14 See 2012 NFL Constitution and Bylaws, Art. VIII (describing the process for hiring the Commissioner and the Commissioner's responsibilities and authority).
- 15 See Lindsay H. Jones, NFL Owners Have Lots to Tackle at Annual Meeting, USA Today, Mar. 23, 2014, http://www.usatoday.com/story/sports/nfl/2014/03/23/nfl-owners-meetings/6804693/, archived at http://perma.cc/FY7A-BGZK (discussing agenda for March 2014 meeting including potential rules changes, selection of Super Bowl hosts, disciplining Colts' owner Jim Irsay for a DUI, and, determining the schedule); Monique N Jones, *Recap: NFL Commissioner Roger Goodell Recaps Owners Meetings*, USA Today, Oct. 9, 2014, http://www.usatoday.com/story/sports/nfl/teams/2014/10/08/roger-goodell-news-conference -owners-meetings/16938197, archived at http://perma.cc/MLQ9-C86M (discussing agenda for October 2014 meeting including the sale of the Buffalo Bills, a new drug program, Commissioner discipline and the NFL's personal conduct policy, domestic violence issues, and, the possibility of a club moving to Los Angeles).
- 16 Ben Volin, Still No Timetable on 'Deflategate' Report, Bos. Globe, Mar. 25, 2015, available at 2015 WLNR 8888394.
- 17 See Mike Freeman, Two Minute Warning: How Concussions, Crime, and Controversy Could Kill the NFL (and What the League Can Do to Survive) 98 (2015) ("Some . . . owners see their teams simply as ATM machines, and players as interchangeable parts.")
- 18 See Rob Huizenga, You're Okay, It's Just a Bruise 124 (1994) (The Raiders orthopedist, Dr. Robert Rosenfeld, explaining to Huizenga "Al doesn't like us to use stretchers . . . [t]he team gets demoralized and

plays less aggressively when they see a teammate getting carted off the field on a stretcher."); *id.* at 150, 166 (Davis pressuring players to take pain-killing injections); *id.* at 239 (Davis pressuring Club doctors not to tell players about the risks of playing football or the full extent of their injuries); *id.* at 76 (A Raiders' questionnaire to college athletic trainers asking: "Is the athlete injury prone?" "Does he recover quickly?" "Will he play when he's ailing?").

- 19 Carlton Thompson, Raiders, Davis Takes a Hit from Former Internist: Huizenga's Book Details Some Questionable Medical Practices, Hous. Chronicle, Oct. 15, 1995, available at 1995 WLNR 5230160.
- 20 Todd Archer, *Jerry: Romo Injury Not Season-ending*, ESPN (Oct. 29, 2014, 1:29 PM), http://espn.go.com/dallas/nfl/story/_/id/11784154/ dallas-cowboys-owner-jerry-jones-says-qb-tony-romo-play-sunday -arizona-cardinals, *archived at* http://perma.cc/RQ2F-HUDM.
- 21 Mark Purdy, Purdy: John York enjoys San Francisco 49ers' return to the Super Bowl from the background, San Jose Mercury-News, Jan. 22, 2013, http://www.mercurynews.com/ci_22429014/purdy-john-york -enjoys-san-francisco-49ers-return, archived at http://perma.cc/7LGM -4YKV.
- 22 See Paul Gutierrez, NFL health chair says game 'safer,' ESPN, (Mar. 23, 2015), http://espn.go.com/nfl/story/_/id/12548062/john-york-nfl -health-safety-advisory-committee-cites-culture-change, archived at http://perma.cc/WTE9-QQUM; David Fucillo, John York discusses concussions, recent 49ers retirement, SB Nation (Jun. 17, 2015), http://www.ninersnation.com/2015/6/17/8797057/john-york-discusses -concussions-recent-49ers-retirements, archived at http://perma.cc/ NM2A-YW3Q.
- 23 See Samer Kalaf, The Colts' New Rule Proposal: Touchdown Drives Worth Up To Nine Points, Deadspin (Mar. 18, 2015, 3:33 PM), http://deadspin.com/the-colts-new-rule-proposal-touchdown-drives -worth-up-1692203684, archived at http://perma.cc/UHV8-EFVY (providing NFL's internal summary document of proposed rule changes and describing 2015 Competition Committee as Atlanta Falcons President Rich McKay, St. Louis Rams Head Coach Jeff Fisher, Dallas Cowboys Chief Operating Officer Stephen Jones, Cincinnati Bengals Head Coach Marvin Lewis, New York Giants Owner John Mara, Green Bay Packers President Mark Murphy, Baltimore Ravens General Manager Ozzie Newsome, Houston Texans General Manager Rick Smith and Pittsburgh Steelers Head Coach Mike Tomlin).
- 24 CBA, Art. 50, § 2.
- 25 Michael David Smith, *Five Rules Changes Get NFL Owners' Approval at League Meeting*, ProFootballTalk (Mar. 26, 2014, 10:11 AM), http://profootballtalk.nbcsports.com/2014/03/26/five-rules-changes -pass-as-nfl-owners-vote-at-league-meeting/, *archived at* http://perma .cc/6Z49-4J3J.
- 26 See Mark Fainaru-Wada & Steve Fainaru, League of Denial: The NFL, Concussions and the Battle for Truth 344 (2013) [hereinafter, "League of Denial"] (describing how the NFL agreed to move the yard line from where kickoffs take place from the 30 yard line to the 35 yard line at the insistence of Kevin Guskiewicz, a University of North Carolina scientist and concussion expert).
- 27 CBA, Art. 50, § 1(c).
- 28 NFL Comments and Corrections (June 24, 2016).
- 29 See 26 U.S.C. § 501(c)(5) (listing labor organizations as those exempted from taxation). An additional aspect of the NFLPA's operations also bears mentioning. In 1994, the NFLPA formed a Virginia for-profit entity known as the National Football League Players Association, Incorporated, or "Players, Inc." Players, Inc. is responsible for group licensing of NFL player rights. In 2013, each NFL player received \$8,800 in royalties from Players, Inc. See NFLPA Department of Labor Form LM-2 Labor Organization Annual Report (2013). See also Adderley v. Nat'l Football

League Players Ass'n, 07-cv-943, 2008 WL 3287030 (N.D. Cal. Aug. 6, 2008) (denying NFLPA's motion to dismiss lawsuit by former players concerning Players, Inc. royalties); David Elfin, NFLPA settles lawsuit with Adderly for \$26.5M, Wash. Times, Jun. 6, 2009, *available at* 2009 WLNR 10883474; Grant v. Nat'l Football League Players Ass'n, 11-cv-3118, 2012 WL 1870974 (C.D.Cal. May 22, 2012) (rejecting former players' claims that NFLPA breached its fiduciary duty to them by having failed to seek licensing opportunities for them and by alleging having failed to distribute royalty income accurately), *aff'd* 566 Fed.Appx. 569 (9th Cir. 2014).

- 30 U.S.C. § 159(a).
- 31 Eller v. Nat'l Football League Players Ass'n, 872 F. Supp. 2d 823, 834 (D.Minn. 2012).
- 32 See Department Contacts, Nat'l Football League Players Ass'n, https ://www.nflplayers.com/about-us/Department--Contacts/ (last visited Aug. 7, 2015) (listing NFLPA employees in the following departments: Executive; Benefits; Communications; Finance and Asset Management; Former Player Services; Human Resources; Information Systems; Legal; Player Affairs and Development; Salary Cap and Agent Administration; Security and Operations; and Players, Inc.).
- 33 NFL Players Association Constitution, Art. 3 (2007), available at http://www.ipmall.info/hosted_resources/SportsEntLaw_Institute/ League%20Constitutions%20&%20Bylaws/NFLPA%20Constitution%20 -%20March%202007.pdf, archived at https://perma.cc/HAF5-24E8 ?type=pdf ("NFLPA Constitution").
- 34 NFLPA Constitution, § 4.01(b).
- 35 NFLPA Constitution, § 1.03.
- 36 NFLPA Constitution, Art. 3.
- 37 NFLPA Constitution, § 5.01.
- 38 NFLPA Constitution, §§ 4.01-02.
- 39 NFLPA Constitution, § 5.02.
- 40 NFLPA Constitution, § 4.01(a). "A person is not eligible for election or re-election as an Executive Officer [, including President,] unless he has been on the roster of an NFL Club during the previous twelve (12) months." NFLPA Constitution, § 4.03. There has been speculation that NFL Clubs intentionally refuse to sign NFLPA Presidents. *See, e.g.,* Mike Florio, *NFLPA president gets another NFL gig,* ProFootballTalk (Jul. 29, 2014, 10:31 AM), http://profootballtalk.nbcsports.com/2014/07/29/ nflpa-president-gets-another-nfl-gig/, *archived at* http://perma.cc/RF2Q -D3C6.
- 41 NFLPA Constitution, § 4.06.
- 42 NFLPA Constitution, §4.01.
- 43 Bob Carter, Rozelle Made NFL What It Is Today, ESPN, http://espn.go .com/classic/biography/s/rozelle_pete.html (last visited Aug. 7, 2015), archived at http://perma.cc/9NS6-D4R2.
- 44 History, Nat'l Football League Players Ass'n, https://www.nflpa.com/ about/history (last visited Aug. 7, 2015), archived at https://perma.cc /3D2R-8EQG?type=pdf [hereinafter "NFLPA History"].
- 45 *ld.*
- 46 CBA, Art. VII.
- 47 CBA, Art. VII, § 2(f). By the conclusion of Rozelle's tenure, medical insurance coverage increased to a maximum of \$1 million. 1982 CBA, Art. XXXIV.
- 48 CBA, Art. XI, § 4.
- 49 CBA, Art. XI, § 5.
- 50 NFLPA History supra n. 44.
- 51 Players deemed to have suffered "substantial partial or total disablement as determined by the Retirement Board which is deemed to be permanent" eligible for \$200/month in benefits for the duration of the disability. 1970 CBA, Art. VI § 2(c)(2). When Rozelle retired as Commissioner in 1989, the benefits were \$4,000/month for footballrelated injuries and \$750/month for non-football related injuries. 1982 CBA, Art. XXXIV, § 8.

- 52 CBA, Art. VI, § 4. The amounts of coverage were not identified. When Rozelle retired, a player could obtain a \$50,000 life insurance policy plus \$10,000 of coverage for each Credited Season up to \$100,000. 1982 CBA, Art. XXXIII, § 1.
- 53 CBA, Art. VI, § 4.
- 54 NFLPA History supra n. 44.
- 55 See Glenn M. Wong, Essentials of Sports Law, § 11.3 (4th ed. 2010) (providing summary of NFL-NFLPA labor history).
- 56 *ld.*
- 57 CBA, Art. XI.
- 58 *ld.* at § 1.
- 59 Id. at § 3.
- 60 See Chris Deubert & Glenn M. Wong, Understanding the Evolution of Signing Bonuses and Guaranteed Money in the National Football League: Preparing for the 2011 Collective Bargaining Negotiations, 16 UCLA Ent. L. Rev. 179, 187 (2009) (describing the various legal proceedings leading to free agency in those sports).
- 61 *See* Wong, *supra* n. 55.
- 62 Id.
- 63 Bart Barnes, *Garvey: Players May Seek 65% of NFL Gross Income, NFLPA Will Seek Base Salary Scales,* Wash. Post, Nov. 25, 1981, *available at* 1981 WLNR 488341.
- 64 CBA, Art. XXI, § 1.
- 65 *ld.*
- 66 *ld.*
- 67 CBA, Art. XXXI, § 2.
- 68 CBA, Art. XXXI, § 6.
- 69 CBA, Art. XXXI, § 3.
- 70 CBA, Art. XXXI, § 4.
- 71 CBA, Art. XXXII, § 2.
- 72 NFLPA History, supra n. 44.
- 73 See Bart Barnes, Players Adamant About Drug Test, Wash. Post, July 15, 1982, available at 1982 WLNR 594666; Ken Denlinger, Teamwork is the Solution, Wash. Post, July 2, 1982, available at 1982 WLNR 587496; Bart Barnes, Rozelle, Garvey: Different Views on Drug Abuse, Wash. Post, June 19, 1982, available at 1982 WLNR 569668.
- 74 See A Brief History of the Drug War, DrugPolicy.org, http://www .drugpolicy.org/new-solutions-drug-policy/brief-history-drug-war (last visited Aug. 7, 2015), archived at http://perma.cc/39W2-7PM5; *II.* America's Drug Use Profile — Cocaine Abuse: We Are Still Paying The Price For The 1980s, Office of National Drug Control Policy, https://www .ncjrs.gov/ondcppubs/publications/policy/99ndcs/ii-e.html (last visited Aug. 7, 2015), archived at https://perma.cc/4X77-45E5 (discussing significant increases in cocaine usage during the 1980s).
- 75 See Cocaine And A Super Bowl Team: The Last Straw: Drugs In The NFL: A Chronology, L.A. Times, Jan. 29, 1986, http://articles.latimes.com /1986-01-29/sports/sp-1319_1_cocaine, archived at http://perma.cc/ FGW9-QF9U (discussing drug-related incidents and policies in the NFL from 1972–86); Frank Litsky, Player Tells of Wide Drug Use in the N.F.L., N.Y. Times, Jun. 10, 1982, http://www.nytimes.com/1982/06/10/sports /player-tells-of-wide-drug-use-in-nfl.html, archived at http://perma.cc/ E9GA-V6JK (discussing allegations by former player that cocaine usage was rampant throughout the NFL); David J. Sisson & Brian D. Trexell, *The National Football League's Substance Abuse Policy: Is Further Conflict Between Players and Management Inevitable?* 2 Marq. Sports. L.J. 1 (1991).
- 76 Barnes, *supra* note 73, at 1982 WLNR 569668.
- 77 *Id.* at 1982 WLNR 594666.
- 78 *See* Sisson, *supra* note 75, at 3–10 (discussing evolution of drug testing in the NFL during the 1980s).
- 79 CBA, Art. XXXI, § 7.
- 80 *See* Sisson, *supra* note 75, at 3–10 (discussing evolution of drug testing in the NFL during the 1980s).

- 81 *ld.*
- 82 NFLPA History, supra n. 44.
- 83 See Chris Deubert, Glenn M. Wong & John Howe, All Four Quarters: A Retrospective and Analysis of the 2011 Collective Bargaining Process and Agreement in the National Football League, 19 UCLA Ent. L. Rev. 1, 9–12 (2012) (discussing NFL-NFLPA labor relations between 1987 and 1993).
- 84 Id.
- 85 See id. at 6-13; NFLPA History.
- 86 Gary Pomerantz, Arbitrator Rejects NFL Drug Testing, Wash. Post, Oct. 28, 1986, available at 1986 WLNR 1907666
- 87 Christine Brennan, NFL to Institute Year-Round, Random Testing for Steroids, Wash. Post, Mar. 15, 1990, available at 1990 WLNR 4588145
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- 89 Paul Tagliabue, Covington & Burling, LLP, http://www.cov.com/ ptagliabue/ (last visited Aug. 7, 2015), archived at http://perma.cc/P8QR -CCHA.
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- 120 *Id.* at 138–39. The test, known as ImPACT, became widely used in all levels of sports and thus very profitable for Lovell. *Id.* at 183. The MTBI Committee even promoted its usage. *Id.*
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- 221 NFL Ventures is responsible for negotiating all of the league's major sponsorship, marketing, and media rights deals. NFL Ventures, which Commissioner Goodell ran before becoming Commissioner, includes four wholly-owned subsidiaries: NFL Enterprises, NFL Properties, NFL Productions, and NFL International. *See* Tommy Craggs, *Exclusive: Leaked Documents Show Operating Profits for NFL Ventures Rose 29 Percent Last Year*, Deadspin (July 15, 2011, 1:10 PM), http://deadspin.com /5821386/audited-financials-operating-profit-for-nfl-ventures-lp-rose -from-999-million-to-13-billion-last-year, *archived at* https://perma.cc/ N9KB-7KGP?type=source.
- 222 NFL Network is the league-owned and operated television network devoted full-time to the NFL, including broadcasting select Thursday night games. For more information, see www.nfl.com/nflnetwork.
- 223 NFL Properties is responsible for licensing, sponsorship, and marketing. NFL Properties was the subject of Am. Needle, Inc. v. Nat'l Football League, 560 U.S. 183 (2010). NFL Properties was created by the 32 individual clubs to collectively market and license the clubs' individual

intellectual property, such as names, colors, logos, and trademarks. In 2000, the clubs — through NFL Properties — granted Reebok an exclusive license to produce and sell trademarked headwear for the 32 clubs. American Needle, a former licensee and creator of NFL appareled headwear, could no longer create headwear with NFL logos and trademarks. American Needle challenged the exclusive license as an illegal restraint of trade by the 32 NFL clubs. The Northern District of Illinois granted the NFL summary judgment after finding that NFL Properties constituted a single entity for antitrust purposes, and therefore there was no contract, combination, or conspiracy to restrain trade. See Am. Needle, Inc. v. New Orleans La. Saints, 496 F. Supp. 2d 941, 943 (N.D. III. 2007). The Seventh Circuit affirmed. Am. Needle, Inc. v. Nat'l Football League, 538 F.3d 736 (7th Cir. 2008). The Supreme Court reversed. Am. Needle, 560 U.S. 183. While the Court noted that NFL clubs "depend upon a degree of cooperation for economic survival," the necessity of cooperation does not transform concerted action into the independent action of a single-entity. Id. at 198. Furthermore, that "even if leaguewide agreements are necessary to produce football, it does not follow that concerted activity in marketing intellectual property is necessary to produce football." Id. at n.7.

- 224 NFL Enterprises is responsible for advertising, publicizing, promoting, marketing, and selling broadcasts of NFL games.
- 225 NFL Productions, also known as NFL Films, is the league-owned film company that for more than 50 years has produced award-winning films about the NFL. For more information *see* www.nflfilms.com.
- 226 NFL Digital is responsible for the league's technology and new media ventures, including www.nfl.com and NFL Mobile.
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- 236 *ld.*
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- 242 Id. at § 7.
- 243 See 26 U.S.C. § 4980H.
- 244 Courts have considered whether the NFL is an employer of NFL players with mixed results.

In *Williams v. Nat'l Football League*, a Minnesota trial court determined that the NFL was a joint employer of two members of the Minnesota Vikings for purposes of Minnesota's Drug and Alcohol Testing in the Workplace Act (DATWA). Articulating the Minnesota Supreme Court's five-part test to determine whether an employment relationship exists, the court found that the NFL controlled the drug testing process, controlled the means and manner of performance and the location of team play, controlled the mode of payment to players, controlled the materials and tools used by players, and controlled the right to discipline and discharge players. Taken together, these factors supported the conclusion that the NFL is an employer for the purposes of DATWA and that DATWA applied in that case. 27-cv-08-29778, 2010 WL 1793130 (Minn.Dist.Ct. May 6, 2010).

Conversely, in *Brown v. Nat'l Football League*, the United States District Court for the Southern District of New York found that the NFL was not a former player's employer. In *Brown*, a former NFL player brought a personal injury action in state court against the NFL, seeking damages for a career-ending eye injury he sustained during a game when a referee threw a penalty flag that struck the player in the eye. The Court observed, "[a]t the time of his injury, Brown worked not for the NFL, but for the Cleveland Browns Football Company, a Delaware limited partnership and an entirely separate entity which happens to be a member of the NFL." 219 F. Supp. 2d 372, 383 (S.D.N.Y. 2002).

- 245 See 29 U.S.C. § 651, et seq.
- 246 See 42 U.S.C. § 12101, et seq.
- 247 Jessica L. Roberts et al., *Evaluating NFL Player Health and Performance:* Legal and Ethical Issues, Univ. Penn. L. Rev. (forthcoming 2017).
- 248 See Complaint, Maxwell v. Nat'l Football League, BC465842 (Cal.Sup.Ct. July 19, 2011), Dkt. No. 1.
- 249 See Plaintiffs/Former Players, NFL Concussion Litig., http://nflconcussionlitigation.com/?page_id=274 (last visited Aug. 7, 2015) (stating that as of June 1, 2013, there were more than 4,800 named player-plaintiffs in 242 concussion-related lawsuits).
- 250 See 28 U.S.C. § 1407 (describing grounds and process for transferring and consolidating multidistrict litigation).
- 251 Plaintiffs' Amended Master Administrative Long-Form Complaint, In re Nat'l Football League Players' Concussion Injury Litig., 2:12-md-2323 (E.D.Pa. July 17, 2012), ECF No. 2642.
- 252 *See generally* Docket, In re Nat'l Football League Players' Concussion Injury Litig., 2:12-md-2323 (E.D.Pa. July 17, 2012) (including many case transfer orders).
- 253 See id.
- 254 See Plaintiffs' Amended Master Administrative Long-Form Complaint at 9 6, In re Nat'l Football League Players' Concussion Injury Litig., 2:12md-2323 (E.D.Pa. July 17, 2012), ECF No. 2642 ("to provide players with . . . information that protect them as much as possible from shortterm and long-term health risks"); ¶ 90 ("to provide truthful information to NFL players regarding risks to their health"); ¶ 91 ("to keep the players informed of safety information they needed to know"); ¶ 99 ("to keep NFL players informed of neurological risks, to inform NFL players truthfully, and not to mislead NFL players about the risks of permanent neurological damage that can occur from MTBI incurred while playing football"); ¶ 222 ("to educate [the public] as to the risks of concussions due to the League's unique position of influence"); ¶ 248 ("to advise Plaintiffs of th[e] heightened risk" "that the repeated traumatic head impacts the Plaintiffs endured while playing NFL football were likely to expose them to excess risk to neurodegenerative disorders and diseases, including but not limited to CTE, Alzheimer's disease or similar cognitive-impairing conditions"); ¶ 304 ("to disclose accurate information to the Plaintiffs"); ¶ 324 ("to inform and advise players and teams of the foreseeable harm that can arise from such things as the use of leather helmets, the need to wear hard plastic helmets to reduce head wounds and internal injury (1943) and the grabbing of an opponent's facemask - to minimize or avoid head and neck injuries (1956/1962)").
- 255 See id. at ¶ 6 ("to provide players with rules . . . that protect them as much as possible from short-term and long-term health risks"); ¶ 90 ("to act in the best interests of the health and safety of NFL players"); ¶ 90 ("to take all reasonable steps necessary to ensure the safety of players"); ¶ 91 ("to make the game of professional football safer for the players"); ¶ 103 ("to govern player conduct on and off the field"); ¶ 323 ("to supervise how the game of football was played in the United States"); and, ¶ 324 ("to provide a safe environment for players").
- 256 See id. at ¶ 17 ("to investigate, study, and truthfully report the medical risks associated with MTBI [(mild traumatic brain injuries)] in football"); ¶ 106 ("to provide truthful scientific research and information about the risks of concussive and sub-concussive injuries to NFL players"); ¶ 150 ("to use reasonable care in the study of concussions and post-concussion syndrome in NFL players; the study of any kind of brain trauma relevant to the sport of football; the use of information developed; and the publication of data and/or pronouncements from the MTBI

Committee"); ¶¶ 340, 358 ("to exercise reasonable care in the MTBI Committee's work and the NFL and its agents' public statements about the substance of the Committee's work"); ¶ 372 ("to retain and employ persons within the MTBI Committee who were professionally competent to study and render opinions on the relationship between repetitive head impacts in football and brain injury and to ensure that those whom it hired had no conflict of interest and that each had the professional and personal qualifications to conduct those studies and render opinions that were scientifically rigorous, valid, defensible, and honest"); ¶ 378 ("not to allow those incompetent persons it had hired within the MTBI Committee to continue to conduct incompetent and falsified studies and render incompetent opinions on the relationship between repetitive head impacts in football and brain injury.")

- 257 See Class Action Settlement Agreement (As Amended), In re Nat'l Football League Players' Concussion Injury Litigation, 12-md-2323 (Feb. 13, 2015), ECF No. 6481-1.
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- 267 See Player Care Foundation, NFL Player Care Found., http://www .nflplayercare.com/ (last visited Aug. 7, 2015), archived at http://perma .cc/93M6-XCN2.
- 268 Nat'l Football League, 2015 Player Health & Safety Report 30 (2015), http://static.nfl.com/static/content/public/photo/2015/08/05 /0ap300000506671.pdf/, *archived at* https://perma.cc/Y4BN-TUP7 ?type=pdf.
- 269 See Jim Baumbach, Life After Football, Newsday (Jan. 22, 2015), http://data.newsday.com/projects/sports/football/life-football/, archived at http://perma.cc/77DP-LUUE.
- 270 See Jim Baumbach, Life After Football, Newsday (Jan. 22, 2015), http://data.newsday.com/projects/sports/football/life-football/, archived at http://perma.cc/77DP-LUUE.
- 271 For example, Injury Grievances, which occur when, at the time a player's contract was terminated, the player claims he was physically unable to perform the services required of him because of a football-related injury, are heard by a specified Arbitration Panel. 2011 CBA, Art. 44. Additionally, issues concerning certain Sections of the CBA related to labor and antitrust issues, such as free agency and the Salary Cap, are within the exclusive scope of the System Arbitrator, 2011 CBA, Art. 15, currently University of Pennsylvania Law School Professor Stephen B. Burbank.
- 272 See 2011 CBA, Art. 43, § 1.
- 273 See 2011 CBA, Art. 43, § 6 (discussing constitution of Arbitration Panel); 2011 CBA, Art. 43 § 8 (discussing Arbitrator's authority, including to grant a "money award").

- 274 CBA, Art. 43, § 2.
- 275 The Non-Injury Grievance arbitrator has the authority to determine whether a complaint against a doctor fit within his or her jurisdiction under Article 43. See 2011 CBA, Art. 43, § 1 (discussing scope of Non-Injury Grievance arbitrator's jurisdiction).
- 276 U.S.C. § 185.
- 277 Allis-Chambers Corp. v. Lueck, 471 U.S. 202, 213, 200 (1985).
- 278 Williams v. Nat'l Football League, 582 F.3d 863, 870-72 (8th Cir. 2009). The case was subsequently remanded to Minnesota state court for resolution of the Williamses' state law claims on the merits. Williams v. Nat'l Football League, 10-cv-613, 2010 WL 760701 (D. Minn. Mar. 4, 2010). The case proceeded to trial after certain parts of the Williamses' statutory claims were dismissed on summary judgment. Williams v. Nat'l Football League, 27-cv-08-29778, 2010 WL 547537 (Minn. Dist. Ct. Feb. 18, 2010). At trial the court determined that the Williamses were not harmed by the NFL's state law violations and thus denied their request for a permanent injunction and dissolved a prior temporary restraining order. Williams v. Nat'l Football League, 27-cv-08-29778, 2010 WL 1793130 (Minn. Dist. Ct. May 6, 2010); aff'd on different grounds, Williams v. Nat'l Football League, 794 N.W.2d 391 (2011). As part of 2011 CBA, the NFL agreed to reduce the players' suspensions from four games to two. See Mike Florio, StarCaps Suspensions Finally Are Finalized, ProFootballTalk (Sept. 2, 2011, 5:07 PM), http://profootballtalk .nbcsports.com/2011/09/02/starcaps-suspensions-finally-are-finalized/, archived at http://perma.cc/BRR8-RPPL.
- 279 Williams, 582 F.3d 863.
- 280 Id. at 878, quoting Lueck, 471 U.S. at 211-12.
- 281 Nat'l Football League Players Ass'n v. Nat'l Football League, 654 F. Supp. 2d 960,972 (D. Minn. 2009).
- 282 F. Supp. 2d 894 (S.D. Ohio 2007).
- 283 *Id.* at 898.
- 284 See Stringer v. Minnesota Vikings Football Club, LLC, 705 N.W.2d 746 (Minn. 2005).
- 285 *See* Stringer v. Minnesota Vikings Football Club, LLC, 474 F. Supp. 2d 894, 898 (S.D. Ohio 2007).
- 286 *ld.* at 909.
- 287 Id. at 912.
- 288 NFL, Stringer's Widow Settle Lawsuit, ESPN (Jan. 26, 2009, 4:25 PM ET), http://sports.espn.go.com/nfl/news/story?id=3861331, archived at http://perma.cc/UM7H-HD45. Following Stringer's death, the NFL now issues an annual memorandum to NFL Clubs warning them about the risks of players overheating during training camp. See, e.g., Memorandum from NFL Injury and Safety Panel (Elliott Hershman, M.D., Chairman), to General Managers, Head Coaches, Team Physicians, and Team Athletic Trainers re: 2014 Training Camps Adverse Weather Conditions (July 11, 2014) (on file with author). In addition, a preseason training camp presentation to players includes materials from the Korey Stringer Institute on the risks of overheating. The NFL provided us with a copy of the preseason training camp presentation.
- 289 See Order Denying Plaintiffs' Motion to Remand, Maxwell v. Nat'l Football League, 11-CV-08394 (C.D.Cal. Dec. 8, 2011); Order Denying Plaintiffs' Motion to Remand, Pear v. Nat'l Football League, 11-CV-08395, Dec. 8, 2011 (C.D.Cal Dec. 8, 2011.), ECF No. 61; Order Denying Plaintiffs' Motion to Remand, Barnes v. Nat'l Football League, 11-CV-08396, Dec. 8, 2011 (C.D. Cal. Dec. 8, 2011), ECF No. 58.
- 290 Duerson v. Nat'l Football League, 12-cv-2513, 2012 WL 1658353, *6 (N.D.III. May 11, 2012).
- 291 Green v. Arizona Cardinals Football Club LLC, 21 F.Supp.3d 1020 (E.D.Mo. May 14, 2014).
- 292 Mike Florio, NFL Suffers Major Setback in Concussion Cases, ProFootballTalk (May 14, 2014, 9:28 PM), http://profootballtalk.nbcsports.com /2014/05/14/nfl-suffers-major-setback-in-concussion-case/, archived at http://perma.cc/3VQD-DCH9.
- 293 See Transfer Order, In re: Nat'l Football League Players' Concussion Injury Litigation, 15-cv-1903 (E.D. Mo. Apr. 11, 2016), ECF No. 38.

- 294 See Complaint, Dent v. Nat'l Football League, 14-cv-2324 (N.D. Cal. May 20, 2014), ECF No. 1.
- 295 Id. at ¶ 15. In addition to state law claims sounding in fraud and negligence, the plaintiffs alleged the NFL violated several statutes. For example, the plaintiffs allege that the NFL violated: "the Controlled Substances Act's requirements governing the acquisition, storage, provision and administration of, and recordkeeping concerning, Schedule II, III and IV controlled substances"; the Food, Drug, and Cosmetic Act's "requirements for prescriptions, warnings about known and possible side effects, and proper labeling, among other violations"; and, "state laws governing the acquisition, storage and dispensation of prescription medications." *Id.* at ¶¶ 354–57.
- 296 Dent v. Nat'l Football League, 14-cv-2324, 2014 WL 7205048 (N.D. Cal. Dec. 17, 2014). See also Nelson v. Nat'l Hockey League, 20 F.Supp.3d 650 (N.D.III. Feb. 20, 2014) (claims by estate of deceased NHL player that NHL negligently failed to monitor the player's use of addictive medications and head trauma preempted by CBA).
- 297 Dent v. Nat'l Football League, 14-cv-2324, 2014 WL 7205048, *12 (N.D. Cal. Dec. 17, 2014) ("In ruling against the novel claims asserted herein, this order does not minimize the underlying societal issue. In such a rough-and-tumble sport as professional football, player injuries loom as a serious and inevitable evil. Proper care of these injuries is likewise a paramount need. The main point of this order is that the league has addressed these serious concerns in a serious way - by imposing duties on the clubs via collective bargaining and placing a long line of healthand-safety duties on the team owners themselves. These benefits may not have been perfect but they have been uniform across all clubs and not left to the vagaries of state common law. They are backed up by the enforcement power of the union itself and the players' right to enforce these benefits. Given the regime in place after decades of collective bargaining over the scope of these duties, it would be impossible to fashion and to apply new and supplemental state common law duties on the league without taking into account the adequacy and scope of the CBA duties already set in place. That being so, plaintiffs' common law claims are preempted by Section 301 of the Labor Management Relations Act of 1947. The motion to dismiss all of plaintiffs' claims based on preemption grounds under Section 301 is Granted.")
- 298 NFLPA Constitution, § 2.00.
- 299 See NFLPA Department of Labor Form LM-2 Labor Organization Annual Report (2013), p. 27.
- 300 CBA, Preamble
- 301 See NFLPA Constitution, § 2.06 (discussing suspension of a member's membership for failure to pay dues regardless of type of membership); see also NFLPA Constitution, § 2.11 (providing all retired players with two years of membership in the NFLPA at no cost). The NFLPA Constitution never discusses what it means to an "associate" member.
- 302 See NFLPA Constitution, § 2.06 (discussing suspension of a member's membership for failure to pay dues regardless of type of membership).
- 303 CBA, Art. 47, § 2.
- 304 CBA, Art. 47, § 1.
- 305 CBA, Art. 47, § 6.
- 306 Schneider Moving & Storage Co. v. Robbins, 466 U.S. 364, 376 n. 22 (1984) ("Because a union so selected is the exclusive representative of all employees in a bargaining unit, the union bears a concomitant duty to represent the interests of each and every employee in that unit fairly"); see also Gilpin v. Am. Fed'n of State, Cnty, and Mun. Emps, AFL-Cl0, 875 F.2d 1310, 1311 (7th Cir. 1989) ("A union that has been certified as the exclusive bargaining representative for a group of employees must represent every employee in the bargaining unit, even those who don't belong to the union.")
- 307 See, e.g., Peterson v. Kennedy, 771 F.2d 1244, 1253 (9th Cir. 1985) (reviewing player's claim for a breach of the NFLPA's duty of fair representation); Sharpe v. Nat'l Football League Players Ass'n, 941 F.Supp. 8 (D.D.C. 1996) (same); Chuy v. Nat'l Football League Players Ass'n, 495 F.Supp. 137 (E.D.Pa. 1980) (same).
- 308 Vaca v. Sipes, 386 U.S. 171, 207 (1967).

- 309 Ford Motor Co. v. Huffman, 345 U.S. 330, 338 (1953); see also Clarett v. Nat'l Football League, 369 F.3d 124, 138 (2d Cir. 2004) (discussing NFLPA's discretion in setting policy concerning NFL players).
- 310 See, e.g., Wooddell v. Int'l Broth. of Elec. Workers, Local 71, 502 U.S. 93 (1991) (reinstating plaintiff union-members breach of union constitution claim).
- 311 Merk v. Jewel Co., 848 F.2d 761, 766 (7th Cir. 1988) ("because the 2,000 former workers are not statutory 'employees', the Union does not represent them. The Union owes no duty to those it does not represent. If it does not have a duty to represent them at all, it does not have a duty to represent them 'fairly'."); Anderson v. Alpha Portland Indus., 727 F.2d 177, 181 (8th Cir. 1984) (union did not have a duty to fairly represent former members who had retired even though the union had negotiated a collective bargaining agreement providing for retirement benefits); Cooper v. Gen. Motors Corp., 651 F.2d 249 (5th Cir.1981) (union did not owe supervisors who were former members of the union a duty of fair representation with regard to their seniority rights): McCormick v. Aircraft Mechanics Fraternal Ass'n, 225 F. Supp. 2d 1131, 1135 (D.Minn. 2002) (denying former union members' claim for breach of the duty and fair representation and explaining that "courts have repeatedly rejected the notion that a union has a duty to fairly represent its former members").
- 312 Black's Law Dictionary, "Duty" (9th ed. 2009).
- 313 See, e.g., Grant v. Nat'l Football League Players Ass'n, 11-cv-3118, 2012 WL 1870974, *2-6 (C.D.Cal. May 22, 2012) (examining relationship between retired player and NFLPA to see if fiduciary relationship existed); Parrish v. Nat'l Football League Players Ass'n, 07-cv-943, 2007 WL 3456988, *6-7 (N.D. Cal. Nov. 14, 2007) (same).
- 314 See Bell v. DaimlerChrysler Corp., 547 F.3d 796, 804 (7th Cir. 2008) (discussing history of cases recognizing "that a union owes a fiduciary duty to represent its members fairly").
- 315 See Grant supra 313 at 110; Eller v. Nat'l Football League Players Ass'n, 872 F. Supp. 2d 823 (D.Minn. 2012), aff'd 731 F.2d 752 (8th Cir. 2013) (NFLPA Executive Director DeMaurice Smith's public statement "that the NFLPA owes a fiduciary duty to retired NFL players" did not create any legal obligations for the NFLPA); see also Soar v. Nat'l Football League Players Ass'n, 438 F.Supp. 337, 345 (D.R.I. 1975) (NFLPA did not violate purported fiduciary duty to seek pension benefits on behalf of retired players).
- 316 See Emily Kaplan, The Games Go On, And So Does Life, MMQB (Dec. 26, 2013), http://mmqb.si.com/2013/12/26/nfl-nflpa-the-trust -player-retirement-benefits/, archived at http://perma.cc/Z2LH-V8PM (discussing creation of the Trust); Frequently Asked Questions, Trust, http://playerstrust.com/frequently-asked-questions (last visited Aug. 7, 2015), archived at http://perma.cc/7NLC-HDTB (describing The Trust and its purpose).
- 317 Gene Upshaw Player Assistance Trust Fund, https://www.yourpaf.com /gupat/#.Vuhhvn0rLIU (last visited Mar. 15, 2016), archived at https:// perma.cc/S9T8-RYHF.
- 318 About NFLPA Department Contacts, NFLPA, https://www.nflpa.com/ about/department-contacts (last visited May 18, 2016), archived at https ://perma.cc/HK96-DQKA.
- 319 This information was provided by the NFLPA.
- 320 Id.
- 321 *ld.*
- 322 NFLPA Mackey-White Committee Charter, ¶ 2.
- 323 Id.
- 324 This information was provided by the NFLPA.
- 325 The 30 Major League Baseball Clubs each have a 40-man roster, see 2012–16 Basic Agreement between MLB and MLBPA, Art. XX, § A, resulting in 1,200 MLB players. Generally, each of the 30 NBA Clubs has a 15-man roster, see Constitution and Bylaws of the National Basketball Association, Bylaws § 6, resulting in 450 NBA players. Each of the 30 NHL clubs has a 23-man roster, see Collective Bargaining Agreement

between National Hockey League and National Hockey League Players' Association (Feb. 15, 2013), § 16.4, resulting in 690 NHL players.

- 326 See What is Average NFL Player's Career Length? Longer Than You Might Think. Commissioner Goodell Savs. NFL.com (Apr. 18, 2011). http://nflcommunications.com/2011/04/18/what-is-average-nfl -player%E2%80%99s-career-length-longer-than-you-might-think -commissioner-goodell-says/, archived at http://perma.cc/PX5U-9SFK (discussing dispute between NFLPA's assertion that the average career is 3.5 years and the NFL's assertion that the average career is 6 years); Average NFL Career Length, Sharp Football Analysis (Apr. 30, 2014). http://www.sharpfootballanalysis.com/blog/?p=2133, archived at http://perma.cc/KR58-R8DA (discussing disagreement between NFLPA and NFL and determining that the average drafted player plays about 5 years). The average career in the NBA is about 4.8 years according to the National Basketball Players Association, see Susan Koenig, Financial Planning for the Pros, Registered Rep. 34, Apr. 1, 2010, available at 2010 WLNR 26366417; the average career in MLB is about 5.6 years, see William D. Witnauer, Richard G. Rogers & Jarron M. Saint Onge, Maior League Baseball Career Length in the 20th Century, 26 Popul, Res. Policy Rev., 371-386 (2007), available at http://link.springer.com/article /10.1007/s11113-007-9038-5/fulltext.html, archived at http://perma.cc /UY9E-HCHL; and the average career in the NHL is about 5.6 years, see Average Length of an NHL Player Career, QuantHockey.com, http://www .quanthockey.com/Distributions/CareerLengthGP.php (last visited Aug. 7, 2015), archived at http://perma.cc/9Q22-BNLF.
- 327 This information was provided by the NFLPA.

328 Id.

- 329 See Joint NFL NFLPA Statement on Wide-Ranging Changes to Drug Programs Nat'I Football League Communications, http://nflcommunications .com/2014/09/19/joint-nfl-nflpa-statement-on-wide-ranging-changes -to-drug-programs/ (last visited Aug. 7, 2015), archived at http://perma .cc/7JNE-GY4R. Wes Welker of the Denver Broncos, Eric Herman of the New York Giants, Orlando Scandrick of the Dallas Cowboys and Stedman Bailey of the St. Louis Rams, each formerly serving four game suspensions, were permitted to return to their teams immediately. Josh Gordon of the Cleveland Browns and free agent LaVon Brazill were eligible to return after 10 games. Mark Daniels, Drug-Policy Tweaks Could Affect Pats, Providence Journal (RI), Sept. 17, 2014, available at 2014 WLNR 25824590.
- 330 See Mike Florio, StarCaps Suspensions Finally are Finalized, ProFootballTalk (Sept. 2, 2011, 5:07 PM), http://profootballtalk.nbcsports.com /2011/09/02/starcaps-suspensions-finally-are-finalized/, archived at http://perma.cc/BRR8-RPPL.
- 331 Order, Vilma v. Goodell, 12-cv-1283 (E.D.La. Sep. 5, 2012), ECF No. 121.
- 332 Submission of the NFLPA and the Players in Response to the Court's Order Concerning Joint Representation, Vilma v. Goodell, 12-cv-1283 (E.D.La. Sep. 5, 2012), ECF No. 122.
- 333 Id. at 4, citing Wood v. NBA, 809 F.2d 954, 959 (2d Cir. 1987).
- 334 F.Supp. 137 (E.D.Pa. 1980). Research did not reveal the outcome of the lawsuit after the court denied the NFLPA's motion to dismiss.
- 335 F.2d 1244 (9th Cir. 1985). See also Boogaard v. Nat'l Hockey League Players' Ass'n, 12-cv-9128, 2013 WL 1164301 (C.D.Cal. Mar. 20, 2013) (Dismissing duty of fair representation claim against NHLPA and finding NHLPA had no duty to advise estate of deceased player as to the statute of limitations on a duty of fair representation claim).
- 336 -cv-1559, 2014 WL 6776306 (E.D.Mo. Dec. 2, 2014).
- 337 Id.
- 338 Ballard v. Nat'l Football League Players Ass'n, 123 F. Supp.3d 1161 (E.D. Mo. 2015).
- 339 See Quotes from NFLPA Press Conference, NFLPA (Feb. 4, 2016), https ://www.nflpa.com/news/all-news/quotes-from-nflpa-sb50-press -conference, archived at https://perma.cc/2GZH-FQ37 (NFLPA Executive Director DeMaurice Smith commenting on the Concussion Litigation: "we don't represent the people in the concussion settlement . . . we're not a part of it. [I am] not in a position to advise or give legal advice to people about whether they opted into the settlement or not.")

- 340 Mike Florio, *NFLPA Issues Brief Statement On Settlement of Concussion Lawsuits*, ProFootballTalk (Aug. 29, 2013, 3:41 PM), http://profootballtalk .nbcsports.com/2013/08/29/nflpa-issues-brief-statement-on-settlement -of-concussion-lawsuits/, *archived at* http://perma.cc/2NKD-MKKY; Mike Florio, *NFLPA Addresses Its Failure to be Mentioned in League of Denial*, ProFootballTalk (Oct. 13, 2013, 8:59 AM), http://profootballtalk.nbcsports .com/2013/10/13/nflpa-addresses-its-failure-to-be-mentioned-in -league-of-denial/, *archived at* http://perma.cc/3JWG-SZCF; *see also* Mike Freeman, Two Minute Warning: How Concussions, Crime, and Controversy Could Kill the NFL (and What the League Can Do to Survive) xxii (2015) (quoting former player Sean Morey as stating "Every player that ever played the game, every player that plays the game today, is being betrayed by their union. Because they're dismissing this issue [football causing serious brain trauma] because they don't want to incur additional liability, and they're trying to protect themselves.").
- 341 Mike Florio, NFLPA Addresses Its Failure to be Mentioned in League of Denial, ProFootballTalk (Oct. 13, 2013, 8:59 AM), http://profootballtalk .nbcsports.com/2013/10/13/nflpa-addresses-its-failure-to-be -mentioned-in-league-of-denial/, archived at http://perma.cc/3JWG -SZCF.
- 342 F.3d 1170 (11th Cir. 2010).
- 343 U.S.C. § 158(d).
- 344 See Ford Motor Co. v. N.L.R.B., 441 U.S. 488 (1979) (discussing what issues are mandatory subjects of collective bargaining); Allied Chemical and Alkali Workers of America, Local Union No. 1 v. Pittsburgh Plate Glass Co., Chemical Division, 404 U.S. 157 (1971).
- 345 NFL Gives \$1 Million to Boston University for Study of Brain Injuries, Nat'l Football League (Updated Jul. 26, 2012, 8:42 PM), http://www .nfl.com/news/story/09000d5d817a2623/article/nfl-gives-1-million-to -boston-university-for-study-of-brain-injuries, archived at http://perma .cc/D5LZ-NYMM.
- 346 NFL Comments and Corrections (June 24, 2016).
- 347 Id.
- 348 See Nat'l Football League, 2015 Player Health & Safety Report 30 (2015), http://static.nfl.com/static/content/public/photo/2015/08/05 /0ap300000506671.pdf/, archived at https://perma.cc/Y4BN-TUP7 ?type=pdf.
- 349 NFL Comments and Corrections (June 24, 2016).
- 350 Alan Schwarz, Walt Bogdanich, and Jacqueline Williams, N.F.L.'s Flawed Concussion Research and Ties to Tobacco Industry, N.Y. Times, Mar. 26, 2016, http://www.nytimes.com/2016/03/25/sports/football/ nfl-concussion-research-tobacco.html, archived at https://perma.cc/ NM4N-SW4Q. See also NFL response to New York Times' concussion research story, NFL.com (Mar. 24, 2016, 4:11 PM), http://www.nfl.com/ news/story/0ap3000000647389/article/nfl-response-to-new-york-times -concussion-research-story, archived at https://perma.cc/Z3XE-8FQ6.
- 351 For examples of such studies in high school and college sports, see Barry P. Boden et al., Catastrophic Injuries in Pole Vaulters, A Prospective 9-Year Follow-up Study, 40 Am. J. Sports Med. 1488 (2012); Frederick 0. Mueller and Robert C. Cantu, Catastrophic injuries and fatalities in high school and college sports, fall 1982-spring 1988, 22 Med. & Sci. in Sports & Exercise 737 (1990).
- 352 See The Datalys Center for Sports Injury Research and Prevention, NCAA, http://www.ncaa.org/health-and-safety/medical-conditions /datalys-center-sports-injury-research-and-prevention (last visited Aug. 3, 2016), archived at https://perma.cc/2M75-B24L.
- 353 See, e.g., Data transparency, GlaxoSmithKline, http://www.gsk.com/en -gb/behind-the-science/innovation/data-transparency (last visited June 20, 2016), archived at https://perma.cc/M5HN-NLHN; Frequently Asked Questions, the YODA Project, http://yoda.yale.edu/frequently-asked -questions-faqs#Data (last visited June 20, 2016), archived at https:// perma.cc/2Z98-R7HC.
- 354 CBA, Art. 39, § 3(a).
- 355 Mike Florio, *Survey asks players how seriously they take concussions*, ProFootballTalk (Dec. 5, 2015, 6:40 AM), http://profootballtalk.nbcsports

.com/2015/12/05/survey-asks-players-how-seriously-they-take -concussions/, *archived at* http://perma.cc/GE9A-RMRC.

- 356 NFL CBA, Art. 25, § 4.
- 357 See Paul McCrory et al., Consensus statement on concussion in sport: the 4th Int'l Conference on Concussion in Sport held in Zurich, November 2012, 47 Br. J. Sports Med. 250, 251 (2013).
- 358 *Id.* at 253.
- 359 Columnist Mike Freeman has made a similar recommendation. See Mike Freeman, Two Minute Warning: How Concussions, Crime, and Controversy Could Kill the NFL (and What the League Can Do to Survive) 230–31 (2015) ("Make players sit for at least one game after a concussion, no matter if they pass concussion protocol tests or not. These tests are not infallible, and while sitting one game isn't a perfect solution, it helps prevent players from circumnavigating the system post-concussion.")
- 360 MLB CBA, Att. 36, ¶ 2.
- 361 See Paul McCrory et al., Consensus statement on concussion in sport: the 4th Int'l Conference on Concussion in Sport held in Zurich, November 2012, 47 Br. J. Sports Med. 250, 250–58 (2013) (discussing the challenges of and best practices for diagnosing concussions).
- 362 *See id.* at 254 (discussing the possibility of long-term problems for athletes that have suffered concussions).
- 363 *See id.* at 252–58 (discussing generally the challenges of determining when an athlete has recovered from a concussion).
- 364 Letter from Larry Ferazani, NFL, to authors (July 18, 2016).
- 365 *ld.*
- 366 See Sally Jenkins, NFL's concussion priorities: Dodging blame, making players responsible, Wash. Post, Dec. 3, 2015, https://www .washingtonpost.com/sports/redskins/nfls-concussion-priorities -dodging-blame-making-players-responsible/2015/12/03/1b8752f8 -99d2-11e5-94f0-9eeaff906ef3_story.html, archived at https://perma .cc/JT6P-JX44 ("The heart of the NFL's concussion problem is not that players hide symptoms; it's a compensation structure that forces them to play hurt, or get cut.")
- 367 CBA, App. H: Notice of Termination; see also 2011 CBA, Art. 4, § 5(d); 2011 CBA, App. A: NFL Player Contract, ¶¶ 8, 11. "'Room' means the extent to which a Team's then-current Team Salary is less than the Salary Cap." 2011 CBA, Art. 1.
- 368 See Chris Deubert & Glenn M. Wong, Understanding the Evolution of Signing Bonuses and Guaranteed Money in the National Football League: Preparing for the 2011 Collective Bargaining Negotiations, 16 UCLA Ent. L. Rev. 179, 193–95 (2009) (describing the various forms of guaranteed compensation in the NFL).
- 369 See Mike Florio, The Full Kaepernick Contract Details, ProFootballTalk (Jun. 5, 2014, 12:46 AM), http://profootballtalk.nbcsports.com/2014/06 /05/the-full-kaepernick-contract-details/, archived at http://perma.cc/ BM65-VHRR (discussing details of Colin Kaepernick's 2014 contract with the San Francisco 49ers. Despite reports that Kaepernick had received \$61 million guaranteed, only about \$13 million was guaranteed against skill, injury and Salary Cap).
- 370 See Chris Deubert, Glenn M. Wong & John Howe, All Four Quarters: A Retrospective and Analysis of the 2011 Collective Bargaining Process and Agreement in the National Football League, 19 UCLA Ent. L. Rev. 1 (2012) (discussing the movement towards more guaranteed compensation). In 2012. Pevton Manning signed a five-year deal with the Denver Broncos for \$96 million, \$58 million of which was guaranteed. Mike Klis and Jeff Legwold, Peyton Manning's \$96 Million Deal With Broncos Includes Neck Injury Clause, Denver Post, (Mar. 20, 2012), http://www .denverpost.com/ci_20213659/peyton-mannings-deal-broncos-5-years -96-million, archived at http://perma.cc/3NPD-MJDW. In 2014, J.J. Watt signed a six-year deal with the Houston Texans for \$100 million, \$51.8 million of which was guaranteed. Texans Give J.J. Watt \$100M Deal, ESPN.com (Sept. 2, 2014), http://espn.go.com/nfl/story/_/id/11451373 /jj-watt-houston-texans-reach-agreement-6-year-100-million-deal, archived at http://perma.cc/HRE6-TNKX. And, in 2015, Ndamukong Suh signed a six-year deal with the Miami Dolphins for \$114 million, \$60 million of which was guaranteed. Josh Alper, Dolphins Make It

Official With Ndamukong Suh, ProFootballTalk (Mar. 11, 2015, 4:14 PM), http://profootballtalk.nbcsports.com/2015/03/11/dolphins-make-it -official-with-ndamukong-suh/, *archived at* http://perma.cc/8BPH-R5T5.

- 371 *See* Deubert *supra* note 370 at 52–61 (discussing changes to rookie compensation scheme).
- 372 Id.
- 373 Gene Upshaw, NFLPA's Upshaw Responds, Wash. Post, Dec. 22, 2002, available at 2002 WLNR 15865309.
- 374 NFLPA, A New Look at Guaranteed Contracts in the NFL (circa 2002) (on file with authors) ("Over half of all salary earned by NFL players now is guaranteed"); NFLPA, Guaranteed Contracts in Professional Team Sports: How Does the NFL Compare? (circa 2007) (on file with authors) ("at least 52% of all compensation in the NFL is, in fact, 'guaranteed' to players.'")
- 375 Mike Florio, Fully-guaranteed contracts could cause problems for teams, players, ProFootballTalk (May 29, 2015, 9:55 AM), http://profootballtalk .nbcsports.com/2015/05/29/fully-guaranteed-contracts-could-cause -problems-for-teams-players/, archived at http://perma.cc/GE9E-YSME (discussing potential problems with guaranteed contracts in the NFL).
- 376 See 2011 CBA Art. 43, § 8 (empowering Non-Injury Grievance arbitrator to issue an "a money award, order of reinstatement, suspension without pay, a stay of suspension pending decision, a cease and desist order, a credit or benefit award under the Bert Bell/Pete Rozelle NFL Player Retirement Plan, or an order of compliance with a specific term of [the CBA] or any other applicable document, or an advisory opinion pursuant to Article 50, Section 1(c)."); 2011 CBA Art. 50, § 1(d) (Joint Committee obligated to "address and correct" issues identified by investigating neutral physicians).
- 377 See, e.g., 2011 CBA, Art. 14, § 6 (permitting fines of \$500,000 on players, Contract Advisors and Club officials and \$6,500,000 on Clubs found to have violated the Rookie Compensation Pool); 2011 CBA, Art. 18, § 3 (permitting fines of \$375,000 on any person or Club that falsely certifies certain information); 2011 CBA, Art. 21, § 8(d)(i) (requiring fines of \$100,000 for head coaches that have violated offseason workout rules the first time); 2011 CBA, Art. 42, § 1(a) (permitting Clubs to fine players for a variety of items, including being overweight, missing practice and violating curfew); 2011 CBA, Art. 48, § 3 (imposing fine of \$30,000 on any Club that negotiates a player contract with a Contract Advisor not certified by the NFLPA).
- 378 The various fines discussed above are generally the result of findings by either the Commissioner or an arbitrator. Similarly, fines for Article 39 violations could be subject to a finding of violation by the Non-Injury Grievance arbitrator pursuant to Article 43.
- 379 Mike Florio, NFL, NFLPA unveil new concussion protocol enforcement policy, ProFootballTalk (July 25, 2016, 5:01 PM), http://profootballtalk .nbcsports.com/2016/07/25/nfl-nflpa-unveil-new-concussion-protocol -enforcement-policy/, archived at https://perma.cc/2U94-JU92.
- 380 Id.
- 381 *ld.*

- 382 *Id.*
- 383 See Medical Malpractice Statute of Limitations by State, Rocket Lawyer, https://www.rocketlawyer.com/article/medical-malpractice-statute-of -limitations-by-state.rl (last visited Aug. 7, 2015), archived at https:// perma.cc/9VFH-METW (providing medical malpractice statute of limitations in each state); Chart: Statutes of Limitations in All 50 States, NOLO. com, http://www.nolo.com/legal-encyclopedia/statute-of-limitations -state-laws-chart-29941.html (last visited Aug. 7, 2015), archived at http://perma.cc/MZ62-H475 (providing negligence statute of limitations in each state).
- 384 Throughout the litigation, news articles routinely and erroneously either explicitly or implicitly—claimed that if the players' concussionrelated claims were dismissed in court, they'd have the ability to pursue their claims in arbitration. *See, e.g.*, Michael Sokolove, *How One Lawyer's Crusade Could Change Football Forever*, N.Y. Times (Mag.), Nov. 6, 2014, http://www.nytimes.com/2014/11/09/magazine/how-one -lawyers-crusade-could-change-football-forever.html?_r=0, archived at https://perma.cc/4DJ6-XMQV?type=pdf ("a ruling for the league would have forced the players into mediation or arbitration and most likely only modest payouts"); Peter Keating, *An Unsettling Deal On Concussions,* ESPN Magazine, Nov. 18, 2014, *available at* http://espn.go.com/nfl/story /_/id/11899196/pnfl-concussion-settlement-bob-stern-objection-p, *archived at* http://perma.cc/VL28-MQW6 ("in August 2012, the NFL moved to dismiss their cases entirely, arguing that the league's labor deal, not the courts, should resolve injury disputes").
- 385 NFL Comments and Corrections (June 24, 2016).
- 386 The NFL provided us with a copy of the Player Engagement Resource Guide.
- 387 See Cass R. Sunstein, The Storrs Lectures: Behavioral Economics and Paternalism, 122 Yale L.J. 1826, 1834 (2013).
- 388 See Cass R. Sunstein, Deciding by Default, 162 U. Pa. L. Rev. 1, 3 (2013).
- 389 Marlene Satter, *Employers Auto Enrolling at Company Match*, BenefitsPro.com (Jan. 21, 2015), http://www.benefitspro.com/2015/01/21/ employers-auto-enrolling-at-company-match, *archived at* http://perma .cc/33VA-X6F6.
- 390 Josh Alper, Brandon Browner on Earl Thomas, Richard Sherman: Hit That Shoulder, Hit That Elbow, ProFootballTalk (Jan. 26, 2015, 3:15 PM), http://profootballtalk.nbcsports.com/2015/01/26/brandon-browner -on-earl-thomas-richard-sherman-hit-that-shoulder-hit-that-elbow/, archived at http://perma.cc/DBL9-65CD.
- 391 Mike Florio, Concussions Take on a Strategic Component, ProFootball-Talk (Jan. 23, 2012, 10:09 PM), http://profootballtalk.nbcsports.com /2012/01/23/concussions-take-on-a-strategic-component/, archived at http://perma.cc/9FD8-Q98C.